



kdsp

A Down Syndrome Organisation



# #This Is Me



KDSP

Quarterly  
Newsletter





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My name is **Taha**



And my favorite food is **Chowmein!**

*"Taha absolutely loves to go to Ginsoy with his family and enjoy Chowmein every other weekend"*

*Hafsa, Taha's Sister*





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My name is *Aina*



And I love snacking on *Papad!*

*"Aina's favorite things to snack on include Papad and chips, especially when watching cricket with her father"*  
*Uzma, Aina's Mother*



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My name is **Umar**



And I love watching **Baby Shark!**

*"There's nothing Umar likes more in the world  
that he would rather watch while having his  
dinner than baby shark"*

*Sana, Umar's Mother*





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My name is *Muneeb*



And my favorite sport is *Playing Cricket!*

*"Muneeb loves to play cricket and football with his friends and cousins whenever he gets the chance. It turns out he has a natural talent for batting!"*

*Samina, Muneeb's Mother*



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My name is *Zayyan*



And my favorite hobby is *Playing the Drums!*

*"Zayyan's favorite hobby is to sit down with me after lunchtime and play on his drum set while I listen. He loves showing off his skills!"*

*Nangis, Zayyan's Mother*





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My name is *Zainab*



And my favorite colour is *Yellow!*

*"Zainab has told me several times how yellow is her favorite color because it reminds her of the bright yellow sun, and warm summer days at the beach."*

*Laila. Zainab's Mother*



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My name is **Nauroz**



And my favorite hobby these days is  
**muscle building at the gym!**

*“Not only does Nauroz go to the gym daily  
with his father, he also makes sure to say  
Salam to everyone there!”  
Yasmeen, Nauroz’s Mother*





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My name is *Ali Saffan*



And my favorite cartoon character is *Lightning McQueen!*

*“Ali Saffan’s love of cars was sparked by Lightning McQueen, and toy cars are gifts he looks forward to on every birthday.”*  
*Sadaf, Ali’s Mother*



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My name is *Fatimeh*



And my favorite creative hobby is  
*practicing my Mehndi skills on others!*

*"Fatimeh has been recently obsessed with practicing her mehndi designs on her friends and family - she's so creative."*

*Maharoo, Fatimeh's Mother*





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My name is **Abdul Hadi**



And my favorite place lately  
has been **the park!**

*"Abdul Hadi has been accompanying me to go to our neighbourhood park everyday lately, and there he loves to sit and paint, or play football with friends."*

*Abdul Rehman, Abdul Hadi's Father*