



RECOGNISE THE POSSIBILITIES

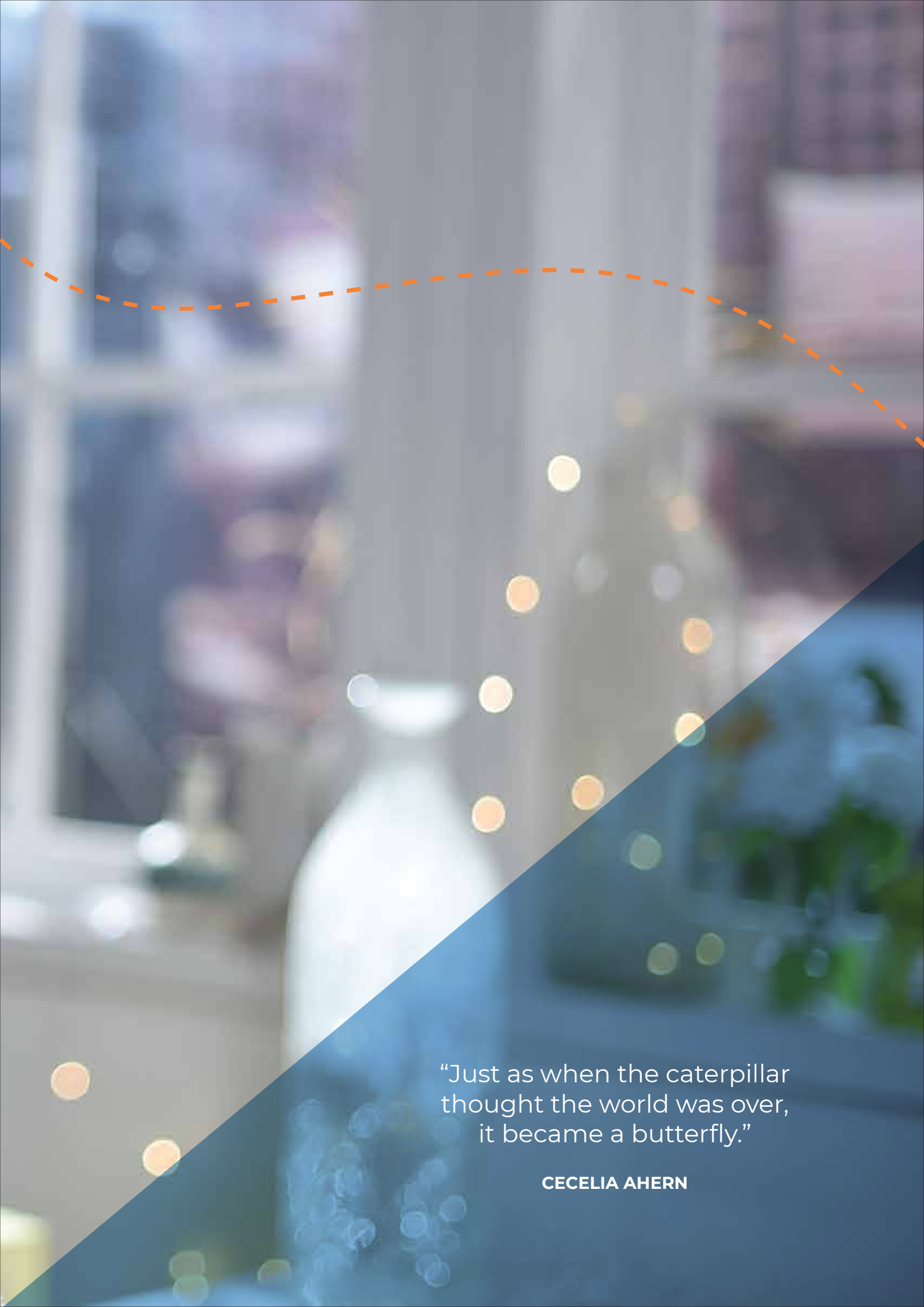
ANNUAL REPORT | 2017 - 2018



Karachi Down Syndrome Program

"A company set up under section 42 of the Companies Ordinance, 1984."





“Just as when the caterpillar
thought the world was over,
it became a butterfly.”

CECELIA AHERN

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WHAT IS KDSP?

The Karachi Down Syndrome Program (KDSP), a non-profit organization, was launched in March 2014 by a group of affected parents and passionate individuals who, due to limited support and resources available locally, realized a need for a platform of those affected by Down syndrome. KDSP was formed with the mission to advocate for the value, acceptance and inclusion of people with Down syndrome living in Karachi and to provide them with the opportunity to lead fulfilling lives.

Since its inception, KDSP has been involved in organizing workshops and trainings with international speakers and experts, running city-wide awareness campaigns, holding monthly support group meetings, printing regular newsletters, establishing a helpline for parents, partnering with educational institutions to promote inclusive education, and providing access to quality healthcare to individuals with Down syndrome.

MISSION

The mission of the Karachi Down Syndrome Program is to be recognised as the foremost organization in Karachi for information, networking, and advocacy for and about Down syndrome, by people with Down syndrome and their families, educators, health care professionals, and the community-at-large.

VISION

The Karachi Down Syndrome Program envisions a world in which all people with Down syndrome are accepted, included and are given the opportunity to enhance their quality of life, realize their life aspirations and become valued members of welcoming communities.

BOARD OF DIRECTORS

KDSP is guided by the leadership of a competent and dedicated group of parents and professionals.

Ali Allawala
Chairman and CEO

Muhammad Ali Siddiqui
Director

Dr. Zehra Habib
Director

Shakila Iqbal Allawala
Director

Fauzia Hussain
Director

Dr. Jamal Ara
Director

Nasira Faiz
Director

Seema Zuberi
Director

Rashida Faheem
Director

DIRECTOR'S NOTE

“KDSP’s ideology
is based on
one very
strong element
Hope”



It gives me immense pleasure to present the KDSP Annual Report 2017-18.

KDSP’s ideology is based on one very strong element - Hope. It was the lack of hope that convinced a group of passionate individuals to conceptualize an organization representing individuals with Down syndrome and their families. After the initial formative years, and with the further streamlining of its operations, KDSP carries this hope forward to create meaningful impact in the lives of people with Down syndrome in Karachi. KDSP’s operations are now clearly distinguished into six core areas of service:

Family Support Group

Our Family Support Group is at the heart of KDSP’s existence. KDSP continues to empower families to believe in their children’s abilities and to guide them at every stage of their child’s life. This year, KDSP conducted eight Family Support Group sessions with specialists in the areas of Developmental Medicine, Early Childhood Intervention and Child Psychology engaging with our family network with critical information relevant to individuals with Down syndrome. These sessions are now being developed into a professional video recorded series so that families that are unable to physically attend can also benefit from them. This forum also performs the very important role of building and strengthening social relationships amongst our family network.

Awareness

Being strong advocates of promoting an inclusive society, raising awareness about Down syndrome remains part of KDSP's core objectives. Earlier this year, KDSP collaborated with Tania Naima Khan, author of the book titled "Hope" to begin work on publishing its South Asian version. The book aims to present an optimistic view about Down syndrome to new and expectant mothers of children with the extra 21st chromosome. Tania and myself were invited to the Lahore Literary Festival, held on March 24, 2018, to speak about the upcoming South Asian version of Hope and to highlight its significance in changing perceptions about Down syndrome amongst the people of Pakistan and those of other South Asian countries.

Our World Down Syndrome Day Campaigns have traditionally been the highlight of the year. This year's campaign kicked off with an awareness video helping the society understand the world from the perspective of an individual with Down syndrome. The video was viewed by over 240,000 people and what made its production extra special was that it was co-funded by families of individuals with Down syndrome who are part of our Family Network. The campaign culminated with the KDSP Carnival with a special performance by Zoe Viccaji, whose melodious songs kept the crowds swaying. This year's Carnival was attended by over 3000 people.

Early Childhood Intervention (ECI)

ECI plays an essential role in the development of a child with Down syndrome. It entails giving occupational, physical and speech therapy to children during their early years of life to facilitate them achieving their developmental milestone on time, leading to successful integration in society. This year we recruited several new therapists enabling us to increase our capacity by 171% as compared to the last year. Currently we are able to accommodate over 150 one-on-one sessions in our ECI clinics on a weekly basis with an aim to double this number over the next year.

The Physical Therapy Department at KDSP made us all proud by conducting the first research of its kind on "The Effects of Early Intervention Physical Therapy using the Parent Empowerment Model on Pakistani children with Down syndrome." The research was accepted for a poster presentation at the annual Combined Sections Meeting (CSM) of the American Physical Therapy Association (APTA) held on February 23, 2018 at New Orleans. The research poster also won the Global Health SIG award for Social Responsibility.

Education

It is a research-backed fact that children with Down syndrome excel best academically in mainstream schools and KDSP continues to promote just that. This year, our Program for Inclusive Education (PIE) - a program designed to partner with mainstream schools, train their teachers and facilitate admissions for children with Down syndrome into these schools, expanded by 160% in terms of partner schools and 200% in terms of children going to these mainstream schools.

After months of careful planning, research and hard work, our Education team launched our Early Preschool Experience Program (EPEP) in August 2017. The program caters to toddlers with Down syndrome between the ages of 1.5 years to 2.5 years. EPEP is a one-year program especially designed to inculcate school readiness in children with Down syndrome and their caregivers for a confident, productive, and smooth transition into mainstream schooling the following year.

Healthcare

Our collaboration with the Aga University Hospital for a specialized Down syndrome Healthcare Clinic witnessed steady growth. The specializations covered within the team running the clinic include Genetics, Endocrinology, Cardiology, Dentistry, Ophthalmology, Physical Therapy, ENT and Dietary needs. Since its inception in April 2017, over a hundred children visited the clinic at AKU.

Enrichment Programs

As part of our ongoing vocational training program, KDSP introduced a weaving module this year to train our adults with Down syndrome to make beautiful rugs, cushions and blankets, which they are now doing. Some of our more passionate participants began an advanced module in weaving offered by the Textile Department at the Indus Valley School of Art and Architecture from March 31, 2018, for a period of 8 weeks. The program was aimed to impart professional weaving skills amongst the crafters.

We also partnered with Gymboree Play and Music to introduce their Gymboree on the Go program at KDSP on a monthly basis. The program aims to incorporate various theme-based activities for children to develop their hand-eye coordination, fine motor skills, and gross motor skills, spatial and bodily-kinesthetic skills.

A fun-filled beach retreat for over a 100 individuals including people with Down syndrome and their families was organized on October 29, 2017 to celebrate Down Syndrome Awareness Month. The event was a huge success and we plan to make it an annual event in the future.

Fundraising and Donor Relations

Keeping with our pledge to provide high quality services and subsidized prices, the costs incurred in giving those services are naturally far higher than the revenues received from them. This gap is very generously filled by our financial supporters. This year, the fundraising and donor relations team at KDSP raised PKR 5,328,051 from donations and PKR 12,904,333 from the KDSP Carnival (including sponsorships for the event). PKR 5,583,333 were also raised in donations but deferred for future use in compliance with the wishes of our donors. All of our donations are tax-exempt as KDSP is approved under section 2(36)(c) of the Income Tax ordinance 2001.

I would like to thank all our supporters, donors, partners, volunteers and campaigners for their contributions. With your help, I look forward to creating more opportunities for our community in the years to come.



Ali Allawala | CEO

MAJOR ACCOMPLISHMENTS
2017 - 2018

Sustained Growth



INDIVIDUALS ADDED TO
KDSP FAMILY NETWORK

111



INCREASE IN NO. OF CHILDREN
RECEIVING ECI THERAPIES

171%



INCREASE IN PIE
PARTNER SCHOOLS

15%



NO. OF CHILDREN
ENROLLED IN PIE

9



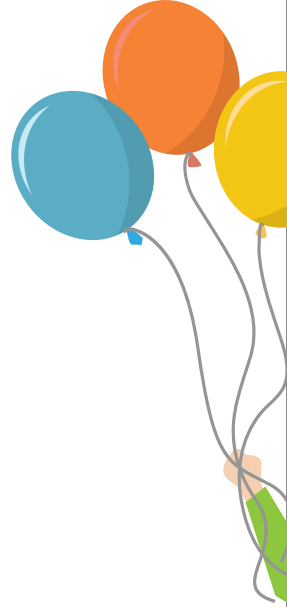
INCREASE IN PARTICIPANTS
IN TEACHER TRAININGS
ON INCLUSIVE EDUCATION

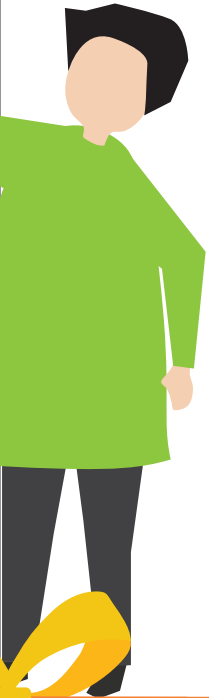
21%



INCREASE IN
ANNUAL DONATIONS

92%





INCREASE IN
CARNIVAL SPONSORS



34%

INCREASE IN NO. OF CHILDREN
RECEIVING SUBSIDIZED THERAPIES



163%

NO. OF CHILDREN RECEIVING
SUBSIDIZED EDUCATION IN EEP



5

NO. OF CAREGIVERS
EMPOWERED THROUGH FAMILY
SUPPORT GROUP SESSIONS



227

INCREASE IN DOWN SYNDROME
CLINIC BENEFICIARIES



46%

INCREASE IN
FACEBOOK FOLLOWERS



13%

INCREASE IN
INSTAGRAM FOLLOWERS



76%



New Initiatives



GYMBOREE ON THE GO



MINDFUL ART WEEK FOR SIBLINGS



WEAVING MODULE WITH IVS



ARTPRENEURS FOR CHANGE WITH NOWPDP



BEACH RETREAT



EARLY PRESCHOOL EXPERIENCE PROGRAM



MISSION INCLUSION CHAMP



AWARENESS VIDEO SPONSORED BY THE KDSP FAMILY NETWORK

Participation in International Conferences



COMBINED SECTIONS MEETING AT
AMERICAN PHYSICAL THERAPY ASSOCIATION



PHYSIO DUBAI

New Collaborations



GYMBOREE PAKISTAN



INDUS VALLEY SCHOOL OF
ART AND ARCHITECTURE



AREAS OF SERVICE



EARLY CHILDHOOD INTERVENTION



ENRICHMENT PROGRAMS



FAMILY SUPPORT GROUP



EDUCATION AND TRAINING



HEALTHCARE



AWARENESS

EARLY CHILDHOOD INTERVENTION

Laying the Foundation for an Independent Future



Running successfully at KDSP since 2015, Early Childhood Intervention refers to a comprehensive program of physical therapy, speech therapy, and occupational therapy designed to cater to the developmental needs of children with Down syndrome. Since children with Down syndrome typically face delays in certain areas of development, it is highly recommended that early intervention should begin at the earliest. These therapies usually continue from birth to 3 years of age and helps in each of the four main areas of development: gross motor and fine motor skills, language, social development and self-help skills.

Each Early Childhood Intervention therapy is offered at KDSP once a week to every child for 45 minutes at a highly subsidized cost. One-on-one sessions are conducted so the therapist can give undivided attention to meet each child's needs through customized therapy plans.

At KDSP, we believe that empowering the parents is the first step towards raising an empowered child. With the same belief, the ECI therapies at KDSP ensure that parents are present during every therapy session taken by the child, and are simultaneously absorbing the techniques being used by the therapist so they can reinforce the same at home.

No. of children benefiting from subsidised ECI therapies

THERAPY	2016 - 2017	2017 - 2018
Occupational Therapy	26	99
Physical Therapy	51	100
Speech Therapy	24	75
TOTAL	101	274

No. of children receiving financial assistance for ECI therapies

THERAPY	2016 - 2017	2017 - 2018
Occupational Therapy	6	29
Physical Therapy	16	32
Speech Therapy	11	26
TOTAL	33	87

Testimonials

“Ridhimma has been receiving speech therapy at KDSP since over 1.5 years. I am very happy with how Ridhimma has started saying basic words like ‘mama’ and ‘baba’ which she could not say before. Another major improvement I’ve noticed in her is that she has started to communicate with us through signing. For example if she’s thirsty or hungry she tries to convey her message by keeping her hand on her mouth. There is remarkable progress in her. I am very satisfied with the speech therapy service provided by KDSP.”

– **Father of Ridhimma**

“Essa has been receiving physical therapy at KDSP since he was only 4 months old. Considering that his therapy started at an early age, I am very happy with the way he has responded towards the physical therapy intervention. Essa has become very active physically and can now easily maneuver his body to reach for thing he likes, such as his favourite toys.”

- **Mother of Essa Bin Hammad**

“Mustafa started receiving occupational therapy at KDSP when he was 3.5 years old. The activities conducted by the occupational therapist such as beading, tracing have helped enhance his fine motor skills exponentially! He self-care habits have also improved and he is now learning to take off his shoes and undo his shirt buttons. I feel that the occupational therapy has also played a role in making him school ready to some extent.”

- **Mother of Mustafa Bakht**

Early Childhood Intervention Therapy by KDSP Gains International Recognition

The Physical Therapy Department at KDSP conducted the first research of its kind on “The Effect of Early Intervention Physical Therapy using the Parent Empowerment Program for Pakistani children with Down Syndrome.” The research was accepted for a poster presentation at the annual Combined Sections Meeting (CSM) by the American Physical Therapy Association (APTA) held on February 23, 2018 in New Orleans, USA. The research poster also won the Global Health SIG award for Social Responsibility.

The same research was also presented by the Senior Physical Therapist at KDSP at the conference “Physio Dubai 2018” held on 2nd and 3rd May 2018 in Dubai.

ENRICHMENT PROGRAM

Ensuring Optimal Development of Skills Needed for Social Inclusion

Enrichment programs at KDSP are subdivided into Child Enrichment, Adult Enrichment and Family Enrichment Programs.

Child Enrichment Programs 2017-2018

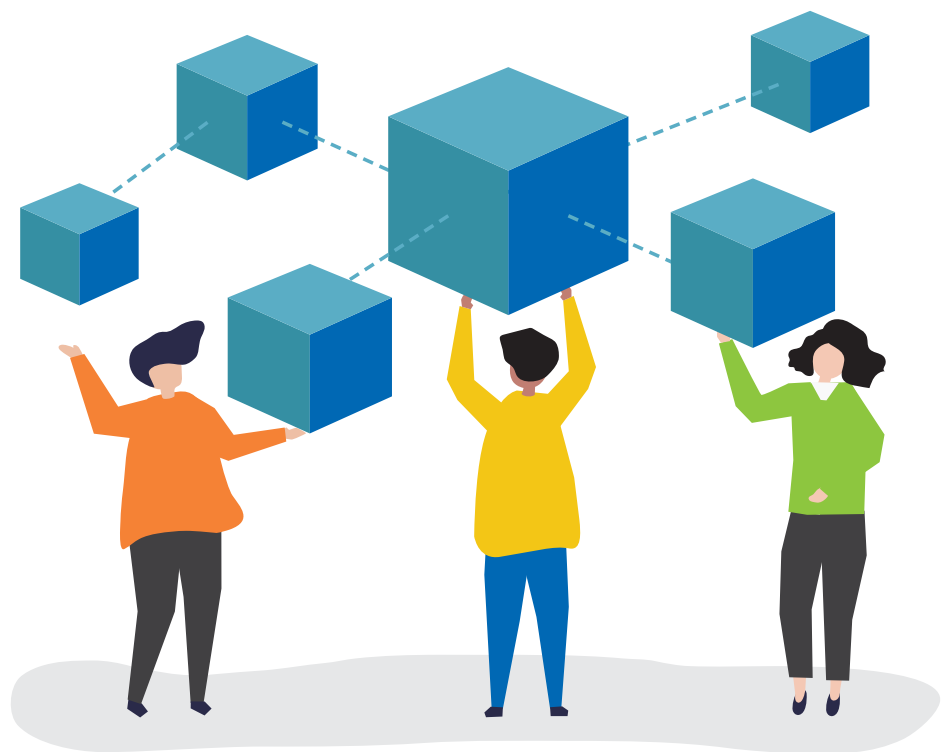
- Storytime with Drama Mama
- KDSP Summer Camp
- Gymboree on the Go
- Artpreneurs for Change

Adult Enrichment Programs 2017-2018

- Art and Crafts
- Yoga

Family Enrichment 2017 – 2018

- Down Syndrome Awareness Month Picnic
- Mindful Art for Siblings



Child Enrichment Programs 2017-2018



Storytime with Drama Mama

Storybook characters came to life at the storytime sessions at KDSP! Storytime sessions were conducted by Hiba Masood from DramaMama in October and December 2017. The children were engrossed in comical actions of story characters, while singing and dancing to nursery rhymes in line with the story themes.

These sessions are geared towards developing language, motor, and interpersonal skills of children between ages 0-7 years. The sessions creatively interweaves books and music to create a fun filled time of laughter and learning for parents, children and siblings alike.

In the preceding year, the program remained equally popular amongst the children registered in our Family Network, as it was in the year 2016 - 2017.

No. of children enrolled in Storytime

2016 - 2017	2017 - 2018
37	37

Testimonials

“Storytime is a very fun experience for Marziah. She enjoys listening to all the stories and responds well to them as well. She picks up the actions done by the storyteller and tries to replicate them. Being a mother I am very satisfied with this session.”

– Mother of Marziah Batool

“Hassan has recently started attending the storytime sessions at KDSP and so far he has been thoroughly enjoying each session.”

- Father of Hassan Mirza

Gymboree on the Go

KDSP collaborated with Gymboree Pakistan, an organization devoted to fostering creativity and confidence amongst young children in September 2017.

Gymboree on the Go sessions are held on the first Saturday of every month for children between ages 3 - 7 years. Each session revolves around a different theme, and incorporates exciting play and movement activities to help the little kids understand daily living concepts of big and small, up and down, in and out, etc.

51 children have benefited from this program since its launch.

Testimonials

“Gymboree has helped Areeba step out of her comfort zone. At first she used to be nervous in the session, but over time she has started interacting with other participants. She enjoys all the activities a lot.”

– Mother of Areeba Ishfaq, Gymboree Participant

“Izyan really likes attending Gymboree sessions. He is always very excited before the session. I look forward to bringing Izyan to more sessions like these.”

- Mother of Izyan Rehan, Gymboree Participant



Artpreneurs for Change

KDSP collaborated with NOWPDP for their flagship project called Artpreneurs for Change (AfC). This project had been initiated by NOWPDP in 2011 to provide means for creative and artistic expression of self for children with special needs. By implementing this project at KDSP, children with Down syndrome between ages 10 – 18 years were provided with a safe space to express their thoughts and emotions by using art as a medium. The first round of the program ran from November 2017 – December 2017, whereas the second round ran from March 2018 – April 2018.

The sessions catered to 10 children.

KDSP Summer Camp

The KDSP Summer Camp offers a balanced blend of play and learning. The camp this year provided a unique multi-disciplinary hands-on approach to enhance the artistic and creative abilities of children. The inclusive summer camp was held from May 22 to June 09 for all children between 4-13 years. It commenced with painting sessions followed by arts and craft activities where our highly talented participants were seen creating customized tote bags and bird houses. Every new day was followed by a new activity such as a cooking class, Mango fest, music class, clay modeling and much more. A trip was taken to Topsy Turvy Playland to wrap up the summer camp. KDSP is grateful to Ghazal Pirzada Creative Studios, Candy Club, Topsy Turvy, and Sugaries for their collaboration with KDSP.

No. of children enrolled in KDSP Summer Camp

2016 - 2017	
9	2017 - 2018

Testimonials

“The summer camp consisted of a lot of fun educational activities as well as physical activities for kids. It was a good initiative. Abdullah enjoyed all the activities. He had the most fun when he went to the Topsy Turvy.”

– Mother of Abdullah Hasnain, Summer Camp Participant



Adult Enrichment Programs 2017-2018

Arts and Crafts

KDSP offers a weekly skill-based arts and crafts program for adults with Down syndrome aged 16 and above. The sessions are conducted by Mrs. Mahtab Pirzada who is a home-based craft entrepreneur and a former creative consultant for the Sindh Rural Support Organization. Under her mentorship, the participants hone their fine motor skills by learning how to cut, sew, weave and embroider. They learn to make handicrafts such as cushions, rugs, phone covers, bags, key-chains and stuffed toys. The products are then sold through different avenues and full proceeds of the sales are returned to the participants to give them a sense of financial empowerment as well as to instill a passion for entrepreneurship.

Some of our arts and crafts class participants began an advanced module in weaving offered by the Textile Department at the Indus Valley School of Art and Architecture from March 31, 2018. The module lasted for 8 weeks and imparted professional weaving skills amongst the crafters. We would like to thank the Indus Valley School of Arts and Architecture for recognizing the talent of our crafters and for creating an opportunity for them to hone their skill.

No. of children enrolled in Arts and Crafts

2016 - 2017	2017 - 2018
13	16

Testimonials

“I am very happy and satisfied with the skills (stitching & weaving) Rabia has learned from attending this class. She is an introvert hence she does not like to go out and interact with different people but every week she was very excited for the class and is the happiest. I believe I myself would not have been able to teach her such creative work therefore I am very grateful to KDSP for arranging classes like these.”

– Mother of Rabia Shamim, KDSP Crafter

“Shoaib loves attending the arts and craft class. Initially when he joined, he did not take much interest in these sessions. However, due to consistent encouragement and support he received from the trainer, he now enjoys every task assigned to him. Shoaib enjoys learning to make various products during the sessions and practices making them at home. I am very thankful to KDSP for arranging these sessions.”

- Mother of Shoaib Ali, KDSP Crafter



Yoga

KDSP conducts yoga classes to help the adults with Down syndrome strengthen their body, improve their self-esteem, develop their concentration, and increase their body awareness. The sessions are conducted weekly every Wednesday morning by Momal Ajaz who is a certified yoga instructor and trainer.

No. of participants enrolled: 12

Testimonials

“Noha’s breathing rate has grown steadier and yoga has also helped her with overall gross motor functions”

– Mother of Noha, Yoga Participant

“My daughter was introduced to the idea of exercising through yoga class. Exercising has helped Sana both physically and mentally.”

- Mother of Sana, Yoga Participant

Family Enrichment 2017 - 2018

Beach Retreat

KDSP introduced a one of its kind Beach Retreat for members of its Family Network. Since Down Syndrome Awareness Month is celebrated in October, KDSP held a fun-filled beach retreat for individuals with Down syndrome and their families on October 29, 2017 to celebrate the extra chromosome. The inclusive retreat featured fun beach games and delicious food for adults and children alike.

No. of attendees: 100

Testimonials

“The picnic was very well organized. From the food, games, transport, everything was perfect! Thank you KDSP for organising such a wonderful picnic at such a subsidized cost. I’m glad the team is doing so much to make the lives of families stress free. I had a great day after long time, my family enjoyed a lot too.”

– Hira Qureshi, Member KDSP Family Network

Mindful Art Week for Siblings

The session aimed to provide siblings of children with Down syndrome a safe and positive space to explore their feelings, manage their emotions, and express themselves without judgment through creative and mindfulness-based art. They were also able to meet peers like themselves and develop friendships borne out of similar experiences.

The sessions catered to 5 children in each session

FAMILY SUPPORT GROUP

Empowering Parents with the Right Support and Information



Family Support Group Sessions

KDSP firmly believes that the key to enabling individuals with Down syndrome is to ensure that their parents and caregivers have the required support and information. Family Support Group (FSG) meetings play an integral role in providing a platform for the families where the challenges they face in raising a person with Down syndrome can be addressed and resolved. These meetings are also a source of deep emotional support for families in a society that still has a long way to go in being truly inclusive.

In the past year, the following sessions have been conducted

DATE	TOPIC	SPEAKER
1 Aug 19, 2017	Importance of Physical Therapy for Children with Down Syndrome	Dr. Zehra Habib Senior Lecturer, Department of Paediatrics and Child Health at Aga Khan University
2 Sept 16, 2017	The Role of Behaviour Therapy in Helping Children with Down Syndrome	Ms. Isma Khan Behaviour Therapist certified by BCBA
3 Oct 21, 2017	The Role of Occupational Therapy in Children with Down Syndrome	Dr. Nausheen Gul Occupational Therapist, Milestones Charitable Trust
4 Nov 18, 2017	Importance of an Interdisciplinary Approach to Healthcare and Developmental Milestones for Children with Down Syndrome	Dr. Sidra Kaleem Jafri Senior Fellow, Aga Khan University Hospital
5 Dec 23, 2017	Importance of a Healthy Diet for Children with Down Syndrome	Dr. Bushra Mushtaq Nutritionist, Aga Khan University Hospital
6 Jan 20, 2018	Stress Management for Families of Children with Down Syndrome	Ms. Muneera Rasheed Senior Instructor Department of Pediatrics and Child Health, Aga Khan University
7 Feb 17, 2018	Ophthalmologic Care Needs for Children with Down Syndrome	Dr. Irfan Jeeva Eye Surgeon and Service Line Chief for the Eye and ENT Service Line, Aga Khan University Hospital
8 May 12, 2018	Importance of Speech Therapy for Children with Down Syndrome and Related Strategies	Ms. Amina Siddiqui Principal and Professor at Ziauddin College of Speech, Language and Hearing

No. of Family Support Group sessions conducted

2016 - 2017	2017 - 2018
8	8

No. of parents empowered through Family Support Group sessions

2016 - 2017	2017 - 2018
238	227

Testimonials

“These sessions are extremely informative and play a pivotal role in helping parents like us learn more about our child’s condition.”

– Lubna Sharjeel, Member KDSP Family Network

“These sessions are valuable in helping parents understand the challenges their child may face and prepares us to take necessary action to overcome them at the right time.”

- Dr. Asha Mahesh, Member KDSP Family Network

EDUCATION AND TRAINING

Transforming Lives Through Quality Education and Skill Development



Project for Inclusive Education (PIE)

PIE aims to partner with mainstream educational institutions to provide them with best practices of inclusive education, train their faculty to equip them with pedagogical tools customized for children with Down syndrome, and to help these schools successfully admit and educate children with Down syndrome while providing a conducive environment for the child's ideal personal, social and intellectual development.

Once children with Down syndrome begin attending KDSP's partner schools, KDSP's Education and Training department actively facilitates the teachers and parents of these children to develop their Individualized Education Plans (IEPs), which sets academic, social, cognitive, motor sensory, and self-help goals for each child in accordance to their developmental level. The department ensures that the IEP for each child is closely followed, and evaluated every six weeks.

KDSP also conducts regular trainings for teachers of partner schools on various topics to enlighten them with the knowledge derived from international best practices to lead inclusive classrooms.

No. of children attending mainstream schools

2016 - 2017	2017 - 2018
5	15

No. of mainstream partner schools

2016 - 2017	2017 - 2018
5	13

No. of participants in teacher trainings

2016 - 2017	2017 - 2018
19	23



Testimonials

“Because of her IEP, Fasiha is able to try to write, analyse patterns, play memory games, do pegging, sorting and matching. Her IEP has also helped refine her fine motor skills, gross motor skills, her personal hygiene, social skills, and imaginative play.

I am grateful that the Education & Training department regularly follows up with the school's teacher and coordinator on Fasiha's progress, and facilitates the team working with Fasiha in every way possible.”

– **Mother of Fasiha Farhan**

“KDSP has played a pivotal role in making inclusion @ VLC a success. Through their teacher training programs, they have equipped our team with the tools to work with kids with Down syndrome. The learning experience of these kids is enhanced through the Individual Education Plans, which is built in consultation with KDSP and the parents. It is definitely our first stop in case of any queries, and their experience sharing has added a lot to our knowledge. Being an inclusive space requires a certain level of commitment, and it's the regular support of organizations like KDSP which has made our journey so much more joyful.”

– **Muzaffar Bukhari, Founder of Veritas Learning Circle (VLC)**

“Down Syndrome Education International is pleased to be able to support the education work of Karachi Down Syndrome Program. KDSP is delivering a professional and well informed service to schools and increasing the likelihood that children with Down syndrome will succeed in mainstream education settings. Number of research studies show mainstream education leads to better language and academic attainments for this group of children. They have planned their work by drawing on the expertise of the international community and making sure they can offer a high quality service to teachers and schools. I have enjoyed my online training sessions with KDSP staff and teachers from the schools and I am most impressed with all they are achieving.”

– **Professor Sue Buckley, CEO of Down Syndrome Educational International, UK**



Early Preschool Experience Program (EPEP)

EPEP is a one year program especially designed to prepare a child with Down syndrome and their parents for a confident, productive, and smooth transition and settlement in an inclusive school environment in later years.

The KDSP Preschool aims to provide a relaxed, happy and secure environment for a child with Down syndrome, one in which he/she can develop socially, cognitively and physically through structured educational play, therapies and activities. The main goal is to help the child interact with other children, learn to share and play along with getting familiarized with basic concepts of numbers, colors and shapes etc. In addition, their gross and fine motor skills, self-help habits, language and concept development are also given special focus.

NO. OF CHILDREN ENROLLED IN THE ACADEMIC YEAR 2017-2018	NO. OF CHILDREN SUCCESSFULLY TRANSITIONED TO MAINSTREAM SCHOOLS
10	7

No. of children receiving subsidized education at EPEP

2017 - 2018
5

Testimonials

“Ever since Saarim has joined the Early Preschool Experience Program (EPEP) at KDSP, I can notice a lot of improvement in him. His attention span and observation skills have increased, and he has started taking interest in various activities and educational toys. Interacting with peers of his age has also improved his social skills. Overall I am very happy with his progress and with this program.”

– Hira, Saarim’s Mother

“I am very satisfied with KDSP’s preschool. Within 3 months Abdul Rehman showed good progress. He is happy to go to school in the morning, loves spending time there, and happily returns home. The teachers are very dedicated and are 100% cooperative. I am very glad to have admitted Abdul Rehman in this preschool.”

– Sana Kamran, Abdul Rehman’s Mother



HEALTHCARE

Giving Every Child a Chance to Live a Healthy Life



KDSP collaborated with Aga Khan University Hospital (AKUH) in April 2017 to introduce a first of its kind one-stop health solution to facilitate children with Down syndrome and their parents. Up until now, parents would struggle to find trained specialists who were able to look after the health challenges faced by their children with Down syndrome. With the launch of the Down Syndrome Clinic at AKUH, members registered as part of KDSP's Family Network database will be able to access subsidized and hassle free medical consultation being offered at the reputed hospital.

No. of Beneficiaries

2016 - 2017	2017 - 2018
24	63

Investing to Meet Healthcare Needs Better in Future

Considering the severe dearth of Developmental Pediatricians in Pakistan, and more specifically in Karachi, KDSP embarked upon an initiative to co-fund the education and training of Dr. Sidra Kaleem Jafri at the McMaster University, Canada. Previously Dr. Sidra Kaleem Jafri worked as a Senior Fellow at the Aga Khan University Hospital Department of Pediatrics and Child Health. After completing her master's, she will offer regular clinics at KDSP to serve the healthcare needs of those with Down syndrome between ages 0-18 years.

AWARENESS

Aspiring for a More Tolerant and Inclusive Future



Mission Inclusion Champ 2018

The Mission Inclusion Champ (MIC) was an awareness campaign launched by KDSP's Education and Training Department. MIC was an inter-school competition, sponsored by English Biscuit Manufacturers Private Limited, and launched in January 2018. The competition served to advocate the value and need for social inclusion amongst young children of today. The participating schools, or "Inclusion Allies", were Falconhouse Grammar School Campus 2, The City School (Gulshan and PECHS branches), The Learning Tree, International School of Studies, Dawood Public School and The AMI School.

To achieve its aim of creating awareness, the competition required the students to answer a few questions after reading the book Aiza Alina. Aiza Alina has been published jointly by KDSP and The Bookgroup and is a story about friendship, kindness and inclusion. The competition also involved an art competition in which the students were encouraged to draw their own Inclusion Superhero, based on their imagination.

Out of the numerous creative art entries that were received, a few were displayed on the Mission Inclusion Champ wall at the KDSP carnival 2018 venue. The audience at the carnival was then able to view the artwork displayed and cast a vote for the entry which most accurately depicted an inclusion superhero.

No. of Participating Schools: 7
No. of Participants: 151

KDSP Carnival 2018

World Down Syndrome Day 2018 was celebrated with great enthusiasm at the KDSP Carnival organized in honour of children with Down syndrome. People of all age groups were well entertained, with activities catering to all age groups. The younger ones waited patiently in queues to play games or be a part of different activities such as t-shirt painting, hand-casting, face painting and card making. The adults enjoyed their time at various food stalls and crafters stalls, where a variety of mouthwatering snacks and beautiful handicrafts grabbed their attention.

KDSP would like to thank the event sponsors: Tibet Soap and Detergents Pvt. Ltd, Hilton Pharma Pvt. Ltd., Mondelez Pakistan Ltd., and Blue Band - Unilever Pakistan Limited for supporting the cause.

DATE	SUNDAY, MARCH 18, 2018
TIME	3:00 PM TO 7.30 PM
VENUE	DHA SPORTS CLUB - MOIN KHAN ACADEMY
FOOTFALL	OVER 3000

Testimonials

“Really appreciate KDSP for continuous efforts for these kids and for organizing the event...”

– Hussain Rehan

“Well done. The occasion exemplified the spirit of inclusion.”

– Arshia Ahmed

“It was such a great evening! Thank you KDSP for everything.”

– Samreena Imran

“It was a great fun. Very well organized. Kudos!”

– Amber Rashid



KDSP World Down Syndrome Day Awareness Video

KDSP released an awareness video on March 02, 2018 ahead of the World Down Syndrome Day 2018. The video revolved around the theme of helping the society understand the world from the perspective of an individual with Down syndrome. The video featured a person with Down syndrome urging the society to see individuals with Down syndrome as people with hopes and dreams similar to everyone else's, and to focus on their abilities. The video was released on social media and reached approximately 240,000 people.

This year's awareness video was also extra special as it was funded by families of individuals with Down syndrome who are also part of KDSP's Family Network.



Appearance in Khalid Malik's Show on FM91

KDSP's CEO, Ali Allawala and Deputy CEO, Farzeen Ali, appeared on Khalid Malik's show "Morning Jam" on FM91 on March 21, 2018. Through this, the KDSP team raised awareness about Down syndrome, the work of KDSP, and the need for providing individuals with Down syndrome equal opportunities in our society.



SPONSORS AND PARTNERS

For KDSP Carnival 2018

Banner Sponsors



Event Sponsors



Gift Bag Sponsors



Raffle Sponsors



Train Sponsor



Media Partner



Radio Partner



Beverage Sponsor



Volunteer T-shirt Sponsor



Special Sponsors



Event Management Sponsors





AFFILIATIONS AND COLLABORATIONS

DOWN SYNDROME ASSOCIATION HOUSTON (DSAH)

KDSP collaborated with DSAH in 2014 facilitate exchange of knowledge and information related to Down syndrome.

REACH PEDIATRIC THERAPY CENTRE

KDSP collaborated with Reach Pediatric Therapy Centre in 2015 to provide professional networking opportunities for therapists working with children in Down syndrome in Pakistan and to offer online informational sessions for parents of children with Down syndrome.

DOWN SYNDROME EDUCATION INTERNATIONAL (DSE)

KDSP collaborated with DSE in 2016 to benefit from the knowledge and expertise of professionals at DSE in order to expand the scope of Project for Inclusive Education. DSE also trained master trainers at KDSP to equip them to meet educational needs of children with Down syndrome.

ZIAUDDIN UNIVERSITY - COLLEGE OF SPEECH LANGUAGE AND HEARING SCIENCES (ZU- CSLHS)

KDSP collaborated with CSLHS in 2017 to benefit from the expertise and supervision of trained therapists for its regular Speech Therapy Clinics as well as to provide an opportunity to CSLHS therapists to further enhance their skill sets.

AGA KHAN UNIVERSITY HOSPITAL (AKUH)

KDSP collaborated with AKUH in 2017 to launch a Down Syndrome Clinic specializing in arena evaluations for children with Down syndrome.

GYMBOREE PLAY & MUSIC PAKISTAN

KDSP collaborated with Gymboree Play & Music Pakistan in 2017 to conduct monthly music and activity sessions for children with Down syndrome at KDSP.



STATEMENT OF FINANCIAL POSITION

As at June 30, 2018

ASSETS

Non-current Assets

Property and Equipment

Current Assets

Loans, advances, deposits and prepayments

Other receivables

Short term investments

Cash and bank balances

TOTAL ASSETS

Fund and Liabilities

Fund

General fund

Accumulated Surplus

Liabilities

Non-current liabilities

Deffered income

Current Liabilities

Trade and other payables

Contingencies and Commitments

TOTAL FUND AND LIABILITIES

NOTE	2018	2017
	RUPEES	
5	1,357,196	1,383,607
	<u>1,357,196</u>	<u>1,383,607</u>
6	1,768,803	95,023
7	921,472	353,691
8	7,539,160	7,868,248
9	12,806,952	4,403,498
	<u>23,036,387</u>	<u>12,720,460</u>
	<u>24,393,583</u>	<u>14,104,067</u>
10	600,000	600,000
	<u>16,692,097</u>	<u>12,904,567</u>
	<u>17,292,097</u>	<u>13,504,567</u>
11	5,512,458	-
12	1,589,028	599,491
13		
	<u>24,393,583</u>	<u>14,104,067</u>

The annexed notes 1 to 27 form an integral part of these financial statements.



Chief Executive Officer



Director

* External audit conducted by: A. F. Ferguson & Co.

INCOME AND EXPENDITURE STATEMENT

For the year ended June 30, 2018

INCOME	NOTE	2018	2017
		RUPEES	
Donations		5,328,051	5,682,790
Deffered income utilized	11	70,875	-
Income from KDSP Carnival	14	12,904,333	6,955,885
Therapy income	15	2,247,625	1,456,975
Early Pre-Education Program (EPEP) fees	16	874,000	-
Program and Events income		367,988	86,200
Other income	17	332,025	571,691
		22,124,897	14,753,541
EXPENDITURE			
Cost of operations	18	15,434,171	10,200,772
Administrative expenses	19	2,903,205	1,688,454
		18,337,376	11,889,226
		3,787,521	2,864,315
SURPLUS FOR THE YEAR			

The annexed notes 1 to 27 form an integral part of these financial statements.



Chief Executive Officer



Director

* External audit conducted by: A. F. Ferguson & Co.

STATEMENT OF CASH FLOW

For the year ended June 30, 2018

CASH FLOWS FROM OPERATING ACTIVITIES	NOTE	2018	2017
		RUPEES	
Surplus for the year		3,787,521	2,684,315
Adjustment for non-cash item:			
- Depreciation		364,840	193,440
- Profit on savings bank account		(332,025)	(447,672)
- Loss on revaluation of investments at fair value		329,088	224,766
- Deferred income utilized		(70,875)	-
- Bank charges		8,352	68,222
		4,086,901	2,903,071
Working capital changes			
Increase in current assets			
Loans, advances, deposits and pre-payments		(1,673,780)	(31,173)
Other receivables		(567,781)	(229,040)
		(2,241,561)	(260,213)
Increase / (Decrease) in current liabilities			
Trade and other payables		989,537	(535,228)
		(1,252,024)	(795,441)
Restricted donations received		5,583,333	-
Net cash generated from operating activities		8,418,210	2,107,630
CASH FLOW FROM INVESTING ACTIVITIES			
Purchase of investments		-	(8,093,014)
Profit received on savings bank account		332,025	447,672
Capital expenditure		(338,429)	(582,769)
Net cash utilized in investing activities		(6,404)	(8,228,111)
CASH FLOWS FROM FINANCING ACTIVITIES			
Bank charges paid		(8,352)	(68,222)
Net increase / (decrease) in cash and cash equivalents		8,403,454	6,188,703
Cash and cash equivalents at the beginning of the year		4,404,498	10,592,201
Cash and cash equivalents at the end of the year		12,806,952	4,403,498

The annexed notes 1 to 27 form an integral part of these financial statements.



Chief Executive Officer



Director

* External audit conducted by: A. F. Ferguson & Co.

WAYS TO GIVE

Help us sustain the services we offer for individuals with Down syndrome and their families. Following are the ways in which you can make a donation:



Bank Transfer

KDSP BANK ACCOUNT DETAILS	
ACCOUNT TITLE	Karachi Down Syndrome Program
BANK NAME	Bank Al Habib Limited
BANK BRANCH	Citi Tower Branch
ACCOUNT NUMBER	1088-0081-003932-01-6
IBAN	Pk53 BAHL 1088008100393201
SWIFT CODE	BAHLPKK

Online Transfer

Please log on to the link below to pay via our secure network gateway:

<https://www.kdsp.org.pk/get-involved/donation/bank-donation>

Crossed Cheque

A crossed cheque in favour of "Karachi Down Syndrome Program" can be sent to the following address:

Fifth Floor, Jason Trade Centre, Shahra-e-Faisal - Karachi



DON'T JUDGE ME
I WAS BORN TO BE
AWESOME
NOT PERFECT



“Why fit when you’re
born to stand out?”

DR. SEUSS

Disclaimer

Legal Status and Nature of Operations

The Karachi Down Syndrome Program (KDSP) was incorporated in Pakistan as a company set up under section 42 of the Companies Ordinance, 1984 and certified by the Pakistan Centre for Philanthropy (PCP). KDSP is primarily engaged in providing early intervention therapies to children with Down syndrome, enrichment programs for individuals with Down syndrome, support services for families of individuals with Down syndrome, and in raising awareness.

KDSP receives donations from organizations, institutions, and individuals to sustain the aforementioned activities. KDSP is an approved organization under sub-clause (c) of clause (36) of section 2 of the income tax ordinance 2001, so any individual, Association of Persons (AOP) or company donating is entitled to receive tax credit.

The registered office of KDSP is situated at Fifth Floor, Jason Trade Centre, Shahra-e-Faisal, Karachi - Pakistan

Contact Us

Should you have any questions or concerns about these policies and practices, please send us an e-mail at info@kdsp.org






C: 021-34315377, 021-34395377, 0334-3355377


A: Fifth Floor, Jason Trade Centre, Shahra-e-Faisal - Karachi.

E: info@kdsp.org.pk

W: www.kdsp.org.pk

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