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## **About KDSP**

The Karachi Down Syndrome Program (KDSP), a non-profit organization, was formed in March 2014 by a group of concerned parents and passionate individuals who realized there was the need for a platform which would advocate the value, acceptance and inclusion of people with Down syndrome living in Karachi and provide them with the opportunity to lead independent and fulfilling lives.

## **Vision**

The Karachi Down Syndrome Program (KDSP) envisions a world in which all people with Down syndrome are accepted, included and are given the opportunity to enhance their quality of life, realize their life aspirations and become valued members of welcoming communities.

## **Mission**

The mission of the Karachi Down Syndrome Program (KDSP) is to be the foremost organization in Karachi for information, networking, and advocacy for and about Down syndrome, by people with Down syndrome and their families, educators, health care professionals and the community-at-large.

## **Values**

Certain core values define and drive the work done by KDSP and its team.

- انحصار) Dependability To be trustworthy
  - and reliable.
- (احساس) Empathy To be able to understand and share the feelings of another.
- رشفقت) Compassion To be kind and have concern over the misfortune (actual or conceived) of others.

- اسالمیت) Integrity To be honest and hold strong moral values.
- عزم) Determination (عزم) To remain steadfast in your purpose.
- رصداقت) Equity (صداقت) To remain fair and impartial.

## **Areas of Service**



Empowering parents and caregivers through informational, emotional and financial support to become best advocates for their loved one with Down syndrome.



## **Early Childhood Intervention**

Providing a comprehensive program of speech therapy, occupational therapy, and physical therapy for children with Down syndrome to help achieve their developmental milestones timely and pave the way for their independent living.



#### **Healthcare**

Facilitating individuals with Down syndrome through access to affordable, high quality healthcare services by partnering with leading healthcare organizations such as the Aga Khan University Hospital (AKUH).



#### **Education**

Providing children with Down syndrome access to mainstream educational system by inculcating school readiness skills in children with Down syndrome, developing sustainable partnerships with mainstream schools and hosting trainings and workshops for teachers, allied professionals and parents.



## **Enrichment and Skills Development**

Organizing vocational skills training and social, physical and intellectual development programs to cater to children and adults with Down syndrome as well as their families.



Raising awareness about Down syndrome through digital media campaigns, distribution of awareness material in schools and hospitals, public events such as the all-inclusive annual carnival and partnering with relevant stakeholders in the community.

## **Board of Directors**

KDSP is guided by the leadership of a competent dedicated group of parents and professionals.



**Chaudhary Adeel Rasheed**Director & Chairman



**Ali Allawala**Co-Founder,
Director & CEO



**Farzeen Ali**Co-Founder, Director
& Deputy CEO



**Danish Elahi** Director



**Dr. Salman Kirmani** Director



**Hamidah Walli**Director



**Javeria Siddiqui** Director



**Nasira Faiz** Director



**Syed Fawad Ahmed**Director



Reducing inequalities, providing quality education and improving access to good health and well-being.

## Chairman's Message

Dear Friends, Supporters and Beneficiaries,

I am extremely proud to share the Annual Report for 2019-2020 documenting KDSP's achievements for the year with all of you.

For the past six years KDSP has been working as the foremost organization in Pakistan promoting the value, acceptance and inclusion of individuals with Down syndrome. A ripple, that started six years ago has now transformed into a wave that is gradually benefiting more and more individuals with Down syndrome and their caregivers. Our vision for the next 10 years is to establish KDSP as a Regional Centre of Excellence and to cater to the needs of all individuals with Down syndrome and their families in a deeper and even more holistic manner



**Chaudhary Adeel Rasheed** Chairman

KDSP's services also contribute to the following UN Sustainable Development Goals, to be achieved globally by the year 2030:

#### **Goal 10, Reduced Inequalities:**

By empowering individuals with Down syndrome and their families, and promoting their acceptance and inclusion in society. KDSP is also providing financial aid to the families who may not be able to access, afford and avail services otherwise.

#### **Goal 4, Quality Education:**

By providing children with Down syndrome access to mainstream educational intuitions, preparing them for school readiness and creating new quality educational avenues where other opportunities are limited.

#### Goal 3, Good Health and Well-being:

By providing access to subsidized, quality healthcare services along with early intervention therapies for children with Down syndrome. KDSP is also offering mental and emotional support for the well-being of caregivers.

In the previous year, KDSP also forayed into strengthening ties with the federal and provincial government. Pakistan's First Lady, Ms. Samina Alvi, and Special Assistant to the CM Sindh for the Department of Empowerment of Persons with Disabilities, Syed Qassim Naveed Qamar, visited KDSP to experience the work and meet with our beneficiaries. Moreover, KDSP is now a part of Sindh's Provincial Advisory Council for Persons with Disabilities through the instatement of its CEO, Mr. Ali Allawala, as a member.

KDSP's Board of Directors has been instrumental in helping the organization continually grow, aligned well with its mission and vision. Under the direction of a diverse Board, the organization has steered on a path of increasing its scale, impact, ensuring sustainability and transparency in service delivery and financial systems. KDSP is certified by the Pakistan Centre for Philanthropy (PCP) and the transparency of its processes and systems is ensured through an annual audit by A. F. Ferguson and Co.

I would like to offer my heartfelt gratitude to all stakeholders for placing their trust in KDSP and lending all forms of support to help transform the lives of individuals with Down syndrome and their families. I look forward to your continued support in the coming year.



Increasing
the scale,
impact and
sustainability of
KDSP's services
to create an
equitable and
welcoming
community.

## **CEO's Message**

"In the middle of every difficulty lies opportunity" -Albert Finstein

This quote beautifully summarizes the kind of year it has been for us at KDSP. With COVID-19 shaking the world, it enabled us to strengthen our resolve in continuing to provide quality services to individuals with Down syndrome and their families.

Following the outbreak of COVID-19 in Pakistan, KDSP was amongst the first organizations to shift its operations to tele and virtual platforms in the best interest of individuals with Down syndrome, their families and our own employees. KDSP's Family Network grew to 864 individuals this year and we hope to reach the landmark of 1,000 individuals with Down syndrome next year.



Ali Allawala Director and CEO

During the year, we were able to not only introduce new programs but also expand the capacity of our existing ones.

- · Family Support services expanded to include emotional, informational and financial support for parents and caregivers. With 22 parents trained as Humrahis (parent counselors), families in our network will have further support available to them.
- Within Healthcare services, more than 220 individuals with Down syndrome were facilitated through the KDSP Developmental Pediatrics Clinics, partner hospitals and healthcare providers.
- Early Childhood Intervention services increased in capacity to facilitate over 340 weekly therapy sessions through the year. All therapy sessions were adapted in full to be conducted through digital platforms during the pandemic, while the therapists provided additional support and facilitation to parents and caregivers.
- Enrichment and Skills Development services grew to accommodate more individuals and their families, by introducing seven new initiatives, in person pre-pandemic and through digital means during the pandemic. Over 170 individuals with Down syndrome benefited.
- Education services launched an after-school program, Tailored Assistance Program (TAP) and a homeschooling program, Remote Education and Learning for Youth (RELY), expanding its capacity to cater to over 70 children with Down syndrome, including those from outside of Karachi.
- · A major highlight of the year, as always, was our KDSP Carnival 2020 which catered to over 5,500 attendees.

The year brought along with it several opportunities to strengthen our community connections. KDSP collaborated with the Indus Hospital to help individuals with Down syndrome access quality free of cost healthcare services. Through the year we also deepened our alliance with a few like minded organizations such as Special Olympics Pakistan and NOWPDP. The ongoing pandemic presented an opportunity to establish strategic partnerships with Sehat Kahani, a telemedicine platform, and the Interactive Research and Development (IRD), Pakistan for their free of cost tele mental health counseling helpline.

I am humbled by the continuous support of our friends, donors and supporters, who have enabled us to successfully raise Rs. 26,629,117 through donations and sponsorships this year.

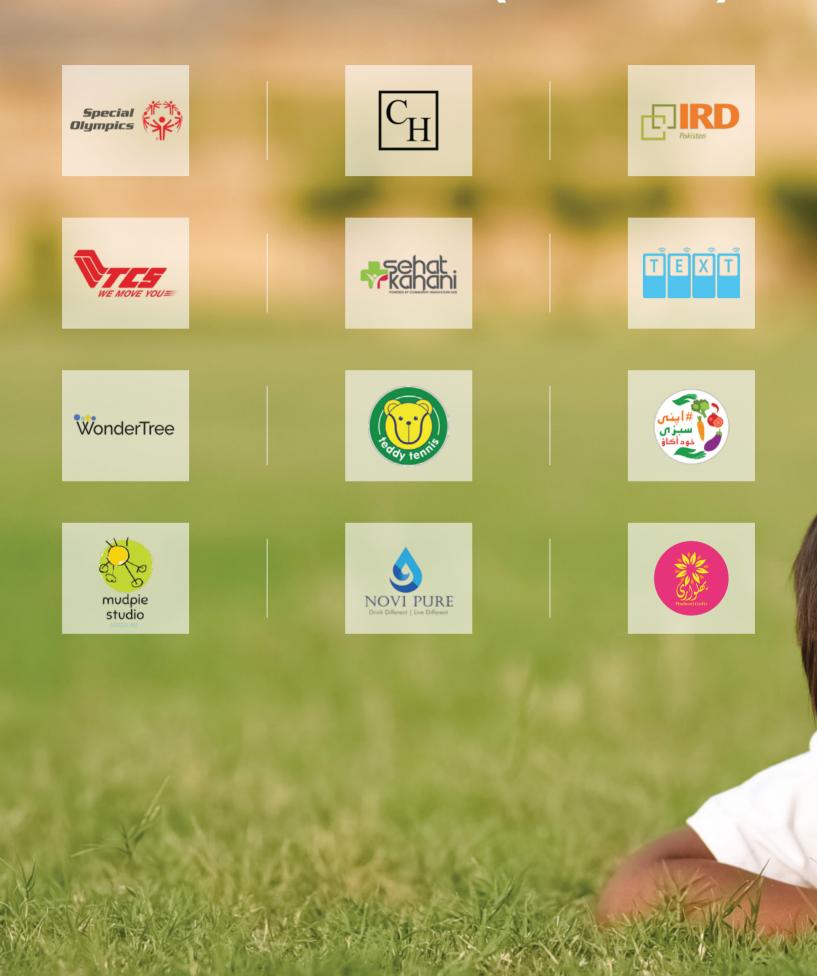
The upcoming fiscal year brings with itself new opportunities of increasing the scale, impact, sustainability of KDSP's services and promoting an inclusive society. I look forward to the continued support of our friends, families and well-wishers in our mission of creating an equitable and welcoming community for individuals with Down syndrome.

## **Major Accomplishments**





## New Collaborations (2019-2020)











Our Impact

individuals with Down syndrome and their families added in KDSP's Family Network

Family Support Group sessions conducted



70%

families found Family Support Group sessions useful towards raising their child



# Family Support



## **A Community of Resilient Parents**

As the mother of a daughter with Down syndrome, I went through a journey of navigating through challenges and opportunities while raising my daughter Xunairah. In this journey, the support I received from KDSP, and the community of parents I connected with, served as a source of hope for me to keep going.

Initially, I was very concerned about improving the quality of life for my daughter. The Family Support Group Sessions at KDSP played a significant role towards enhancing Xunairah's development and health. I recall attending a Family Support Group session on developmental milestones for children with Down syndrome opened my eyes to the reality of thyroid issues experienced by those with Down syndrome. This session prompted us to get Xunairah tested for her thyroid levels due to which her thyroid issue was caught guite early on and has been treated ever since.

I was fortunate to be amongst those selected for KDSP's Humrahi program to lend support to new and existing caregivers of a loved one with Down syndrome. The role brings me great satisfaction and joy - after going through basic training myself, I will get to help parents address their concerns. I want to serve as a pillar of support to other parents and caregivers the way I wish someone else had been for me when Xunairah was young.



#### **Huma Baber**

Mother of Xunairah Baber

humrahis received training, resulting in an increase in the understanding of support they offer to other parents and caregivers in KDSP's Family Network

40%

increase in number of families registering with KDSP from outside of Karachi during COVID-19

households benefited through the monthly grocery distribution and cash transfers during COVID-19

new families registered through tele First Contact Meetings during COVID-19



#### **Parents as Advocates**

Discovering that one's baby has Down syndrome can be difficult for many parents. Families and caregivers are met with countless fears and uncertainties and often feel alienated. During this overwhelming time, connecting with others who have had similar experiences can be a source of relief.

KDSP's Family Support services aim to provide holistic emotional, informational and financial support for parents and caregivers at each stage of raising their loved one with Down syndrome. The aim is to empower parents and caregivers to become the best advocates for their loved one with Down syndrome.

#### **Family First Contact Meeting**

Families are required to come in for Family First Contact Meetings, when they wish to enroll their child with Down syndrome at KDSP. The initial meeting with our Family Support Representative serves to help us understand the background, developmental trajectory. concerns regarding their child and to enroll the child in appropriate programs at KDSP according to their needs.



#### **Humrahi Training**

KDSP initiated the training for Humrahi, a program to connect select parents in its Family Network to other caregivers of individuals with Down syndrome, with the aim to provide them with guidance and basic emotional support. The training for Humrahis kicked off on June 13, 2020 and was led by Ms. Samar Naqvi, the Chief Operating Officer (COO) at KDSP and a practicing mental health counselor.



#### **Feedback Matters**

Parents and Caregivers part of KDSP's Family Network were invited to share their feedback and concerns with KDSP's CEO, Mr. Ali Allawala and Deputy CEO, Ms. Farzeen Ali in December 2020. The session offered a safe space for parents and caregivers to voice their concerns and to have discussions with those who share similar experiences as theirs.

#### **Yoga for Mothers**

KDSP launched weekly yoga sessions, exclusively for mothers of children with Down syndrome in February 2020. These weekly sessions allow mothers to relieve their stress and make an active effort to adopt a healthy lifestyle for themselves.



#### **Drawing our Dreams**



Making time to relax, recharge and addressing your own needs is essential as a parent. Therefore, in February 2020, KDSP hosted "Drawing our Dreams", a session that took mothers on a journey of self-exploration and self-care through the medium of art. The session was facilitated by Ms. Farzeen Ali – an Art in Therapy Practitioner and the Co-Founder and Deputy CEO at KDSP.

#### **Family Support Group** Sessions

Family Support Group sessions have been a regular feature at KDSP since its inception. Each monthly session brings together caregivers to facilitate their understanding of Down syndrome and associated conditions. Experts are invited to conduct these sessions and to discuss various topics. The sessions function as a forum where parents and caregivers learn new information, share ideas and offer emotional support to each other to develop a sense of belonging to a community.





Dr. Unab I. Khan

Chair of Family Medicine & Adolescent Medicine Specialist Aga Khan University Hospital

Managing Puberty in Adolescents

Ms. Nadia Ashiq

Head of Physical Therapy KDSP

Importance of Physical Therapy

Importance of Healthy Diet



Dr. Hira Farooq

Dietician, Pediatric Nutrition and Ketogenic Diet Aga Khan University Hospital Language Stimulation and Behaviour Management for Children



Ms. Saamia Bilal

Head of Speech Therapy KDSP

Ms. Anushay Hussain

Speech Therapy Supervisor KDSP

Pediatric Psychologist Aga Khan University

Hospital

Ms. Vardah Bharuchi

Ms. Muneera Rasheed

Pediatric Psychologist Aga Khan University Hospital

Stress Management for Caregivers

Ms. Muneera Rasheed

Pediatric Psychologist Aga Khan University Hospital Positive Parenting



## Support

#### Dr. Sara Saeed Khurram

CEO and Co-Founder Sehat Kahani

#### Dr. Salman Kirmani

Geneticist and Chair of Division of Women and Child Health Aga Khan University Hospital

Sehat Kahani: Telehealth Service for Individuals with Down Syndrome

Ms. Isma Khan

Behaviour Therapist

Managing Challenging Behaviour

> Mental Health and Emotional Wellbeing



Importance of Occupational Therapy

Ms. Najma Adam

Head of Occupational Therapy KDSP

Mr. Omar Tauseef

Mental Health Counselor

Ms. Aneeta Pasha

Country Director IRD Pakistan

**Cardiac Care** 



Dr. Fatima Ali

Pediatric Cardiologist Aga Khan University Hospital Physical Fitness and Nutrition

Dr. Hira Farooq

Dietician, Pediatric Nutrition and Ketogenic Diet Aga Khan University Hospital

Ms. Nadia Ashiq

Head of Physical Therapy

## Group

#### Ms. Shamaila Irum

Regional Sports Manager Special Olympics Pakistan

Engaging Individuals with Down Syndrome in Physical Activities

Ms. Faiza Bhamani

Behaviour Therapist

Importance of Speech Therapy



Understanding Behavioural Issues of Children with Down Syndrome

Ms. Saamia Bilal Head of Speech Therapy

**KDSP** 

Dental Health for Individuals with Down Syndrome



#### Dr. Ayesha Hanif

Dentist, trainee and lecturer Department of Periodontology Ziauddin College of Dentistry

Dr. Saif Khan

Special Care Dentist, Ireland

Physically Distanced, Digitally Connected

Mr. Ali Allawala

CEO

**KDSP** 

Ms. Samar Naqvi

COO

**KDSP** 

Family Support Group sessions conducted by KDSP in the past year.



## **Family Support During COVID-19**

## **Adapting Services**

## The Extra Mile: Virtual Family Support Group Sessions

Informational support regarding all aspects of Down syndrome continued via weekly Facebook live sessions.





#### Family First Contact Meetings

Initial guidance counselling and registration support offered to all families continued over phone calls.

#### Weekly Yoga and Wellness Sessions

Mothers of individuals with Down syndrome continued to enhance their physical and emotional wellness via Zoom.





#### **Annual Family Network Survey**

100 families participated in the phone call survey to share their feedback and experience with KDSP's services, enabling KDSP to improve service quality even further.

### **Testimonials**

"I am glad I decided to attend virtual yoga sessions for mothers during lock down days. Yoga helped me relax physically and mentally. These one-hour weekly sessions are something I really look forward to after a very tiring week."

#### Naghma Jamshed

Mother of Abdullah Hasnian

## **New Opportunities**

#### Wider Reach

With geographical boundaries becoming blurred due to the introduction of virtual services, a greater number of individuals with Down syndrome and their families residing outside of Karachi registered with KDSP to benefit from services.





#### Monthly Grocery Packages and Cash Disbursement

To provide relief to families impacted financially due to COVID-19, KDSP arranged for monthly grocery packages and cash transfers through Easypaisa from April 2020.

#### IRD's Mental Health Counseling Helpline

To help parents and caregivers get through uncertain times, KDSP collaborated with the Interactive Research and Development (IRD Pakistan) in April 2020 to extend Pursukoon Zindagi's free mental health tele-counseling service to the Family Network.



"My family availed monthly ration bag distribution service for about five months. Ration was provided to us at our doorstep. We were treated very well, with much respect."

#### **Muhammad Hanif**

Khadija Hanif's Father



## Our Impact

198

children's developmental outcomes improved through subsidized Early Childhood Intervention therapies 340+

Early Childhood Intervention therapy sessions scheduled weekly



**79%** 

children benefited from financial assistance for Early Childhood Intervention therapies

# Early Childhood Intervention

## **A Foundation**

A few days after Hoorain was born, the karyotype test concluded my baby had Down syndrome and our doctor helped explain how her thyroid and cardiac issues were a result of her genetic condition. We became skeptical of being able to provide her the care she needed at home and it was during our research for better prospects, we came across the Karachi Down Syndrome Program (KDSP).

In our first visit to KDSP, we were made aware of the Early Childhood Intervention (ECI) program and how physical, occupational and speech therapies can significantly improve the quality of life for individuals with Down syndrome. My husband and I were convinced to enroll our daughter, but our fear for finances held us back. Seeing how frazzled we were, KDSP offered us the Financial Aid Fund, after which we wholeheartedly entrusted Hoorain to KDSP. As time flew by, our daughter began to show signs of improvement. Whereas before she could only manage to sit, now she could walk and scold us for not giving her food on time!

I do wish someone had guided us regarding Down syndrome from the moment Hoorain was born. Perhaps she could have progressed further, had we gotten her the care she needed earlier. The fact that we found KDSP at all, leaves me grateful for the support they have continued to provide for my family and I. More organizations should take inspiration from the work ethic KDSP employs, when providing services for children.



#### Shazia Fatima

Mother of Hoorain Fatima

of the parents felt empowered to practice therapy with their child during COVID-19

parents feel virtual therapy sessions have contributed to their child's developmental progress



### Foundation for an Independent Future

Running successfully at KDSP since 2015, Early Childhood Intervention (ECI) refers to a comprehensive program of physical therapy, speech therapy, and occupational therapy designed to cater to the developmental needs of children with Down syndrome. Since individuals with Down syndrome typically face delays in certain areas of development, it is highly recommended that therapeutic intervention begin at the earliest.

These therapies usually continue from birth to 7 years of age and aid four main areas of development: gross motor and fine motor skills, language, social development and self-help skills.





Every child can avail ECI therapies once a week in 45 minute long sessions, where they receive undivided one-on-one attention from their therapist, to ensure their developmental needs are met through customized therapy plans. Aligned with KDSP's goal of empowering parents, each parent is encouraged to be physically present during their child's therapy session, so they can learn the techniques used by the therapist and reinforce the same at home.

### **Testimonial**

"ECI's virtual shift to WhatsApp groups and video calls has been brilliant, because they let us learn different activities, creatively innovate therapeutic equipment at home and then practice the same with Anabia. We would like more activities to be shared there, along with more local examples."

#### Abdul Rehman

Father of Anabia Rehman

## **Early Childhood Intervention During COVID-19**

## **Adapting Services**

#### **Virtual Therapies**

Speech, physical and occupational therapy sessions were offered via audio and video calls to ensure therapies continued as per schedule.



## **New Opportunities**

#### **Increased Parental Empowerment**

Virtual therapies led to a palpable increase in parental involvement. A language of love, 'physical touch' was expressed and received by the child, through the parent, as parents practiced and followed therapists' instructions. Parents became more actively engaged as they regularly sent videos and pictures of their child's progress to the therapists.

#### **Innovations** at Home

Therapists and parents arrived at innovative and cost-effective solutions to continue the child's developmental progress at home. For example, tape was used to mark lines on the floor for the child to practice walking, a stool was used in place of a walker and a parallel was set up at home using PVC pipes.

#### Efficient Channels of Communication

Dedicated WhatsApp groups were set up with parents and caregivers for speech therapy, physical therapy and occupational therapy. These groups served as platforms to help stay connected with the parent community and benefit from informational resources shared by therapists.

#### Knowledge and Skills Enhancement

Internally within the organization, each therapy department developed and conducted a virtual workshop on their area of expertise for their colleagues on the basics of Occupational, Physical and Speech therapy.





## Our Impact

surgeries and medical procedures sponsored at leading healthcare institutions

130+

healthcare consultations offered through KDSP's partner healthcare organizations 120+

referrals facilitated for Developmental Pediatric Clinics at KDSP



## Healthcare



## **Specialized and Quality Care**

When Mannat was born, we discovered she had Ventricular Septal Defect and the doctors in our village couldn't surmise why she was different from other children. They weren't ready to operate on her either, because they believed she wasn't worthy of being saved. In search of sound advice, my husband and I decided to seek medical advice in Karachi and we moved to the city with no money or lodgings and with nothing but our search for answers. After her heart surgery, we were fortunate enough to have come across a doctor who informed us of her genetic condition and referred us to the Karachi Down Syndrome Program (KDSP).

Shortly after being registered with KDSP, Mannat fell gravely ill with pneumonia for which she was hospitalized. When this came to the attention of the management at KDSP, they offered to cover the entire hospital expense at one of the best health care providers in the country - Aga Khan University Hospital. Now Mannat is a carefree child, who plays with her siblings without having to fear pain or loss of breath.

After moving to a different city and having battled for my daughter's strength, recovery and development, I feel we have come out of this as changed individuals who look at the world with more hope and love, instead of despair.



#### **Asli Begum**

Mother of Mannat Mir

individuals with Down syndrome benefited from Dental Camp



families in KDSP's Family Network acknowledged benefiting from a smooth healthcare consultation and referral process

## **Tele-consultation**

service launched during COVID-19



## A Chance to Live a Healthy Life

Individuals with Down syndrome often have underlying health conditions for which they require timely medical attention. Quality healthcare services suited to the needs of individuals with Down syndrome are almost non-existent in Pakistan, which makes it difficult for individuals with Down syndrome to receive healthcare intervention at affordable costs. The healthcare service at KDSP ensures that all individuals with Down syndrome have access to high quality healthcare at subsidized costs through collaborations with leading healthcare providers in the community.

#### **Aga Khan University Hospital -First Down Syndrome Clinic**

To provide access to quality healthcare, KDSP collaborated with Aga Khan University Hospital (AKUH) in April 2017 to introduce a first of its kind one-stop healthcare solution to facilitate children with Down syndrome and their parents. Prior to this, parents would struggle to find trained specialists who were able to look after the health challenges faced by their children with Down syndrome. With the launch of the Down Syndrome Clinic at AKUH, members registered as part of KDSP's Family Network database are able to access subsidized and hassle-free medical consultation offered at the reputed hospital.

#### The Indus Hospital - Second Down **Syndrome Clinic**

In August 2019, KDSP collaborated with The Indus Hospital (TIH) to introduce a second Down Syndrome Clinic, to provide highly subsidized or free of cost services to members of the KDSP Family Network. The partnership aimed to expand KDSP's Healthcare services, while increasing awareness about Down syndrome and improving access to quality healthcare.



#### **Delivering a Down Syndrome Diagnosis**

Following the formation of the second Down Syndrome Clinic, KDSP hosted an informational session for pediatric specialists at The Indus Hospital in October 2019, on delivering a Down syndrome diagnosis to new and expectant parents. The session was led by Dr. Brian Skotko, who is the Emma Campbell Endowed Chair on Down Syndrome at Massachusetts General Hospital and the Director of the hospital's Down Syndrome Program.



#### **Developmental Pediatric Clinics**

Developmental Pediatric Clinics were introduced at KDSP in 2018 with the aim to help parents identify the developmental trajectory of their child with Down syndrome. The clinics are conducted by Dr. Sidra Kaleem Jafri, who is an Assistant Professor in the Department of Pediatrics and Child Health at Aga Khan University Hospital.

### **Dental Camp**

In January 2020, a first of its kind free of cost Dental Camp was organized at KDSP, for individuals with Down syndrome, in collaboration with a team of locally and internationally practicing dentists including Dr. Saif, Dr. Aneeka Anwar, Dr. Ayesha Arif, Dr. Samar Sultan, Dr. Sadaf Jamal, and Ms. Ammarah Nauman. Families received one on one consultations and were educated on how to maintain good oral hygiene and improve the dental health of individuals with Down syndrome.





### **ICON 2020**

In January, 2020 KDSP participated in a scientific symposium titled "Down Syndrome in Focus: Bridging the Gap between Practitioner Knowledge and Individual Realities", at ICON 2020-The Indus Hospital's 5th Biennial Conference. The symposium was attended by a captive audience of 35 individuals. Prominent speakers present at the symposium included; Dr. Salman Kirmani (Associate Professor and Chair, division of Women and Child Health at AKUH), Ms. Fatima Obaid (Executive Director at Veritas Learning Circle), Mr. Ali Allawala (Co-Founder and CEO of KDSP), Mr. Ali Hamza (Singer) and Ms. Zahra Halai (Assistant Teacher at KDSP's Preschool).







### **Surgeries and Medical Procedures Sponsored**

### **Surgeries**

### Sarah Mazari | Age 4 years

Sarah underwent a surgical procedure called Posterior Sagittal Anorectoplasty (PSARP) to correct her diagnosed health condition, 'Imperforate Anus' in July 2019.

### Abdul Haseeb | Age 6 years

In March 2020, Abdul Haseeb had to undergo surgery for his infected tonsils to improve his quality of life.

### **Medical Procedures**

### Anas Khan | Age 5 years

In May 2020, Anas was admitted at AKUH with severe breathing and cardiac complications. After being put on life support and being monitored closely, he showed signs of improvement briefly. Unfortunately, Anas took his last breath in June, 2020.

### Mannat Mir | Age 1.7 years

In March 2020, Mannat was admitted into AKUH with complaints of breathing loss. She was diagnosed with and treated for pneumonia with antibiotics under specialized care.

### **Testimonials**

"I consulted with Dr. Sidra virtually and was provided with detailed guidance. She evaluated my son's development thoroughly and recommended some medical tests he needed. Since I don't even reside in Karachi, I am happy I had the option of availing this consultation from the comfort of my home."

### **Amna Sundas**

Mother of Muhammad Wali

### **Healthcare During COVID-19**

### **Adapting Services**

### **Developmental Pediatric Tele-Clinics**

The Development Pediatrics Clinics by Dr. Sidra Kaleem provided consultations via WhatsApp video call to children between 0-17 years of age.

### **AKUH Tele-Consulting Clinics**

Consulting clinics at the Aga Khan University Hospital (AKUH) became virtual and tele-clinics were operational for the Family Network from April onwards.

### Sponsored Hospitalizations and **Medical Procedures**

KDSP continued to sponsor hospitalizations and medical procedures of children with Down syndrome with varying healthcare needs, at its partner healthcare organizations.

### **New Opportunities**

### Collaboration with Sehat Kahani

With the lockdown in place and most clinics in the city being shut or dedicated to COVID-19 response efforts, families were quite concerned. As a result, in April KDSP collaborated with Sehat Kahani, an app based tele-medicine provider to offer free of cost and quality primary healthcare consultations to individuals with Down syndrome registered with KDSP.



"When COVID-19 was at its peak in Karachi, Ibrahim encountered a healthcare issue for which we needed to consult a doctor immediately. I did not want to step out of the house at all, and I was unaware of a doctor who could help me virtually. At this time, the Sehat Kahani app came to my rescue. I'm really glad I got to know of this service through KDSP at the right time."

### **Amna Saad**

Mother of Ibrahim Saad



### Our Impact

children graduated from KDSP's preschool



**27%** increase in the

increase in the academic and developmental outcomes of children enrolled in KDSP's preschool

**52%** 

involvement of partner mainstream schools in fostering inclusion for children with Down syndrome

# Education and Training



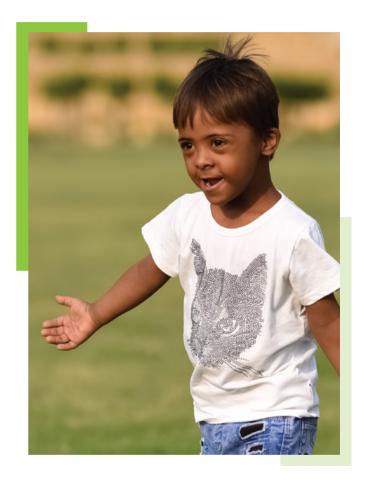
### **The Way Forward**

Meer Muhammad was only 14 days old when we came to know that he had Down syndrome. That was a testing time for us. Given our lack of resources, we believed there was not much we could do to ensure a good future for him.

When Meer Muhammad turned one, we found out about KDSP through a neighbor. Our lives changed ever since. Meer Muhammad was first enrolled for weekly Early Childhood Intervention (ECI) therapies after which we were encouraged to enroll him in KDSP's preschool program. At this point I was extremely stressed about being unable to afford the monthly tuition fee and the daily commute expense. My worries washed away when I learned that we would receive financial assistance for Meer Muhammad's preschool education.

The preschool did wonders for Meer Muhammad; he started sleeping well, eating healthy, became disciplined and learned to socialize. He would not only go home and show his siblings his lesson for the day, but also try to teach them. The preschool team boosted our confidence to have him enrolled in a mainstream school later on. Being the first to start school amongst his cousins, Meer Muhammad is a role model in the family.

With love and support from our family and KDSP, I dream that Meer Muhammad will go on to accomplish wonderful things and gain recognition for his potential.



### **Faiza Jalal**

Mother of Meer Muhammad

**57%** of children receiving financial assistance for KDSP's preschool



additional children began attending mainstream schools

children received profound interventions to enhance social, academic and independent living skills

children benefited from customized home-based educational plans to continue their learning process during COVID-19

### **Education for All**

Children with Down syndrome develop best academically, intellectually and socially in an inclusive educational environment, where they study and grow alongside their typically developing peers. However, the concept of inclusive education is not too prevalent in Pakistan, despite its benefits for children of all abilities. Therefore, KDSP aims to promote the inclusion of children with Down syndrome into mainstream educational institutions through several programs.

### **Early Preschool Experience Program (EPEP)**

EPEP at KDSP is a 1 year school readiness program from children between 1.5 to 2.5 years that aims to offer a smooth and successful transition in a mainstream school for children and parents. EPEP ensures this by helping children enhance their academic, social, physical, language, cognitive and independent living skills through one-on-one and group activities and involving parents as partners in their child's education.

### **Program for Inclusive Education (PIE)**

PIE was set up to form partnerships with mainstream educational institutions to facilitate the admissions of children between ages 3 to 6 years. KDSP takes active measures to improve social, academic and cognitive conditions for children with Down syndrome within schools, by facilitating the end to end inclusion process. KDSP also trains parents and teachers of students enrolled in PIE to develop Individualized Education Plans (IEPs) in accordance with their child's developmental level.

### **Tailored Assistance Program (TAP)**

TAP was launched in November 2019 to provide after school academic assistance to school-going children between ages 8-14 years to enhance their academic and social outcomes. The program aims to impart basic level numeracy, literacy, vocational, social and life skills for self-sufficiency and independence. Monthly curriculums are customized according to the developmental level of the children.





### **Testimonials**

"It's very unfortunate that due to the lockdown, children were unable to attend classes physically, but it's great that the teachers continued to facilitate us as best as they could virtually."

### **Fehmina Rizwan**

Mother of Rumaisa Rizwan

### **Education During COVID-19**

### **Adapting Services**

### Early Preschool Experience Program (EPEP)

Parents received regular feedback and support from the preschool teachers to ensure learning continued through virtual means.

### Tailored Assistance Program (TAP)

Parents were provided with after-school home learning packs and received regular feedback and support from the TAP teachers.

### Program for Inclusive Education (PIE)

Facilitations for teachers and students with Down syndrome for virtual classes continued. Coordination with mainstream schools for admissions in the new academic year was also simultaneously started.



### Inclusive Education Toolkit Workshop Series

The workshop series was launched in June for training teachers and parents on best practices of inclusive academic interventions. Professionals, teachers and parents participated in interactive sessions conducted by experienced professionals and experts in the field.

### **New Opportunities**

### Remote Education and Learning for Youth (RELY)

A new program was launched in April 2020 to equip caregivers with the information and online resources to create an ad-hoc education plan for their children with Down syndrome at home. RELY continues to provide guidance on how to cultivate an environment at home that is conducive to the learning of a child.

### Reinventing the Future of Inclusive **Education**

KDSP hosted a brainstorming session on the future of inclusive education post COVID-19 with a panel of renowned names in the field of education. The discussion revolved around the measures taken by educationists and practitioners to ensure learning of children with Down syndrome amid the pandemic, along with a future action plan for inclusive learning and teaching practices.

"The online training workshops on inclusive education were awesome! The trainers shared their first-hand knowledge of the respective areas. The workshops were logical, interactive and structured. Thank you, KDSP team!"

### **Huma Javed**

IET Workshop Series Participant

"It's been a month since Momina joined the RELY program. The instructors are helpful. I have seen improvement in Momina and I think this program will help her a lot."

### **Naeem Sarver**

Momina Nisar's Mother





### Our Impact

children benefited from Enrichment and Skill Development programs

adults benefited from Enrichment and Skills Development programs additional skills development programs introduced for children and adults

# Enrichment & Skills Development

### **A Path Towards Empowerment**

When Simran was born in 1998, we discovered there were no organizations in Karachi which catered to individuals with Down syndrome. As Simran grew older, she was enrolled in academic and vocational training programs at various institutions. It wasn't until we came across KDSP that Simran and I felt content - we had found a place where we belonged.

Simran was able to discover hidden talents through the Enrichment and Skills Development programs at KDSP. She has grown to become an independent and confident girl who likes making her own decisions. Amongst all the options available, she chose to participate in Yoga, Sewing and Stitching, Drawing, Vegetable Planting and Cooking sessions. Her sense of independence, passion to excel and self-discipline shine through her work. She finds joy in selecting colours and intricate patterns for her crafts and completing the tasks assigned. Her self-esteem soars each time her instructors acknowledge and appreciate the work she does. These sessions have also provided her with a social network that she lost after she had to discontinue schooling over a year ago.

I see Simran succeeding each day and I can't be prouder of her. The journey has been a tough one from Simran having little to no opportunities, to now Simran being prepared for employment placement by KDSP. I can't wait for the day when she starts working and becomes a contributing member of our society.



Mother of Simran Mahesh



41%

parents recorded an improvement in their child's social skills



50%

increase in skills enhancement of individuals, due to time and effort invested by instructors during COVID-19

### **Skills Development for Social Inclusion**

True to its vision of helping people with Down syndrome lead fulfilling lives and considering the negligible skill enhancing and recreational opportunities available to them, KDSP introduced several enrichment programs over the years.

Enrichment programs at KDSP are subdivided into Child Enrichment, Adult Enrichment and Family Enrichment.

### **Child Enrichment**

Child enrichment programs are organized for children aged 0 - 15 years and aim to contribute to children's cognitive, motor and socio-emotional development.

### Story Time

Monthly story time sessions are geared towards developing language, motor, and interpersonal skills of children between the ages of 0-7 years. Each session is conducted by Ms. Nazia Kashif from 'Mommies and Muffins', who uses rhymes and movements to creatively interweave books with music.

### Music and Movement

Mr. Faizan Masood conducts each session by incorporating thematic based movements with dance and music. The aim of each carefully tailored session is to foster creative thinking ability, gross motor and fine motor muscle coordination, musical and kinesthetic intelligence and turn taking.



### Spark Play Center

Every Down Syndrome Awareness Month SPARK Play Centre holds an exclusive celebration for children with Down syndrome and their siblings. Children had great fun as they engaged in storytelling, sand play and music activities.

### Gymboree Play and Music

Monthly sessions in collaboration with Gymboree Pakistan contributed towards the speech, gross motor, and cognitive development of children aged 3 - 7 years. Each session incorporated exciting play and movement activities to help the children understand daily living concepts of size, direction, shape, texture, etc.



### **Swimming**

By October 2019 four successful batches of children between ages 6-12 years showed signs of major improvement in their gross motor skills, balance, core strength and coordination skills, amongst other benefits.



### **Wonder Games**

KDSP collaborated with WonderTree Pakistan, to launch their new educational and revolutionary platform 'WonderGames' for children between ages 4-12 years. Designed specifically for children with special needs, the program aims to improve the motor, functional and cognitive skills of individuals with Down syndrome, by utilizing augmented reality games.





### **Teddy Tennis**

KDSP collaborated with Teddy Tennis Pakistan to launch tennis classes for children between ages 2.5-10 years. Teddy Tennis is a curriculum based sports education program that utilizes visual, auditory and kinesthetic learning techniques to inspire children to play tennis.



### **Adult Enrichment**

Adult enrichment programs are organized for adults 16 years and above and aim to engage them in skill, hobby building, mental and physical well-being activities, meanwhile giving them a sense of financial empowerment through entrepreneurship.

### Sewing and Stitching

Weekly sewing and stitching classes help adults hone their fine motor skills by learning how to cut, sew and embroider, ultimately creating handicrafts such as cushions, rugs, bags, key chains and stuffed toys. The products are then sold through different avenues and full proceeds from the sales are given to the participants, giving them a sense of financial empowerment.

### Weaving

Weaving classes are conducted weekly in which the crafters learn to expertly use hand looms and frames to create beautifully woven items.

In February 2020, Ms. Imrana Shahryar from Indus Valley School of Art and Architecture (IVS) visited KDSP to distribute certificates to participants with Down syndrome for successfully completing an 8 weeks course on 'Introduction to Weaving' at the Textile Department at IVS.

### Yoga

Weekly yoga sessions meet the psycho-physiological needs of individuals with Down syndrome by strengthening the body, improving self-esteem, developing concentration and increasing body awareness.



### Clay Art

In collaboration with Mudpie Studio, KDSP launched Clay Art as a new program in January 2020, where crafters use clay as a medium to express themselves and explore the possibilities of all they can create.



### **Block and Screen Printing**

The program aims to teach individuals with Down syndrome the basics of block & screen printing, in turn expanding their range of abilities and interests. Crafters have learned to apply block printing skills to develop a range of products including notebooks, envelopes, greeting cards and household decor terms.



### **Paper Crafts**

KDSP initiated Paper Crafts sessions in collaboration with Sadia Naveed, in September 2019. Participants learn to create objects using paper and guilling techniques every week, which in turn help improve their fine motor skills, hand-eye coordination and creativity.



### Vegetable Planting

KDSP collaborated with Apni Sabzi Khud Ugao to introduce a vegetable planting workshop. The workshop is held once a month, where participants are given hands-on knowledge about planting vegetables, all the while taking care of their plant as it grows.



### **Family Enrichment**

Family enrichment programs are organized to bring together families of individuals with Down syndrome to strengthen family bonds and connections.

### **Beach Retreat**

KDSP organized a Beach Retreat for members of its Family Network in November 2019. The event served as an excellent opportunity for families to get away from the hustle and bustle of life and relax with their family and friends by the shore.



### New Year's Hi-Tea

KDSP felt the need to commemorate the start of a new year by organizing a special event for its Family Network. A little get-together was organized in January 2020 where many parents participated in fun trivia and ice breaking games, to get to know each other better.



### **Enrichment & Skills Development During COVID-19**

### **Adapting Services**

### **Adult Enrichment**

Arts and Crafts, Paper Crafts, Block Printing and Yoga resumed after a brief pause through weekly pre-recorded video tutorials or Zoom sessions with the help of dedicated instructors. Craft kits were delivered to participants at home with all the tools they required to handcraft master pieces.





### Child Enrichment

Music and Movement was re-launched as 'Tele-Rhythm and Movement', and continued to enhance children's physical fitness and creative expression via Zoom sessions. In May, live virtual story time sessions were launched in collaboration with Nazia Kashif from Mommies and Muffins.



### **Testimonials**

"KDSP is doing wonders right now. Hasan has been taking part in the Arts and Crafts class as well as painting and cooking classes. He always has an excellent time."

### **Ayesha Sorathia**

Mother of Hasan Patel

### **New Opportunities**

### Fit 5 Module

A physical fitness module for adults with Down syndrome was launched in April in collaboration with Special Olympics Pakistan (SOP). The SOP coaches shared detailed weekly dietary and exercise plans through engaging videos and infographics.



### Cooking and Baking Classes

Virtual classes began in July in collaboration with Sugaries bakery where Ms. Mahwish Aziz and the enthusiastic chefs-in-making with Down syndrome enjoyed making delicious desserts.

### **Exploring Art Sessions**

The sessions, led by Sana Asad, were launched in July 2020 to teach sketching and painting techniques as a form of self-expression to help individuals reconnect with themselves and seek relaxation.



"Even though the skills development sessions have shifted to a virtual platform, I still ensure Fatimeh follows the same routine for attending them as she did previously for in-person classes. Fatimeh loves Yoga with Ms. Dhanak, Music and Movement classes with Sir Faizan and Arts and Crafts with Ms. Mahtab and Ms. Sadia. I have seen outstanding improvement in her skills. I witness her do wonders every time I sit with her and guide her if she makes a mistake."

### Mahroo Khanum

Mother of Fatimeh Shirazi

### **KDSP Shop Coming Soon!**



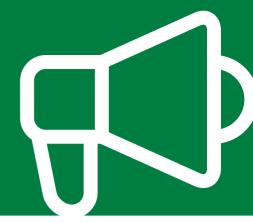
48 | Building Bridges for an Inclusive Society





Our Impact Over 10,000 people were made aware about Down syndrome through public engagement activities

## Awareness



### **Transforming Mindsets**

The KDSP Carnival provides an opportunity for parents of typically developing children and parents of children with Down syndrome and other special needs to come together and feel a sense of belonging to a larger community. I personally find the carnival to be a space where everyone learns to coexist, regardless of their ability. When I attended the carnival this year, it was heartening to see people from varied segments of the society coming together to join in the celebrations for World Down Syndrome Day.

Being a parent of a child with Down syndrome associated with KDSP, I am not only an advocate for KDSP, but also for Down syndrome. I dream of a society where everyone welcomes and accepts those with Down syndrome, and KDSP brings me one step closer to the dream.

Through its various awareness initiatives, KDSP educates, empowers and changes perceptions of the masses, which is all the parents of children with Down syndrome could ever hope for. The responsibility of laying the foundation of an inclusive society does not only rest with one person or organization, but also with each parent of a child with Down syndrome. It is up to all of us to translate the dream into a reality, by becoming active ambassadors and advocates for change.



### Fehmina Rizwan

Mother of Rumaisa Rizwan



### **Promoting Acceptance of Down Syndrome**

### **Employee Engagement at KDSP**

As part of Procter and Gamble (P&G) Pakistan's employee engagement initiative, KDSP and P&G hosted a Play Day for individuals with Down syndrome in August 2020. The event offered participants to engage in creative activities and have the freedom to unleash the creative artist within.



### **Down Syndrome Awareness Month Campaign**

October is recognized as National Down Syndrome Awareness Month in the United States. As each year, KDSP organized a campaign to promote individuals with Down syndrome as equal and participating members of society. The theme of the campaign for October 2019 was "Accepting a Child with Down Syndrome".

The KDSP Family Network along with members of the team, made several appearances on national television and radio, to create awareness about Down syndrome.



SAMAA TV show 'Naya Din'



SAMAA Radio show 'Samaa Rise with **RJ Sulmeen Ansari'** 



AAJ TV show 'Aaj Pakistan'



**ARY News Morning show 'Bakhabar Savera'** with Shafaat Ali and Madiha Naqvi

### **KDSP Awareness Video 2019**

In accordance with the Down Syndrome Awareness Month theme, KDSP partnered with Saatchi & Saatchi to develop an awareness video to address negative perceptions and stereotypes associated with Down syndrome prevalent in the society.



### **Building Bridges - World Down Syndrome Day Campaign**

### KDSP Carnival 2020

On Sunday, 16 February 2020 KDSP organized its 6th annual carnival in celebration of World Down Syndrome Day. Through the years, the event has established itself as a platform that fosters inclusion and acceptance in society. Over 5,500 people of all ages and abilities participated in meaningful games and activities while indulging in a variety of food and crafts.

This edition of the Carnival witnessed the launch of 'Kahani Ghar', a dedicated story space for children. Mr. Khaled Anam, Mr. Shehzad Ghias, Azcorp Entertainment and Zambeel Dramatic Readings came together to facilitate engaging story sessions and plays which each child will remember for some time to come.









### Advocates for Inclusion

**Soul Fest:** KDSP participated in Soul Fest, exhibiting unique crafters' products made by our very own individuals with Down syndrome which sold out rapidly.

**Guided tours and awareness sessions:** Mommy bloggers, influencers, publications and editors were invited to KDSP for a guided tour and awareness session to gain first-hand knowledge of Down syndrome.

**Activation:** KDSP's stall at Dolmen Mall Clifton in partnership with Dolmen Cares & Everblocks featured a selfie booth, a giant Lego throne and our crafters' products, drew 300+ people.









### World Down Syndrome Day: Awareness Video 2020

As part of KDSP's campaign of building bridges, breaking through glass ceilings and changing perceptions, KDSP collaborated with Broomsticks to create a video which highlighted all that individuals with Down syndrome are capable of.

### A Moving Tale of Resilience

VCAST online interviewed Mr. Ali Allawala as part of their online series, to capture his journey of establishing KDSP. The interview takes us on a journey with Mr. Allawala, his wife Ms. Farzeen Ali and their daughter Alaiyah who was born with Down syndrome.



### **Awareness During COVID-19**

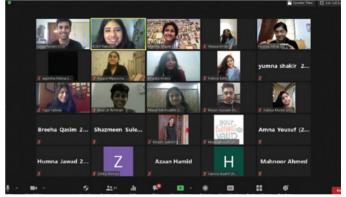
### **COVID-19 Sensitive Communication**

Internal and external communications were adapted for COVID-19 sensitivity, with safety instructions shared and reinforced across all virtual platforms such as email, social media, and official WhatsApp groups for KDSP's Family Network.

### Virtual Awareness Sessions and Collaborations

- · In March 2020 KDSP collaborated with NOWPDP to host a live Digital Baithak which aimed to address questions about COVID-19.
- · Awareness sessions were adapted for the virtual space and offered via Zoom to several schools and organizations, such as; Nixor College, NED University, Adal aur Sehat and Interactive Research and Development (IRD).
- In April 2020 an MOU was signed with IBA's Chapter of United Nations Association of Pakistan (UNAP x IBA) to promote Down syndrome awareness initiatives.



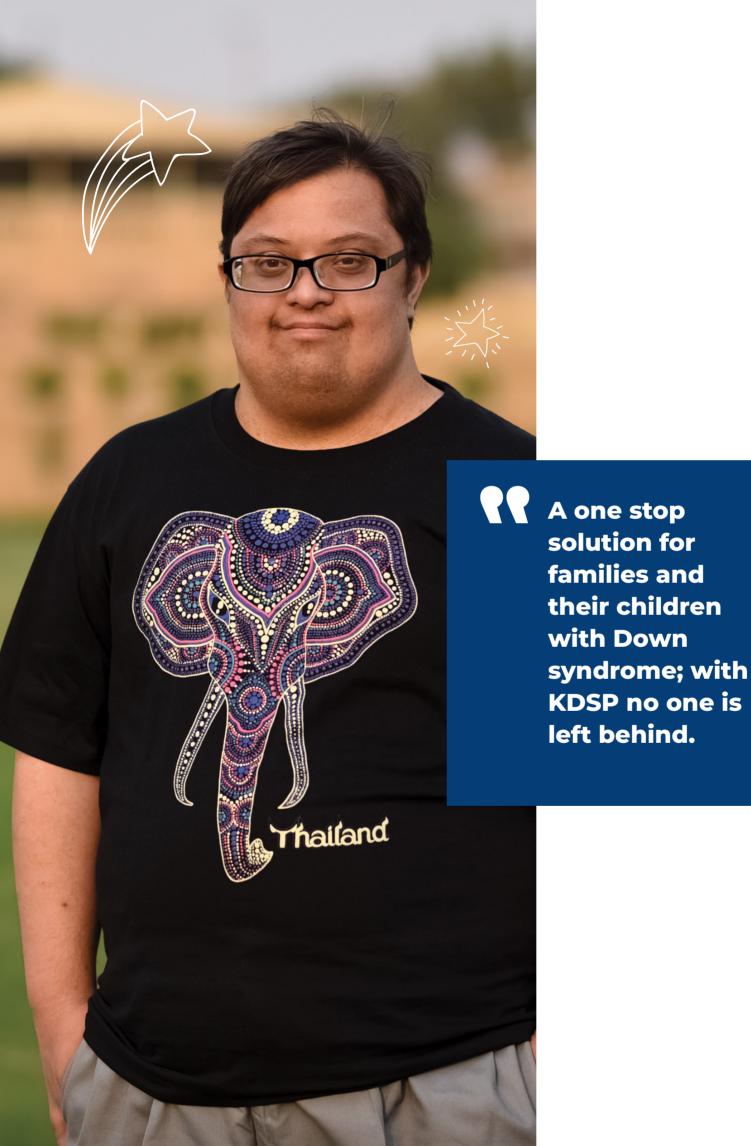


### **Testimonial**

"I was personally of the belief that there aren't many organisations within Pakistan working for disability inclusion. Having personally worked with individuals with Down syndrome in the past and being aware of their true potential, the awareness session was an eye opening experience for me to see the work KDSP has put in for the Down syndrome community."

### Maham Idrees

Career Advisor - Beaconhouse College Campus Defence



# Fundraising



### **Supporters Unite for a Cause**

### **KDSP Golf Tournament 2019**



### A Drive Towards Inclusive Education

KDSP hosted a 2nd edition of the KDSP Golf Tournament in November 2019 at Karachi Golf Club (KGC) Karsaz, themed 'A Drive towards Inclusive Education'. The event brought together seasoned golfers for a game of golf based on the Texas Scramble format, whilst creating awareness and garnering support for educational initiatives of individuals with Down syndrome.

"As we pursue the development of inclusive educational institutions for our children, we are not only making an effort to simply providing a child with Down syndrome with the opportunity to sit and interact amongst typical children, we are in pursuit of a way of life for everyone that values a tolerant, humane, tender and compassionate world - the only way of life that should be." - remarked Ms. Farzeen Ali, KDSP's Co-Founder and Deputy CEO during her heartfelt speech.

The awards ceremony was attended by golfers and esteemed guests, including Guests of Honor - Mr. Sheheryar Munawar, Mr. Adeel Husain and Mr. Syed Qassim Naveed Qamar. The ceremony included exciting prizes for the golfers and caddies including lucky draws. Winner Team (Gross) was won by the Gul Ahmed team, comprising of Viviek Anand, Hamza Ghani, Owais Intisar and Muhammad Qasim. While, the Hole in One award was won by Ms. Tabassum Sharif who took home a Toyota XLi car.

### **KDSP Donate-A-Thon 2020**



The KDSP Donate-A-Thon 2020 was a donation drive which lasted from January 1, 2020 to February 16, 2020. Donations were collected by KDSP's esteemed ambassadors through donation books worth Rs. 10,000. Donors entered a complimentary Lucky Draw and won exciting prizes during the drawing at the KDSP Carnival 2020. KDSP was able to garner massive support for this drive through its dedicated Donate-A-Thon Ambassadors.

### **KDSP Zakat Campaign**



In April KDSP set up its Shariah compliant Zakat system to benefit underserved families of individuals with Down syndrome in its network. The Zakat campaign garnered immense support from KDSP's generous supporters, thus benefiting many families in need.

### **Sponsors & Partners**

### **KDSP Golf Tournament 2019 Sponsors**

**Title Sponsor** 



**Platinum Sponsors** 





**Gold Sponsors** 





**Fintech Sponsor** 



**Silver Sponsors** 









**Hole-in-One Sponsors** 





**Golfers' Lucky Draw Sponsors** 





**Caddies' Lucky Draw Sponsors** 





**Media Partner** 



**Food Sponsor** 



**Beverage Sponsor** 



**Ice Cream Sponsor** 



**Ice Pops Sponsor** 



**Coffee Partner** 



**Event Management Partner** 



### **KDSP Carnival 2020 Partners**

### **Platinum Partner**



### **Gold Partners**







### **Silver Partners**









### **Banner Partners**































### **Volunteer Shirts Partner**

### **Blue Band**®

### **Train Partner**



### **Event Management Partner**



**Venue Partner** 



### **Media Partner**



**Radio Partner** 



### **Tech Partner**



### **Ticketing Partners**







### **Beverage Partner**



### **Photography Partner**



### **PR Partner**



### **Multimedia Partner**



### **Community Outreach Partner**



### **Dessert Partner**



### **Hygiene Partner**



### **First Aid Partner**



### **Tea Partner**



### **Execution Partner**



### **Gift Bag Partners**





















### **Lucky Draw Gift Partners**

















































































### **Statement of Financial Position**

As at June 30, 2020

	Note	2020 (Rupees	2019 <b>5)</b>
ASSETS			
Non-current assets			
Property and equipment Right-of-use asset Long term deposit	4 5 6	2,655,110 3,209,451 1,035,000 6,899,561	3,002,125 - 840,000 3,842,125
Current assets			
Advances and prepayments Other receivables Short term investments Cash and bank balances	7 8 9 10	325,342 2,052,570 16,995,742 16,560,662 35,934,316	480,893 1,638,903 13,152,518 11,999,536 27,271,850
TOTAL ASSETS		42,833,877	31,113,975
FUND AND LIABILITIES			
Fund			
General fund Accumulated surplus	11	600,000 29,949,013 30,549,013	600,000 27,903,855 28,503,855
Liabilities		00,010,010	,
Non-current liabilities			
Deferred income Lease liability	12 13	6,168,672 2,063,022 8,231,694	870,793 - 870,793
Current liabilities		0,231,034	670,733
Current portion of lease liability Trade and other payables	13 14	1,570,047 2,483,123 4,053,170	- 1,739,327 1,739,327
Contingencies and Commitments	15		
TOTAL FUND AND LIABILITIES		42,833,877	31,113,975

The annexed notes 1 to 29 form an integral part of these financial statements.

Chief Executive Officer

Director

# Income and Expenditure Statement For the year ended June 30, 2020

	Note	2020 (Rupee	2019 e <b>s)</b>
Income			
Donations		11,134,117	15,219,630
Deferred income utilized	12	6,075,175	6,699,505
Income from KDSP carnival	16	20,696,429	13,394,990
Therapy income	17	2,211,200	2,710,075
Early Pre-Education Program (EPEP) fees	18	468,200	1,040,000
Training income		166,500	675,000
Handicrafts and merchandise		182,709	109,634
Fundraising income		7,305,000	3,440,000
Program and events income		418,828	3,078,076
Other income	19	2,957,078	1,044,859
		51,615,236	47,411,769
Expenditure			
Cost of operations	20	43,675,476	31,911,292
Administrative expenses	21	5,662,430	3,902,077
Loss on revaluation of investments at fair value		232,172	386,642
		49,570,078	36,200,011
Surplus for the year		2,045,158	11,211,758

The annexed notes 1 to 29 form an integral part of these financial statements.

# Statement of Comprehensive Income For the year ended June 30, 2020

	2020 (Rupees)	2019
Surplus for the year	2,045,158	11,211,758
Other comprehensive income	-	-
Total comprehensive income for the year	2,045,158	11,211,758

The annexed notes 1 to 29 form an integral part of these financial statements.

**Chief Executive Officer** 

## Statement of Changes in Fund Balance For the year ended June 30, 2020

	General fund	Accumulated surplus (Revenue reserve)	Total
		—— (Rupees) ———	
Balance as at July 1, 2018	600,000	16,692,097	17,292,097
Surplus for the year	-	11,211,758	11,211,758
Other comprehensive income	-	-	-
Total comprehensive income for the year	-	11,211,758	11,211,758
Balance as at June 30, 2019	600,000	27,903,855	28,503,855
Surplus for the year	-	2,045,158	2,045,158
Other comprehensive income	-	-	-
Total comprehensive income for the year	-	2,045,158	2,045,158
Balance as at June 30, 2020	600,000	29,949,013	30,549,013

The annexed notes 1 to 29 form an integral part of these financial statements.

### **Statement of Cash Flows**

For the year ended June 30, 2020

	2020 (Dunos	2019
CASH FLOWS FROM OPERATING ACTIVITIES	(Rupee	:5)
Surplus for the year	2,045,158	11,211,758
Adjustment for non-cash items: - Depreciation on property and equipment - Depreciation on right-of-use asset - Profit on savings bank account - Interest on short term investment - Loss on revaluation of investments at fair value	821,404 1,604,725 (1,149,060) (1,808,018) 232,172	619,505 - (1,044,859) - 386,642
<ul><li>Deferred income utilized</li><li>Interest on lease liability</li><li>Bank charges</li></ul>	(6,075,175) 666,893 40,302	(6,699,505) - 71,720
Working capital changes:	(3,621,599)	4,545,261
Decrease / (Increase) in current assets: - Advances and prepayments - Other receivables  Increase in current liabilities:	155,551 (413,667) (258,116)	447,910 (717,431) (269,521)
- Trade and other payables	743,796 485,680	150,299 (119,222)
Restricted donations received	11,373,054	2,057,840
Cash generated from operations	8,237,135	6,483,879
		0,400,075
Increase in long term deposit	(195,000)	
Net cash generated from operating activities	8,042,135	6,483,879
CASH FLOWS FROM INVESTING ACTIVITIES		
Purchase of investments - net Profit received on savings bank account Profit received on short term investment Capital expenditure incurred Net cash utilized in investing activities	(3,079,654) 1,149,060 812,276 (474,389) (1,592,707)	(6,000,000) 1,044,859 - (2,264,434) (7,219,575)
CASH FLOWS FROM FINANCING ACTIVITIES		
Lease liability paid Bank charges paid	(1,848,000) (40,302)	- (71,720)
Net cash utilized in financing activities	(1,888,302)	(71,720)
Net cash and cash equivalent generated / (utilized) during the year	4,561,126	(807,416)
Cash and cash equivalents at beginning of the year	11,999,536	12,806,952
Cash and cash equivalents at end of the year	16,560,662	11,999,536
The annexed notes 1 to 29 form an integral part of these financial statements.	لعوليه (	
Du Allawala.		
Chief Executive Officer	Director	

# **Notes to the Financial Statements**

For the year ended June 30, 2020

#### 1. STATUS AND NATURE OF ACTIVITIES

- 1.1 Karachi Down Syndrome Program (KDSP) (the Company) was incorporated on December 05, 2014 under section 42 of the Companies Ordinance, 1984 (now the Companies Act, 2017) as a public company limited by guarantee. The Company's business unit and registered office is situated at Suite 102, 1st floor, Jason Trade Centre, Shahrah-e-Faisal, Karachi, Pakistan.
- 1.2 The principal activities of the Company are to establish, develop, maintain, manage and run all-inclusive centers and institutions for any person, family or party affected by down syndrome and to provide them with the opportunity to live full and independent lives.

#### 1.3 Impact of COVID - 19 on the financial statements

During the year, the World Health Organization declared COVID - 19 a pandemic. To reduce the impact on businesses and economy in general, regulators / governments across the globe introduced a host of measure on both fiscal and economic fronts.

KDSP during the pandemic, shifted to virtual services via various electronic means which include live sessions on Faceboook and Google Classrooms. Therefore, COVID -19 has not significantly impacted the overall financial position and performance of the Company.

#### 2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

#### 2.1 **Basis of preparation**

2.1.1 These financial statements have been prepared under the historical cost convention, unless otherwise specifically stated.

#### 2.1.2 Statement of compliance

These financial statements have been prepared in accordance with the accounting and reporting standards as applicable in Pakistan. The accounting and reporting standards applicable in Pakistan comprise of:

- International Financial Reporting Standards (IFRSs) issued by the International Accounting Standards Board (IASB) as notified under the Companies Act, 2017 (the Act);
- Accounting Standard for Not for Profit Organizations (Accounting Standard for NPOs) issued by the Institute of Chartered Accountants of Pakistan as notified under the Act; and
- Provision of and directives issued under the Act.

Where provisions of and directives issued under the Act differ from the IFRS or the Accounting Standard for NPOs, the provisions of and directives issued under the Act have been followed.

#### 2.1.3 Initial application of standard, amendments and interpretations to approved accounting and reporting standards

a) Standards, amendments and interpretations to approved accounting and reporting standards that are effective for the Company's accounting period beginning on July 1, 2019

The Company has adopted the following accounting standard which became effective for the current year:

#### IFRS 16 'Leases'

IFRS 16, 'Leases' replaces the existing guidance on accounting for leases, including IAS 17 "Leases", IFRIC 4 "Determining whether an Arrangement contains a Lease", SIC-15 "Operating Leases -Incentive" and SIC-27 "Evaluating the Substance of Transactions involving the Legal Form of a Lease". IFRS 16 introduces a single, on-balance sheet lease accounting model for lessees. A lessee recognizes a right-of-use asset representing its right-of-use of the underlying asset and a lease liability representing its obligations to make lease payments. Lessor accounting remains similar to the previous standard i.e. lessors continue to classify leases as finance or operating leases.

The Company adopted IFRS 16 'Leases' with effect from July 1, 2019 using the modified retrospective method. Under this method, the standard is applied retrospectively with the cumulative effect of initially applying the standard recognised at the date of initial application with no restatement of comparative information. From July 1, 2019, leases are recognised as a right-of-use asset and a corresponding liability at the date at which the leased asset is available for use by the Company.

On adoption of IFRS 16, the Company recognised lease liabilities which had previously been classified as 'operating leases' under the principles of IAS 17 Leases. These liabilities were measured at the present value of the remaining lease payments, discounted using the Company's incremental borrowing rate as of July 1, 2019. The Company's estimated incremental borrowing rate applied to the lease liabilities on July 1, 2019 is 16.13%.

The following summary reconciles the Company's operating lease commitments at June 30, 2019 to the lease liabilities recognised on initial application of IFRS 16 at July 1, 2019:

	Rupees
Operating leases as at June 30, 2019	6,084,540
Discounted using the lessee's incremental borrowing	
rate at the date of initial application	(1,270,364)
Lease liability recognised as at July 1, 2019	4,814,176
Of which are:	
Current lease liability	1,181,107
Non-current lease liability	3,633,069
	4,814,176

The associated right-of use asset was measured in the statement of financial position as at July 1, 2019 at the amount equal to the lease liability, adjusted by the amount of any prepaid or accrued lease payments relating to leases recognised in the statement of financial position as at June 30, 2019.

The change in accounting policy affected the following items in the statement of financial position on July 1, 2019:

- right-of-use asset increased by Rs. 4,814,176;
- lease liability increased by Rs. 4,814,176.

#### Amounts recognized in the income and expenditure statement relating to leases

	June 30 2020
	Rupees
Depreciation charge of right-of-use asset included in expenditure	1,604,725
Interest expense on lease liability included in finance cost	666,893
	2,271,618

The total cash outflow for leases during the year ended June 30, 2020 amounted to Rs.1,848,000.

#### **Practical expedients applied**

In applying IFRS 16 for the first time, the Company has used the following practical expedient permitted by the standard:

- the use of hindsight in determining the lease term where the contract contains options to extend or terminate the lease; and

There are other amendments and interpretations to published accounting and reporting standards that are applicable for the financial year beginning on July 1, 2019 but are considered not to be relevant or do not have any significant effect on the Company's financial reporting and operations and, therefore, have not been disclosed in these financial statements.

b) Standards and amendments to approved accounting and reporting standards as applicable in Pakistan that are not yet effective and have not been early adopted by the Company

There are other standards and amendments to accounting and reporting standards as applicable in Pakistan that are not yet effective and are not considered relevant or to have a significant effect on the Comapny's financial reporting and operations and therefore have not been presented here.

# 2.2 Property and equipment

These are stated at historical cost less accumulated depreciation and impairment.

Depreciation on assets is charged to income using the straight line method whereby the cost of the asset less estimated realizable value, if any, is written off over its estimated useful life at the rates stated in note 4 to the financial statements. Depreciation is charged on additions from the date of purchase, whereas no depreciation is charged in the month of disposal.

Maintenance and normal repairs are charged to the income and expenditure statement as and when incurred.

Assets' residual values and useful lives are reviewed, and adjusted if appropriate, at each reporting date. An asset's carrying amount is written down immediately to its recoverable amount if the asset's carrying amount is greater than its estimated recoverable amount.

Subsequent costs are included in the asset's carrying amount or recognized as a separate asset, as appropriate, only when it is probable that future economic benefits associated with the item will flow to the Company and the cost of the item can be measured reliably. All other repairs and maintenance are charged to income during the year in which these are incurred.

The gain or loss on disposal or retirement of an asset represented by the difference between the sale proceeds and the carrying amount of an asset is recognized as an income or expense.

#### 2.3 Lease liability and right-of-use asset

At inception of a contract, the Company assesses whether a contract is, or contains, a lease based on whether the contract conveys the right to control the use of an identified asset for a period of time in exchange for consideration. Lease terms are negotiated on an individual basis and contain a wide range of different terms and conditions.

In determining the lease term, management considers all facts and circumstances that create an economic incentive to exercise an extension option or not exercise a termination option. Extension options (or periods after termination options) are only included in the lease term if the lease is reasonably certain to be extended (or not terminated).

The lease liability is initially measured at the present value of the lease payments that are not paid at the commencement date, discounted using the interest rate implicit in the lease, or if that rate cannot be readily determined, the Company's incremental borrowing rate.

Lease payments include fixed payments less any lease incentives received, variable lease payments that are based on an index or a rate which are initially measured using the index or a rate as at the commencement date, amounts expected to be payable by the Company under residual value guarantees, the exercise price of a purchase option, if any, and if the Company is reasonably certain to exercise that option and payments of penalties for terminating the lease, if the lease term reflects the lessee exercising that option, less any lease incentives receivable.

The lease liability is subsequently measured at amortized cost using the effective interest rate method. It is remeasured when there is a change in future lease payments arising from a change in fixed lease payments or an index or rate, change in the Company's estimate of the amount expected to be payable under a residual value guarantee, or if the Company changes its assessment of whether it will exercise a purchase, extension or termination option. The corresponding adjustment is made to the carrying amount of the right-to-use asset, and is recorded in the income and expenditure statement if the carrying amount of right-to-use asset has been reduced to zero.

A change in scope of a lease, or the consideration for a lease, that was not part of the original terms and conditions of the lease is accounted for as a lease modification. The lease modification is accounted for as a separate lease if modification increases the scope of lease by adding the right to use one or more underlying assets and the consideration for lease increases by an amount that is commensurate with the stand-alone price for the increase in scope adjusted to reflect the circumstances of the particular contracts, if any. When the lease modification is not accounted for as a separate lease, the lease liability is remeasured and corresponding adjustment is made to right-of-use asset.

Payments associated with short-term leases of offices are recognised on a straight-line basis as an expense in income and expenditure. Short-term leases are leases with a lease term of 12 months or less.

The right-of-use asset is initially measured based on the initial amount of initial measurement of the lease liability adjusted for any lease payments made at or before the commencement date, plus any initial direct costs incurred and an estimate of costs to be incurred to dismantle and remove the underlying asset or to restore the underlying asset or the site on which it is located, less any lease incentive received. The right-of-use asset is depreciated on a straight line method over the lease term as this method most closely reflects the expected pattern of consumption of future economic benefits. The right-of-use asset is reduced by impairment losses, if any, and adjusted for certain remeasurements of the lease liability.

#### 2.4 Financial instruments

#### 2.4.1 Financial assets

The Company classifies its financial assets in the following categories: amortised cost, fair value through other comprehensive income and fair value through profit or loss.

#### (a) Amortised cost

Assets that are held for collection of contractual cash flows, where those cash flows represent solely payments of principal and interest, are measured at amortised cost. Interest income from these financial assets, impairment losses, foreign exchange gains and losses, and gain or loss arising on derecognition are recognised directly in income and expenditure statement.

#### (b) Fair value through other comprehensive income

Financial assets at fair value through other comprehensive income are held within a business model whose objective is achieved by both collecting contractual cash flows and selling financial assets and the contractual terms of the financial asset give rise on specified dates to cash flows that are solely payments of principal and interest on the principal amount outstanding.

#### (c) Fair value through profit or loss

Assets that do not meet the criteria for amortised cost or fair value through other comprehensive income or assets that are designated at fair value through profit or loss using the fair value option, are measured at fair value through profit or loss. A gain or loss on debt investment that is subsequently measured at fair value through profit or loss is recognised in the income and expenditure statement in the period in which it arises.

Equity instruments are measured at fair value at and subsequent to initial recognition. Changes in fair value of these financial assets are recognised in the income and expenditure statement. Dividends from such investments continue to be recognised the in income and expenditure statement when the Company's right to receive payment is established. Where an election is made to present fair value gains and losses on equity instruments in other comprehensive income there is no subsequent reclassification of fair value gains and losses to the income and expenditure statement following the derecognition of the investment.

Financial assets and liabilities are initially measured at cost, which is the fair value of the consideration given and received respectively. These financial assets and liabilities are subsequently remeasured to fair value, amortised cost or cost as the case may be. Any gain or loss on the recognition and de-recognition of the financial assets and liabilities is included in the income and expenditure statement for the period in which it arises.

Financial assets are derecognised when the Company loses control of the contractual rights that comprise the financial asset. Assets or liabilities that are not contractual in nature and that are created as a result of statutory requirements imposed by the Government are not the financial instruments of the Company.

#### 2.4.2 Financial liabilities

Financial liabilities, other than those at fair value through profit or loss, are subsequently measured at amortised cost using the effective interest method.

A financial liability is derecognised when the obligation under the liability is discharged, cancelled or expired. Where an existing financial liability is replaced by another from the same lender or substantially different terms, or the terms of an existing liability are substantially modified, such an exchange and modification is treated as a derecognition of the original liability and the recognition of a new liability, and the difference in the respective carrying amounts is recognised in the income and expenditure statement.

#### 2.4.3 Offsetting of financial assets and liabilities

A financial asset and a financial liability are offset and the net amount is reported in the statement of financial position if the Company has a legally enforceable right to set-off the recognized amounts and intends either to settle on a net basis or to realize the asset and settle the liability simultaneously. The legally enforceable right must not be contingent on future events and must be enforceable in the normal course of business and in the event of default, insolvency or bankruptcy of the Company or the counter party.

#### 2.5 Impairment

#### a) Financial assets

For financial assets, the Company recognises lifetime ECL when there has been a significant increase in credit risk since initial recognition. However, if the credit risk on the financial asset has not increased significantly since initial recognition, the Company measures the loss allowance for that financial asset at an amount equal to 12-month ECL.

The amount of ECL is updated at each reporting date to reflect changes in credit risk since initial recognition of the respective financial asset.

### b) Non-financial assets

The carrying amount of the Company's assets is reviewed at each reporting date to determine whether there is any objective evidence that an asset or group of assets may be impaired. If any such evidence exists, the asset or group of assets' recoverable amount is estimated. An impairment loss is recognized whenever the carrying amount of an asset exceeds its recoverable amount. Impairment losses are recognized in the income and expenditure statement.

#### 2.6 General fund

Funds generated by the Company through contribution from the promotors of the Company without any restriction and specific purpose or activity are classified as general fund.

#### 2.7 Deferred income

Restricted donations / zakat by donors are initially recognized as deferred income on receipt. Subsequently, they are recognized in income and expenditure statement to match the cost and expenditure incurred in respect of the same.

#### 2.8 Taxation

Under section 100C of Income Tax Ordinance, 2001, the Company is allowed a tax credit equal to one hundred percent of the tax payable including minimum tax and final taxes payable under any of the provisions thereof.

#### 2.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, balances with banks on current, deposit and savings account and short term investments with original maturity of three months or less.

#### 2.10 Trade and other payables

Trade and other payables are recognized initially at fair value plus directly attributable cost, if any, and subsequently measured at amortized cost.

#### 2.11 Income

The Company recognises its revenue on the following basis:

- Donations which are unrestricted are accounted for on receipt basis. Donations in kind are recognized at fair value determined at the time when the donations are received;
- Dividend income from investments is recognized when the Company's right to receive dividend has been established.

- Income from welfare services are recognized when the services are rendered and performance obligations are fulfilled;
- Income from sale of tickets / handicrafts is recognized when performance obligation of delivering the ticket / handicraft is fulfilled.
- Sponsorship income is recognized when performance obligation of promoting the sponsors at events is
- Income on savings bank accounts is recognized on accrual basis; and
- Income in respect of restricted donations / zakat is recognized as and when the related expenses are incurred.

#### 2.12 Expenses

All expenses are recognized in the income and expenditure statement on accrual basis.

#### 2.13 Foreign currency transactions and translation

The financial statements are presented in Pakistan Rupees which is the Company's functional currency. Transactions in foreign currencies are accounted for in Pakistan Rupees using the exchange rates prevailing at the dates of the transactions. Monetary assets and liabilities in foreign currencies are translated into Pakistan Rupees at the rates of exchange prevailing at the reporting date. Exchange gains and losses from the settlement of foreign currency transactions and translation of monetary assets and liabilities at the reporting date are included in the income and expenditure statement.

#### 3. CRITICAL ACCOUNTING ESTIMATES AND JUDGMENTS

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. The Company makes estimates and assumptions concerning the future. The resulting accounting estimates will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing material adjustment to the carrying amounts of assets and liabilities within the next financial year are as follows:

#### 3.1 **Property and equipment**

The Company reviews the appropriateness of the rate of depreciation, useful life and residual values used for recording the depreciation on an annual basis. Further, where applicable, an estimate of recoverable amount of assets is made for possible impairment on an annual basis.

#### 3.2 Right of use assets and leases liabilities

The implementation process to identify and process all relevant data associated with the leases is complex and the measurement of the right-of-use asset and lease liability is based on assumptions such as discount rates and the lease terms, including termination and renewal options. Lease payments to be made under reasonably certain extension options are also included in the measurement of the liability. The lease payments are discounted using the interest rate implicit in the lease. If that rate cannot be readily determined, which is generally the case for leases in the Company, the Company's incremental borrowing rate is used, being the rate the Company would have to pay to borrow the funds necessary to obtain an asset of similar value to the right-of-use asset in a similar economic environment with similar terms, security and conditions.

# 4. PROPERTY AND EQUIPMENT

The following is a summary of the Company's owned operating fixed assets.

	Furniture & Fixtures	Office Equipment	Vehicles	Total
		(R	upees) ·	
As at July 01, 2018				
Cost Accumulated depreciation Net book value	550,648 (162,773) 387,875	1,494,691 (541,760) 952,931	44,000 (27,610) 16,390	2,089,339 (732,143) 1,357,196
Year ended June 30, 2019				
Opening net book value Additions Depreciation charge Closing net book value	387,875 493,610 (70,069) 811,416	952,931 1,770,824 (540,636) 2,183,119	16,390 - (8,800) 7,590	1,357,196 2,264,434 (619,505) 3,002,125
As at June 30, 2019				
Cost Accumulated depreciation Net book value	1,044,258 (232,842) 811,416	3,265,515 (1,082,396) 2,183,119	44,000 (36,410) 7,590	4,353,773 (1,351,648) 3,002,125
Year ended June 30, 2020				
Opening net book value Additions Depreciation charge Closing net book value	811,416 - (104,426) 706,990	2,183,119 421,389 (701,866) 1,902,642	7,590 53,000 (15,112) 45,478	3,002,125 474,389 (821,404) 2,655,110
As at June 30, 2020				
Cost Accumulated depreciation Net book value	1,044,258 (337,268) 706,990	3,686,904 (1,784,261) 1,902,643	97,000 (51,523) 45,477	4,828,162 (2,173,052) 2,655,110
Annual rate of depreciation (%)	10%	20%	20%	

5.	RIGHT-OF-USE ASSET	2020 (Rupe	2019 <b>ees)</b>
	Year ended June 30, 2020		
	Recognition of right-of-use asset due to application of IFRS 16 (note 2.1.3)  Depreciation charge for the year	4,814,176 (1,604,725)	-
	Balance as at June 30, 2020	3,209,451	-
	As at June 30, 2020		
	Cost Accumulated depreciation Net book value	4,814,176 (1,604,725) 3,209,451	- - -
	Annual rate of depreciation (%)	33.33%	
5.1	This represent right-of-use assets recognized in relation to the building s	pace acquired on re	ental basis.
6.	LONG TERM DEPOSIT	2020 (Rupe	2019 <b>ees)</b>
	Security deposit - note 6.1	1,035,000	840,000
6.1	Represents security deposits given against rental premises.	2020	2019
7.	ADVANCES AND PREPAYMENTS	(Rupe	ees)
	Advances - considered good (unsecured)		
	- Advance to supplier - Others	210,125 15,500	350,000 61,500
	Prepayments	225,625	411,500
	- Insurance	99,018	51,667
	- Website fee	699	17,726
8.	OTHER RECEIVABLES	325,342	480,893
	Sponsorship receivable - note 8.1 Advance income tax - note 8.2	1,400,000 652,570 2,052,570	900,000 738,903 1,638,903

- 8.1 This includes receivable from Elahi Group of Companies, a related party, amounting to Rs. 100,000 (2019: Nil) which is past due but not impaired. Maximum aggregate amount outstanding in respect of this receivable at the end of any month during the year aggregated to Rs. 100,000 (2019: Nil). This receivable is outstanding for a period of more than three months but not later than six months as at the reporting date.
- This represents tax deducted / collected at source such as on bank profits, utility bills, cash withdrawal, 8.2 dividend and sponsorship etc.

_		2020	2019
9.	SHORT TERM INVESTMENTS	(Rupees	5)
	- At fair value through profit or loss		
	- Meezan Financial Planning Fund - Conservative	-	3,857,799
	- Meezan Financial Planning Fund - Moderate	-	3,294,719
	- At fair value through other comprehensive income		
	- Term deposit receipts	-	6,000,000
	- At amortized cost		
	- Term deposit receipts	16,995,742	-
		16,995,742	13,152,518
10.	CASH AND BANK BALANCES		
	Balances with banks in:		
	- Savings account - note 10.1	16,510,565	11,896,413
	- Current account	49,965	57,416
		16,560,530	11,953,829
	Cash in hand	132	45,707
		16,560,662	11,999,536
10.1	Saving accounts carry profits at 5.5% (2019: 10.25%)		

#### **GENERAL FUND** 11.

12.

This represents start-up donation contributed by promotors of the Company for setting up the Company and starting the operations, which is not restricted to any specific project of the Company.

and starting the operations, which is not restricted to any specific project of the company.			
DEFERRED INCOME	2020 (Rup	2019 <b>ees)</b>	
Movement in deferred income is as follows:		•	
Balance at beginning of the year	870,793	5,512,458	
Add: Funds / donations received during the year			
<ul> <li>- KDSP Expansion Program</li> <li>- Adult enrichment program</li> <li>- Zakat fund</li> <li>- ECI - Physical Therapy</li> <li>- Financial Aid Fund</li> <li>- Education and Training</li> <li>Less: Funds / donations utilized</li> </ul>	2,900,000 4,353,054 - 1,000,000 3,120,000 11,373,054	100,000 - - 100,000 1,810,000 47,840 2,057,840	
<ul> <li>- KDSP Expansion Program</li> <li>- Adult Enrichment Program - note 12.3</li> <li>- ECI - Physical Therapy - note 12.4</li> <li>- Financial Aid Fund - note 12.5</li> <li>- Education and Training - note 12.6</li> <li>- Zakat fund - note 12.7</li> </ul>	(706,280) (32,300) (1,500,495) (3,158,591) (677,509) (6,075,175)	(3,850,000) - (496,825) (1,019,347) (1,333,333) - (6,699,505)	
Balance at end of the year	6,168,672	870,793	

12.1	Balance at the end of the year comprise of:	2020 (Rupee:	2019 <b>s)</b>
	- Adult Enrichment Program	2,193,720	-
	- ECI - Physical Therapy	-	32,300
	- Financial Aid Fund	290,158	790,653
	- Zakat fund	3,675,545	-
	- Education and Training	9,249	47,840
		6,168,672	870,793

- 12.2 Donations received on account of Adult Enrichment Program, ECI physical therapy, Financial Aid Fund and Education and training are restricted for the purpose of expenditures as per respective donation letters.
- 12.3 The utilization of Adult Enrichment Program Funds is in respect of various recreational program costs which includes painting, art and craft materials and instructors fee amounting to Rs. 706,280 (2019: Nil).
- 12.4 The utilization of ECI therapy income is in respect of subsidy and salaries to physical therapists amounting to Rs. 32,300 (2019: Rs. 184,250) and Nil (2019: Rs. 312,575) respectively.
- 12.5 The utilization of financial aid fund is in respect of subsidy - occupational therapy, subsidy - speech therapy and scholarship to children amounting to Rs. 1,500,495 (2019: Rs. 1,019,347) respectively.
- 12.6 The utilization of education and training is in respect of education, training and therapy goods amounting to Rs. 3,158,591 (2019: Rs. 1,333,333).
- 12.7 Zakat funds are restricted for expenditure on patients who are entitled to receive Zakat under the Islamic shariah.

TRADE AND OTHER PAYABLES         Creditors       12,800       273,240         Salaries payable       2,180,796       1,285,075         EPEP & TAP security deposit - note 14.1       138,000       60,000         Withholding income tax payable       70,527       31,012			2020	2019
Non-current portion       2,063,022       -         3,633,069       -         14. TRADE AND OTHER PAYABLES         Creditors       12,800       273,240         Salaries payable       2,180,796       1,285,075         EPEP & TAP security deposit - note 14.1       138,000       60,000	13.	LEASE LIABILITY	(Rupe	ees)
TRADE AND OTHER PAYABLES         Creditors       12,800       273,240         Salaries payable       2,180,796       1,285,075         EPEP & TAP security deposit - note 14.1       138,000       60,000		Current portion	1,570,047	-
14. TRADE AND OTHER PAYABLES         Creditors       12,800       273,240         Salaries payable       2,180,796       1,285,075         EPEP & TAP security deposit - note 14.1       138,000       60,000		Non-current portion	2,063,022	-
Creditors       12,800       273,240         Salaries payable       2,180,796       1,285,075         EPEP & TAP security deposit - note 14.1       138,000       60,000			3,633,069	
Salaries payable       2,180,796       1,285,075         EPEP & TAP security deposit - note 14.1       138,000       60,000	14.	TRADE AND OTHER PAYABLES		
EPEP & TAP security deposit - note 14.1 <b>138,000</b> 60,000		Creditors	12,800	273,240
		Salaries payable	2,180,796	1,285,075
Withholding income tax payable <b>70,527</b> 31,012		EPEP & TAP security deposit - note 14.1	138,000	60,000
		Withholding income tax payable	70,527	31,012
Others <b>81,000</b> 90,000		Others	81,000	90,000
<b>2,483,123</b> 1,739,327			2,483,123	1,739,327

14.1 Includes security deposit received from the children of Early Pre-Education Program (EPEP) amounting to Rs. 108,000 (2019: 60,000) in accordance with the terms of admission refundable at the time of leaving the school. This also includes security deposit of Rs. 30,000 (2019: Nil) received from teachers on Tailor Assistant Program (TAP) which is refunded after the end of session. The amount is not utilizable for the Company's business and is not kept in a separate bank account.

#### 15. CONTINGENCIES AND COMMITMENTS

There are no contingencies and / or commitments as at June 30, 2020 (2019: Nil).

16.	INCOME FROM KDSP CARNIVAL	2020 (Rupe	2019 e <b>es)</b>
	- Sponsorship fees for carnival	8,190,000	5,700,000
	- Sale of entry tickets	1,006,700	1,058,000
	- Sale of raffle tickets	-	6,115,500
	- Donate A-Thon	10,719,999	-
	- Others - note 16.1	779,730	521,490
		20,696,429	13,394,990

**16.1** This represents income from various stalls placed at the carnival for arts and craft, food, indoor games and other recreational activities.

#### 17. THERAPY INCOME

This is net of subsidy amounting to Rs. 788,550 (2019: Rs. 781,850).

#### 18. EARLY PRE-EDUCATION PROGRAM (EPEP) FEES

This is net of subsidy amounting to Rs. 308,300 (2019: Rs. 390,000).

19.	OTHER INCOME	2020	2019
19.	OTHER INCOME	(Rupee	es)
	Income from financial assets		
	- Profit on bank accounts	1,149,060	1,044,859
	- Interest on short term investment	1,808,018	-
		2,957,078	1,044,859
20.	COST OF OPERATIONS		
	Salaries and allowances	21,652,514	10,464,493
	KDSP carnival	5,995,468	2,682,751
	Fund-raising events expense	4,837,792	5,712,935
	Repair and maintenance	520,919	4,707,176
	Utilities	1,183,930	995,228
	Travelling, conveyance and vehicle maintenance	1,185,269	149,991
	Printing, stationery and copying	633,275	670,554
	Education, training and therapy goods	542,373	2,028,292
	Workshop and consulting fee	339,495	73,500
	Computer charges	327,751	148,579
	Insurance	296,601	109,246
	Rent	24,000	1,680,000
	Depreciation	784,302	610,705
	Refreshment and entertainment	1,509,993	1,136,436
	Depreciation on right of use - asset	1,604,725	-
	Interest expense on lease liabilities	666,893	-
	KDSP family support program for healthcare and COVID-19	1,270,246	-
	Others	299,930	741,406
		43,675,476	31,911,292

21. ADMINISTRATIVE EXPENSES	2020 (Rupe	2019 es)
Salaries and allowances Repair and maintenance Travelling, conveyance and vehicle maintenance Printing, stationery and copying Refreshment and entertainment	2,536,888 924,350 135,559 138,044 633,665	1,885,505 345,800 41,700 114,303 402,261
Canteen Fees and subscription Auditor's remuneration - note 21.1 Depreciation	373,568 363,446 54,000 37,102	642,473 92,415 - 8,800
Financial charges Security Website maintenance Communication charges Others	40,302 160,640 35,910 39,603 189,353 5,662,430	71,720 95,080 32,027 - 169,993 3,902,077

21.1 Represents professional service charges paid to A.F. Ferguson & Co., external auditors, against fee for license renewal certification amounting to Rs. 54,000 (2019: Nil).

#### REMUNERATION OF CHIEF EXECUTIVE, DIRECTORS AND EXECUTIVES 22.

- No remuneration is paid to the directors and Chief Executive of the Company.
- 22.2 Remuneration paid to the key management personnel as disclosed in note 23.2, includes managerial remuneration of executives amounting to Rs.6,268,750 (2019: 2,654,733).
- 22.3 The number of directors who worked for part or whole of the year was 10 (2019: 15).
- 22.4 The number of executives who worked for part or whole of the year was 2 (2019:2).

#### 23. TRANSACTIONS WITH RELATED PARTIES

23.1 Following are the associated companies, associated undertakings and related parties with whom the Company had entered into transactions or had agreements and / or arrangements in place during the year.

Name of party	Shareholding in the Company	Relationship
Tecno Pack Industries (Private) Limited	N/A	Common Directorship
Elahi Group Of Industries	N/A	Common Directorship
JCR-VIS Credit Rating (Private)		
Limited Company	N/A	Common Directorship
Unilever Pakistan Limited	N/A	Common Directorship
Syed Fawad Ahmed	N/A	Key management personnel
Nazneen	N/A	Key management personnel
Saamia Bilal	N/A	Key management personnel
Samar Naqvi	N/A	Key management personnel
Nadia Ashiq	N/A	Key management personnel
Najma Adam	N/A	Key management personnel
Ali Ahmed Allawala	N/A	Chief Executive Officer

**23.2** Details of transactions with related parties during the year, other than those which have been disclosed elsewhere in these financial statements, are as follows:

		2020	2019
Nature of relationship	Nature of transaction	Rupees	
Key mangement personnel - (Note 22.2)	-Remuneration	8,715,158	4,616,290
	- Donation	190,000	105,825
Associated companies			
-Tecno Pack Industries (Private) Limited	Donation	108,895	1,500,000
	Sponsorship	-	250,000
-JCR-VIS Credit Rating (Private) Limited	Sponsorship	700,000	100,000
Common Directoship			
-Elahi Group of Industries	Sponsorship	100,000	-
-Unilever Pakistan Limited	Sponsorship	150,000	-

**23.3** There are no transactions with key management personnel other than under the terms of employment as disclosed in note 22.2.

24.	FINANCIAL INSTRUMENTS BY CATEGORY	2020	2019
	THANGIA HORANGER DE GALLOOK	(Rupees)	
24.1	Financial assets as per statement of financial position		
	At fair value through profit or loss - Short term investments	-	7,152,518
	At fair value through other comprehensive income - Short term investments	-	6,000,000
	At amortized cost		
	- Long term deposit - Short term investments	1,035,000 16,995,742	840,000
	- Cash and bank balances - Other receivable	16,560,662 1,400,000	11,999,536 900,000
	Guier reservable	35,991,404	26,892,054
24.2	Financial liabilities as per statement of financial position		
	At amortized cost		
	- Trade and other payables	2,412,596	1,708,315
	- Lease liability	3,633,069 6,045,665	1,708,315
	——————————————————————————————————————		

#### 24.3 Fair value of financial assets and liabilities

Fair value is the amount for which an asset could be exchanged, or a liability settled, between knowledgeable willing parties in an arm's length transaction. The carrying values of all financial assets and liabilities reflected in these financial statements approximate their fair values.

The table below analyses financial instruments carried at fair value by valuation method. The different levels have been defined as follows:

- Quoted prices (unadjusted) in active markets for identical assets or liabilities (level 1);
- Inputs other than quoted prices included within level 1 that are observable for the asset or liability, either directly (i.e. as prices) or indirectly (i.e. derived from prices) (level 2); and
- Inputs for the asset or liability that are not based on observable market data (level 3).

#### 25. FINANCIAL RISK MANAGEMENT OBJECTIVES AND POLICIES

The Company's activities expose it to a variety of financial risks including market risk (currency risk, interest rate risk and other price risk), credit risk and liquidity risk. The Board of Directors has overall responsibility for the establishment and oversight of Company's risk management framework. The Board of Directors is also responsible for developing and monitoring the Company's risk management policies.

#### a) Market risk

Market risk is the risk that the value of the financial instrument may fluctuate as a result of changes in market interest rates, foreign exchange rates or the equity prices due to a change in credit rating of the issuer or the instrument, change in market sentiments, speculative activities, supply and demand of securities and liquidity in the market. There has been no change to the Company's exposure to market risk or the manner in which these risk are managed and measured.

#### i) Currency risk

Currency risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in foreign exchange rates. The Company has no significant currency risk on assets and obligations therefore, the Company's income and operating cash flows are substantially independent of changes in foreign exchange rates.

#### ii) Interest rate risk

Interest rate risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market interest rates.

The Company analyses its interest rates exposures on a regular basis by monitoring existing return on investment against prevailing market interest rate and taking into account various other investing options available. As at June 30, 2020, the Company is not carrying any interest based investments at fair value therefore, the Company's income and operating cash flows are substantially independent of changes in market interest rates.

# iii) Other price risk

Other price risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices (other than those arising from currency risk or interest rate risk), whether those changes are caused by factors specific to the individual financial instrument or its issuer, or factors affecting all similar financial instruments traded in the market. As at June 30, 2020, the company has no investments which are exposed to price risk due to any changes in market prices.

#### b) Credit risk

Credit risk represents the risk of financial loss being caused if counter party fails to discharge an obligation.

Credit risk arises from deposits with banks and financial institutions, loans and deposits. The credit risk on liquid funds is limited because the counter parties are banks with reasonably high credit ratings. The maximum exposure to credit risk is equal to the carrying amount of financial assets.

The Company monitors the credit quality of its financial assets with reference to historical performance of such assets and available external credit ratings. The carrying values of financial assets which are neither past due nor impaired are as under:

	2020	2019
	(Rupees)	
- Long term deposit	1,035,000	840,000
- Bank balances	16,560,530	11,953,829
- Short term investment	16,995,742	_
	34,591,272	12,793,829

The carrying values of financial assets which are past due but not impaired are as under:

	2020	2019		
	(Rupees	(Rupees)		
- Other receivable	1,400,000	900,000		

The credit quality of receivables can be assessed with reference to their historical performance with no or negligible defaults in recent history. The credit quality of Company's bank balances can be assessed with reference to external credit ratings as follows:

Bank	Rating	Ra	Rating		
	agency	Short term	Long term		
Habib Bank Limited	JCR-VIS	A-1+	AAA		
Bank Al-Habib Limited	PACRA	A-1+	AA+		

# c) Liquidity risk

Liquidity risk represents the risk that the Company will encounter difficulties in meeting obligations associated with financial liabilities. The Company's liquidity management involves maintaining sufficient cash, projecting cash flows and considering the level of liquid assets necessary to meet these.

The table below analyses the Company's financial liabilities into relevant maturity groupings based on the remaining contractual maturities at the reporting date. The amounts disclosed in the table are the contractual undiscounted cash flows:

	June 30, 2020		June 30, 2019			
	Maturity upto 1 year	Maturity after 1 year	Total	Maturity upto 1 year	Maturity after 1 year	Total
			(Rup	ees)		
Trade and other payables	2,412,596	-	2,412,596	1,708,315	-	1,708,315
Lease liabilities	1,570,047	2,063,022	3,633,069	-	-	-
	3,982,643	2,063,022	6,045,665	1,708,315	-	1,708,315

#### 26. **CAPITAL RISK MANAGEMENT**

The objective of the Company when managing capital is to safeguard its ability to continue as a going concern. The Company manages its capital structure and makes adjustment to it in the light of changes in economic conditions.

The Company determines its gearing ratio based on debt liability as divided by its total capital. However, as of the balance sheet date, the Company's capital structure is not geared.

		2020	2019
27.	NUMBER OF EMPLOYEES		
	Number of employees as at June 30	42	36
	Average number of employees during the year	41	27

#### 28. **CORRESPONDING FIGURES**

Corresponding figures have been re-arranged and re-classified, wherever necessary, for the purpose of comparison and better presentation, the effects of which are not material.

#### 29. **DATE OF AUTHORIZATION**

These financial statements were authorized for issue on \_\_\_\_\_\_\_ by the Board of Directors of the Company.

**Chief Executive Officer** 

**Director** 



# **Get Involved**



# **Stronger Together**

# **Volunteer Program**

Throughout the year, we need volunteers to donate their time and energy to promote our mission through various projects and events. Our volunteering program will allow you the opportunity to contribute in activities of your interest. If you would like to be an advocate with us, please fill out the form below to keep updated on our events, seminar, workshops, fundraising activities and other ways to help out and make a difference in the lives of people with Down syndrome!

www.kdsp.org.pk/getinvolved/volunteer-form

# **Internship Program**

During summers and winters, we require interns to dedicate their time and energy to promote our mission through various projects and events. Our internship program will give you the opportunity to contribute in areas of your interest. If you would like to intern with us, please keep an eye out for applications for both internship seasons or write to us at info@kdsp.org.pk for more information.

# **Careers**

KDSP is guided by the leadership of a competent and dedicated group of professionals. We are an equal opportunity employer. All applicants, irrespective of their gender, religion, ethnicity or disability are encouraged to apply.

For vacancies, please visit the Careers page on our Website: www.kdsp.org.pk/getinvolved/careers

# **Sponsorships**

KDSP offers the opportunity to sponsor several of its programs and provides avenues to increase the visibility of your company. We offer a range of sponsorship packages, including visibility in our publications and at our events, disseminating promotional material and recognition on our social media.

If you are interested in knowing more about sponsorship opportunities at KDSP, write to us at fundraising@kdsp.org.pk

#### **Donations and Zakat Contributions**

KDSP offers its services to individuals with Down syndrome and their families at highly subsidized rates whereas the financial resources required to provide high quality services stand much higher. Your generous Donations and Zakat contributions through the following ways can support KDSP in bridging this gap:

# 1 Cash or Cash Cheque

Donations and Zakat contributions in the form of Cash or Cash Cheque can be given by hand to our Fundraising representative at the KDSP office.

# 2 Crossed Cheque

Crossed Cheque for Donations and Zakat contributions can be developed in the name of "Karachi Down Syndrome Program" and dispatched to the KDSP office (addressed to Fundraising team) or picked up from desired location within Karachi.

# 3 Direct Bank Transfer

Transfer your Donations and Zakat contributions to the relevant KDSP bank accounts:

#### **Donations Bank Account**

#### **Account Title:**

Karachi Down Syndrome Program

#### **Bank Name**

Bank Al Habib Limited

#### **Bank Branch**

Citi Tower Branch

#### **Account Number**

1088-0081-003932-01-6

#### **IBAN**

PK53 BAHL 1088 0081 0039 3201

#### **Swift Code**

**BAHL PKKA** 

#### **Zakat Bank Account**

#### **Account Title:**

Karachi Down Syndrome Program

#### **Bank Name**

Bank Al Habib Limited

#### **Bank Branch**

Citi Tower Branch

#### **Account Number**

1088-0081-003932-04-9

#### **IBAN**

PK53 BAHL 1088 0081 0039 3204

# **Swift Code**

**BAHL PKKA** 

#### 4 Online Transfer

Give your Donations and Zakat contributions with your Debit/Credit Card (Visa or Mastercard) using the HBL Secure Payment Portal on the KDSP Website. Please visit:

https://www.kdsp.org.pk/get-involved/donation/online-donation

#### **Please Note**

- Donations are exempt from Income Tax
- · Donations and Zakat contributions can be made in full or partial form (frequency as per Donor's wish)
- For 3 and 4, once your transaction is complete, please notify the Fundraising Team by sending a screenshot via WhatsApp to 0315-3300033 or e-mailing at fundraising@kdsp.org.pk



# YOUR PROTECTION, OUR PRIORITY!





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Hygiene Partner

