



Newsletter

January-June 2024





Impact Statistics



184 New Individuals Registered
101 People availing Family Network services
27 Family Support Group session conducted



307 Children benefited through Healthcare



363 Individuals made aware through Awareness Sessions



74 Children benefited through Early Pre-School Experience Program, Tailored-Assistance Program, Program for Inclusive Education



98 Children and Adults benefitted from Skills Development



300+ Children benefitted from weekly Early Childhood Intervention therapy sessions





Family Support



Impact Stats:



- Family Network expanded to 2215 families
 - 154 new families facilitated through family first contact meetings
 - 78 new parents and caregivers facilitated through Humrahi program Down syndrome
 - 6 monthly family support group sessions were conducted on a variety of topics for caretakers of individuals with Down syndrome
 - 18 emotional support group sessions were conducted for parents of our Early Preschool Experience Program (EPEP), Tailored Assistance Program (TAP) and Education for Life (EFL) students.
 - 150+ check in calls were made to registered families of our family network.
- 

KDSP continued to offer informational support to parents and caregivers via monthly Family Support Group sessions on a variety of topics:

January:

Importance of Health Screening for Individuals with Down syndrome

February:

Behavior Management in Children with Down syndrome

March:

Power of Research Based Therapy for Children with Down syndrome
(Islamabad Chapter)

April:

Importance of Keeping a Consistent Routine of Children with Down syndrome
(Head Office)



May:

Summer Learning Plan for Children with Down syndrome (Head Office)
Managing Common Health Issues in Children with Down syndrome (Islamabad Chapter)





Year-End Humrahi Supervision Session and Meetup

Humrahi is a program that aims to connect new families of individuals with Down syndrome who enroll at KDSP to another experienced family within the KDSP Family Network in order to receive emotional and informational support. We distributed certificates to all the Humrahis to appreciate their valuable contributions and proudly celebrated the top 3 of them with special gift vouchers for their outstanding performance.



Closing of Emotional Support Group Sessions for all the programs, EPEP, TAP and EFL

Our Emotional Support Groups for parents started back in August, 2023. We closed these sessions for all groups in May, 2024. Sara Dawood, head of brands and communication at TPL conducted this session.

Date:

- 14th May: EFL Closing
- 15th May: EPEP Closing
- 23rd May: TAP Closing





Awareness



Awareness Sessions and Visits to KDSP

We also had the honor of welcoming various organizations at our office for collaborations and other engagement activities. We express our gratitude for these organizations who have come to join our cause and have chosen to become a part of our mission to make the world a more inclusive and better place.



German Consulate Visits KDSP



Cricketers Rumman Raees and Javeria Visits KDSP



Meezan Bank Visit KDSP



CEO Emaar Mr Sohail Hanif Visit KDSP



Salaam Takaful Visits KDSP

Kiva Square

We collaborated with Kiva School for their wellbeing festival organized to engage people in wellbeing sessions, nature, art, meditation and a panel discussion on Autism and Down syndrome 'choonay se nahi lagta' to foster inclusivity and acceptance hosting over 1500 people.



KDSP Carnival 2024

We organized our annual all-inclusive carnival on 28th January 2024, that attracted over 7000+ people who came together irrespective of their differences to celebrate their differences and participate in activities including in house games, crafters market and top of the line food options

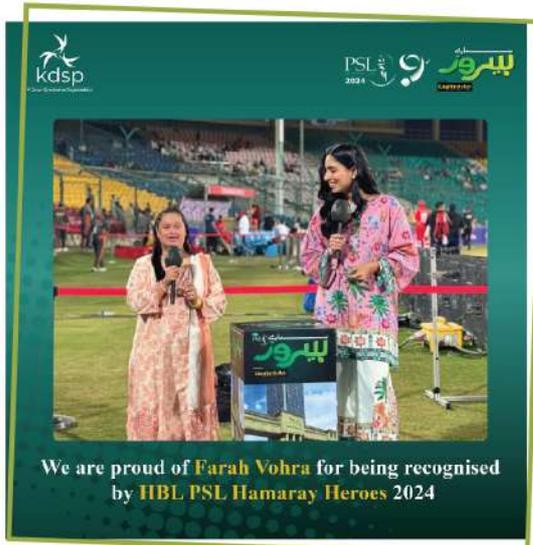


KDSP participated in a guest speaker session at LUMS titled Enhancing Inclusion: Exploring Autism and Disability

The session provided a platform to discuss various ways in which organizations can promote inclusive education and create workplaces that are welcoming to people with disabilities.

Farah received an award for PSL Humaray Heroes Campaign

Farah Vohra our skills facilitator is a distinguished special Olympics swimming champion who carried the torch for the Asia Pacific World Games 2011 as she got honored by HBL PSL Humaray Heroes.



KDSP 10 Year Anniversary Ceremony



Organized an in-house event to celebrate 10 years of KDSP with the incredible team that works day in and day out to achieve our aim and vision for the growth of KDSP over the years, catering to an increasing number of individuals with Down syndrome.



Celebrating World Down Syndrome Day

For this year's World Down syndrome Day, we engaged in a series of collaborative events. These activities included an iftar party hosted by Artistic Milliners, a plantation drive with Yunus Textiles and an awareness session followed by a painting activity with representatives from Salam Takaful



On the occasion of World Down syndrome Day on March 21st, students of our Early Preschool Experience Program (EPEP) celebrated with their Mothers. The students and their mothers participated in various activities together, including making garlands, creating art, and engaging in sensory activities with fresh flowers.





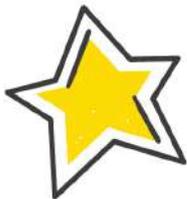
Appreciation award for KDSP from Lucky One

Our CEO Tabish Shahzad received an appreciation award for KDSP's work



KDSP receives Certificate of Recognition

The Co-founder and Director of KDSP, Ali Allawala had the honour of receiving a recognition award for KDSP's impactful work from the former president Dr. Arif Alvi and first lady Mrs Samina Alvi.





Healthcare



Highlights

- 3 free of cost eye camp with LRBT including an eye camp for EFL, 60+ individuals benefitted
- 3 free of cost hearing Camp with Dr Hina Hearing Institute, 100+ individuals benefitted
- Nourishing possibilities: An informational session on nutrition for individuals with Down syndrome - conducted in collaboration with Essa Labs in June 2024
- In observance of World Hearing Day, the Healthcare department collaborated with Dr. Hina Hearing Institute in March to organize a successful health camp, as well as an awareness session. The event aimed to raise awareness about hearing health and provide accessible care to those in need, with 45+ individuals benefiting from the camp.

Stats

1. 78 healthcare cases sponsored, including 5 life-saving surgeries and medical procedures & 73 medicines and equipment sponsored.
2. 400+ individuals benefitted



Collaborations and Partnerships

1. Renewal of MoU with Essa Labs, January 2024
2. Renewal of MoU with College of Speech Language and Hearing Sciences at Ziauddin Hospital, January 2024
3. Collaboration with Sambros Hospital, May 2024
4. MoU signing with Sindlab, June 2024



Skills Development



Impact Stats:

| | | |
|---------------------------|---|---------|
| # of individuals enrolled | Individuals with DS (unique) | 196 |
| | EFL | 17 |
| | Vocational Programs | 91 |
| | Hobby Building | 128 |
| | Employment | 6 |
| # of running programs | Total running programs (without overlaps) | 26 |
| Products Sold | Quantity | 2622 |
| | Amount | 3519390 |
| | Number of Crafters | 65 |

Education for Life at Bazil Siddiqui Shaheed Taekwondo Championship

Education for Life students Azeem, Lamia and Zikra participated in Bazil Siddiqui Shaheed Taekwondo championship held at Muhammad Siddique Memon Scouts Sports Gymnasium. All of them won a position.



Field Trip at Giggle Town - Organized by Sharmila Faruqui

Sharmila Faruqui organized a field trip at Giggle Town for KDSP students. Around 50 students with their parents participated in the field trip and had loads of fun doing fun activities including ball pit, water sports and delicious food.



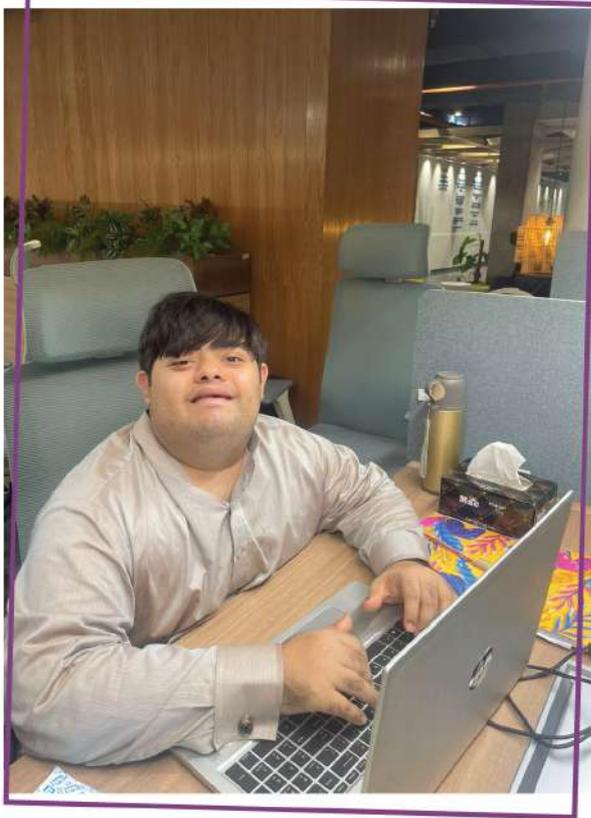
AKU Swimming Training

On 10th June, KDSP in collaboration with Aga Khan University Hospital started 4 weeks Swimming Training at AKU Sports and Rehabilitation Centre. Around 16 students from KDSP participated in the training and learnt basics of swimming.



Education for Life Internship at PKIC

Taha Iftikhar from KDSP's Education for Life program started his 6 weeks internship at Pakistan-Kuwait Investment Company (PKIC). In this internship, Taha was responsible to perform data entry and filing related tasks for PKIC's HR department. During the internship period, Taha was provided with constant mentorship and support from PKIC's team.



Connect Hear Career Fair

KDSP had a stall at the Connect Hear career fair for persons with disabilities, at IBA, providing our students with the opportunity to interact with various organizations and explore potential career paths





Rangon ki Lehr

Volume II

Art Exhibition at VM Art Gallery

An Art Exhibition by KDSP launched at VM Art Gallery on 26th April as a closed ceremony. The exhibition continued till 4th May, 2024 and was met with overwhelming sense of appreciation. We are grateful to our supporters including VM Art Gallery, Faysal bank, Bachaa Party, Dr June Kuncoro, Consulate General — Indonesia, Former First Lady of Pakistan Mrs Samina Alvi, and many more who visited the exhibition and appreciated our young artists and our cause.

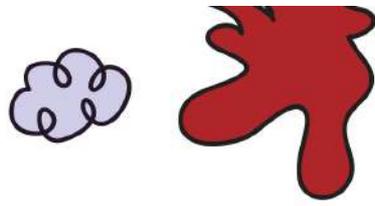


Rangon ki Lehr - Art Exhibition at Studio Seven

We are grateful for our supporters like Mr. Hattori Masaru Consulate General – Japan, Mr. Riyaz Chinoy and others who appreciated and supported the cause.



Lehr by KDSP



Lehr at Bohemian

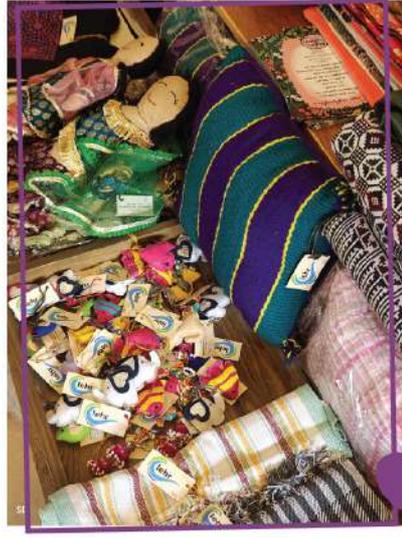


Lehr by KDSP participated in Bohemian, 2024 held at Beach Luxury. The handicrafts made by Crafters at KDSP was appreciated and met with much love at the exhibition.



Lehr at Pith

Lehr by KDSP started their official collaboration at Pith Home and Fashion. The products showcased at the store depicts the incredible talent of KDSP's Crafters with Down Syndrome. All returns from this collaboration and products sold will be given back to these individuals.



The Commons Karachi

Lehr by KDSP participated in The Commons Karachi Chaand Market. The crafters' products were received with overwhelming response and appreciated throughout the two days span.



Lehr by KDSP at Kayal



Lehr by KDSP started their official collaboration at Kayal Store - Islamabad. The products showcased at the store depicts the incredible talent of KDSP's Crafters with Down Syndrome. All returns from this collaboration and products sold will be given back to these individuals. Our approach is to explore and reconstruct creative boundaries in order to elevate the experience of commerce with art, fashion, culture, music and food.



Lehr Pop-Up at HBL Plaza

Lehr by KDSP put up a pop-up stall at HBL Plaza. The arts and craft products made by Crafters at KDSP were greatly appreciated by the audience and employees at the plaza.



Education



Stats

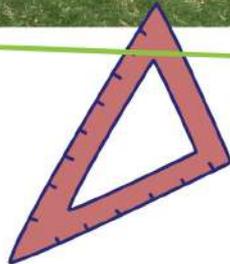
1. EPEP: 31 students graduated from the Early Pre-School Experience Program between January and July making the total number of EPEP graduates 114
2. PIE: Since inception 98 individuals attended mainstream schools
3. TAP: 41 individuals have benefited till date from our Tailored Assistance Program

Participation in Elixir School Sports Event:

Our TAP students participated in a sports event arranged by Elixir School. They participated in the races; relay, flat, and obstacle course. The students represented the cause of KDSP and promoted inclusion



ell



Visit to Lincoln Corner

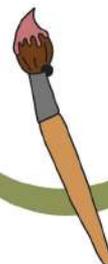


TAP students were invited to Lincoln Corner along with people from Dar-ul-Sukoon. The event comprised of an awareness session on Down syndrome, the students also engaged in fun games, a painting session. The overall aim and purpose of the session was to break stereotypes regarding Down syndrome and promote inclusion and acceptance.



Graduation of our Early Preschool Experience Program

On May 25th, the Early Pre-School Experience Program celebrated its graduation ceremony at Lincoln Corners. The young graduates in self-stamped matching shirts received certificates and goodies from the Bachaa Party. We are thankful to Bachaa Party and Lincoln Corners for their support.



Early Childhood Intervention

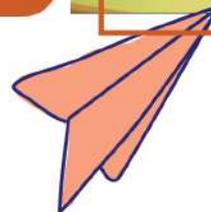
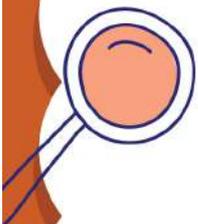


Highlights

- Meet & Greet with CEO: 20+ parents joined us for an open discussion over tea, sharing concerns, queries and suggestions about our programs. The session provided a valuable opportunity for collaboration and feedback, helping to identify areas of improvement within our programs.
- The Physical Therapy (PT) department has created informative videos for parents, guiding them on child development and home exercises. These videos cover topics like gross motor skills, muscular strength, balance, and coordination, aiming to educate and empower parents. The PT team is dedicated to promoting healthy growth and development in children.
- In February, ECI transitioned to a fully digital documentation system on Google Drive and adopted the UHF system from a leading IT provider in Pakistan. These upgrades have streamlined processes, enhanced efficiency, centralized information, and improved productivity and client care with real-time updates and accurate record-keeping.

Stats

1. 292 children benefitted from therapies
2. 236 currently taking therapies
3. 470+ therapy sessions scheduled weekly
4. 140+ home plans and one-time guidance call's given (to those children who are on our waitlist)



Resource Mobilization

KDSP Golf Tournament 2024

The Annual KDSP Golf Tournament presented by Candyland took place on January 7, 2024, uniting seasoned golfers in support of inclusion for individuals with Down syndrome at KDSP. We were deeply honored to host our Guests of Honor, Mr. Humza Tabani, Mr. Nusair Teli, Mr. Ahmed Ismail and Mr. Yaqoob Ahmed. Additionally, former President Mr. Arif Alvi and various celebrities graced the event with their presence and participated in the tournament. We are grateful to all our partners for their generous support. Our KDSP crafters shop, Lehr, also had a stall, adding to the excitement of the day.



Zero Project Conference

KDSP Education programs won the Zero Project Award 2024, recognized for removing barriers for persons with disabilities in the fields of Inclusive Education, and ICT. KDSP's CEO and Head of Education represented KDSP educational program at the Zero Conference held in Vienna.



Winter Soiree with Friends Of KDSP

KDSP's supporters gathered for a lively Winter Soiree featuring a fundraising dinner and rocking entertainment. The evening, emceed by Faizan Haqqee, concluded with an electrifying concert by the renowned Noori Band.



Zakat Campaign

KDSP's Zakat campaign ran throughout the holy month of Ramzan to collect Zakat for individuals with Down syndrome. We encouraged individuals to give their Zakat to KDSP to help us build an inclusive society in which individuals with Down syndrome have the opportunity to flourish.



In addition, we appeared on Ramzan shows and conducted sessions in corporate sector, to spread awareness about the cause and appeal for support.



We were honored to conduct awareness sessions at Crescent and Xloop in the spirit of World Down Syndrome Day. We deeply appreciate organization who make the efforts to promote inclusion in their workplaces.



Our team was invited by the Turkish Consulate for an Iftar and Eidi distribution program this Ramzan. We thank the Turkish Consulate for inviting us to celebrate the eid joy together.





Islamabad Chapter

Commencement of KDSP- Islamabad Chapter Operations

KDSP's Islamabad facility marked the beginning of our full-fledged operations in the region. The launch of the Islamabad Chapter signifies the introduction of tailored therapy sessions complemented by comprehensive family support services. Our team of experienced therapists offers a range of interventions, including speech therapy, occupational therapy, and physical therapy, to support individuals in reaching their full potential.



HEALTHCARE PARTNERS

- A V HEARING AIDS
- Al- Shifa Trust Eye Hospital
- Excel Labs
- HM Diagnostics & Clinics
- IDC Labs
- Polyclinic Hospital (Started Down Syndrome Developmental Clinic at Polyclinic Hospital)



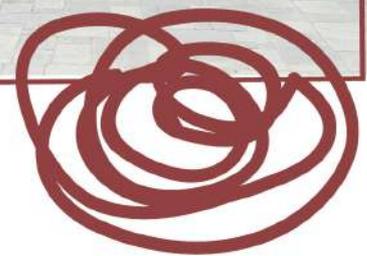
Family Informational Support Groups

KDSP hosted its inaugural informational family support group session focusing on the importance of Research based therapy in the development of children with down syndrome. This session provided families with valuable insights into the benefits of therapy interventions, strategies for incorporating therapy into daily routines, and guidance on advocating for therapy services. The interactive nature of the session encouraged sharing of experiences and fostered a supportive network among families facing similar challenges.



Dental and Hearing Camp

The Dental Screening Camp was conducted by Pakistan Association of Dental Students. This initiative aimed to address the unique dental health needs of these children and provide essential dental care and education to their families and caregivers. The Hearing Screening camp was conducted by our Healthcare Partner AV Hearing Aids in Islamabad.





Visit by DG Special Education

The Director General of Special Education and his team recently visited KDSP- Islamabad Chapter. This visit underscored the importance of collaboration between governmental bodies and specialized organizations to enhance the quality of services and support for individuals with Down syndrome.





Azeem Nadeem



Eman Arif



Zikra Ibrahim



Taha Iftikhar



Fahad Saeed



Hassan Mirza



Sara Javed



Muneeb Irfan



Rifah Rehmutullah



Bilal Sohail



Ayaan Ali Soomro



Zainab Manzoor



Ali Saffan



Masooma Batool



Anas Durrani



Zara Muhammad



Amatullah Saifudin



Lamia Rabbani



Ayaan Imran



Xunaira Babar



Hassan Mansoor



Saadia Muzammil



Fariha Hassan



Ahmed Kaleem



Danish Wali



Hussain Ali Kalabi



Aflah Ahmed



Areeba Ishfaq



Ali Abbas



Abdul Hadi Rehman



Abiha Amir



Muhammad Mujtaba



Eshaal Hammad



Hafsa Wajid



THANKYOU

KDSP Carnival 2024

We are very grateful for the support from our partners for helping us execute a carnival full of joy

Title Partner



Platinum Partners



Gold Partners



Silver Partners



Ice-cream Partner



Tea Partner



Beverage Partner



Snack Partner



Banner Partners



Gift Bags Partners



KDSP Golf Tournament 2024

We are grateful to all our partners for their unwavering support towards a wonderful tournament

Title Partner



Platinum Partners



Gold Partners



Silver Partners



Hole-in-One Partners



Lunch Partner



Beverage Partner



Coffee Partner



Tea Partner



Ice-cream Partner



Media Partner



Golfers' Lucky Draw Partner



Apparel Partner



Event Partners



Gift Partners



Giveaway Partners

