



KDSP Donation Prospectus 2020 - 2021

"A company set up under section 42 of the Companies Ordinance, 1984."



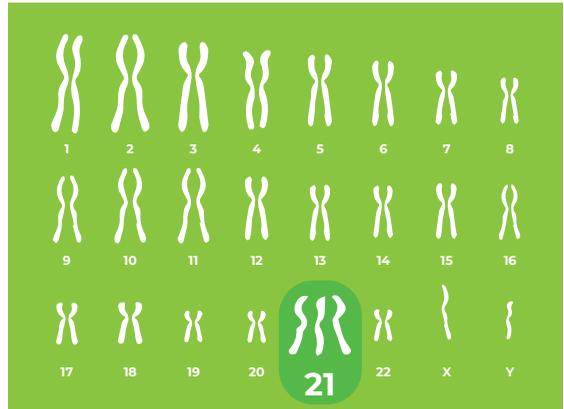
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What is Down Syndrome?

Down syndrome is a genetic condition which occurs when an individual has a full or partial, extra copy of chromosome 21. This additional genetic material alters the course of physical and intellectual development. A few of the common physical traits of Down syndrome are low muscle tone, small stature, an upward slant to the eyes, and a single deep crease across the center of the palm – although each person with Down syndrome is a unique individual and may possess these characteristics to different degrees, or not at all. Down syndrome can be found in people of all ages, race and economic backgrounds.

About 1 out of every 700 babies born in the world has Down syndrome.



About KDSP

The Karachi Down Syndrome Program (KDSP), a non-profit organization, was launched in March 2014 by a group of concerned parents and passionate individuals who realized that a need for a platform for those with Down syndrome was evident since the support and resources available to them locally were very limited. KDSP was formed with the goal to advocate the value, acceptance and inclusion of people with Down syndrome living in Karachi and to provide them with the opportunity to lead independent and fulfilling lives.

Mission

The mission of KDSP is to be the foremost organization in Karachi for information, networking, and advocacy for and about Down syndrome, by people with Down syndrome and their families, educators, healthcare professional, and the community-at-large.

Vision

KDSP envisions a world in which all people with Down syndrome are accepted, included and are given the opportunity to enhance their quality of life, realize their life aspirations and become valued members of welcoming communities.

Areas of Service



Early Childhood Intervention

Providing speech-language therapy, occupational therapy and physical therapy to children with Down syndrome to help them achieve their developmental milestones timely



Healthcare

Facilitating access to subsidized cost, high quality healthcare services by partnering with leading healthcare organizations such as the Aga Khan University Hospital (AKUH)



Education and Training

Providing children with Down syndrome access to mainstream education by inculcating school readiness and fostering inclusion at mainstream partner schools



Enrichment and Skills Development

Hosting vocational training and enrichment programs for social, physical and intellectual development and financial independence of individuals with Down syndrome



Family Support

Providing informational, emotional and financial support to parents and caregivers of individuals with Down syndrome to help them raise an independent child



Awareness

Promoting inclusion of individuals with Down syndrome in society through campaigns, sensitization sessions, events and publications.

Board of Directors

KDSP is guided by the leadership of a competent and dedicated group of parents and professionals.



Chaudhary Adeel Rasheed
Director & Chairman



Ali Allawala
Co-Founder,
Director & CEO



Farzeen Ali
Co-Founder &
Director



Danish Elahi
Director



Dr. Salman Kirmani
Director



Hamidah Walli
Director



Javeria Siddiqui
Director



Nasira Faiz
Director



Syed Fawad Ahmed
Director

Message from our CEO



Dear Supporters,

Since its inception, KDSP and its family network have continued to grow exponentially – from 10 hopeful families in 2014 to approximately **1000 currently engaged ones**. This has only been possible by caring and generous supporters who have remained committed to enrich and transform the lives of individuals with Down syndrome.

In order to advance our mission of creating a society in which all people with Down syndrome are accepted, included and given an opportunity to become valued members of the community, I request you to continue supporting us generously through your donations. With your support, KDSP will be able to turn many dreams of individuals with Down syndrome and their families into reality.

With utmost gratitude,

Ali Allawala

Ali Allawala
Co-founder, Director & CEO
Karachi Down Syndrome Program (KDSP)

Early Childhood Intervention - A Foundation

'As a result of taking therapy sessions at KDSP, Sanallah began to walk at 18 months, could now feed himself with a spoon, call out his siblings names and run in circles around me. I can now envision a brighter and stronger future for him.'

– Mother of Sanallah Feroz



Children with Down syndrome experience delays in achieving their developmental milestones. Early Childhood Intervention enhances their chance at achieving key developmental milestones in a timely manner through speech-language therapy, occupational therapy and physical therapy. The therapy sessions are offered at KDSP by professionals with a breadth of experience and knowledge and run from Monday to Saturday, 9:00 am to 5:30 pm, for children aged 0-7 years.



Impact

340+

therapy sessions
scheduled weekly

Donation options



Support therapy
sessions for one
Child for one month

Rs. 26,000



Support therapy
sessions for one
Child for one year

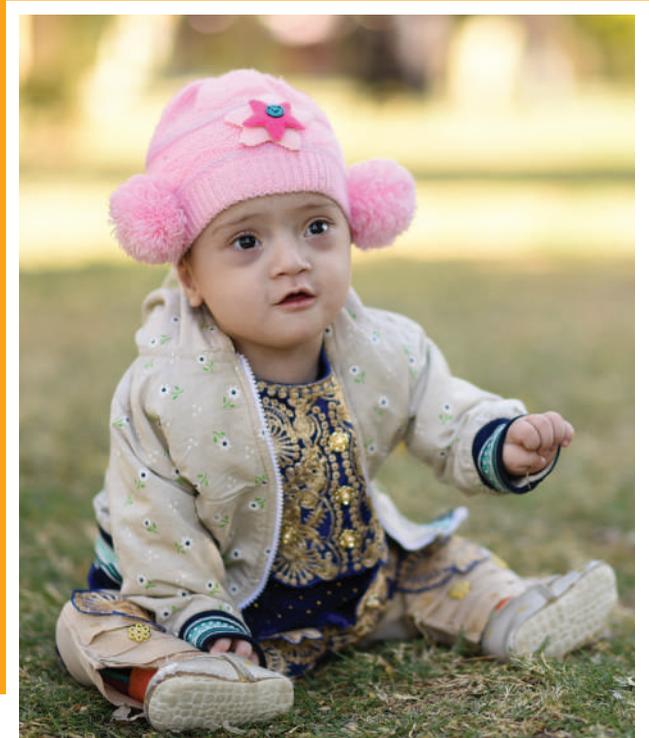
Rs. 312,000

Note: The average cost of each therapy session is Rs. 2,000

Healthcare - Specialized and Quality Care

'Mannat has recurring pneumonia which causes difficulty in breathing for her. Through KDSP's referral, she is always facilitated at the Aga Khan Hospital and given all the possible healthcare support. KDSP has changed our lives for the better.'

- Mother of Mannat Meer



Children with Down syndrome have additional healthcare needs which require specialized medical attention and support which is not affordable for most families. KDSP facilitates access to high quality subsidized cost healthcare by partnering with leading healthcare organizations such as the Aga Khan University Hospital (AKUH) and The Indus Hospital (TIH). At AKUH, the Down Syndrome Clinic is a one stop health-care solution for individuals with Down syndrome with multiple qualified pediatric specialists with whom they can consult. AKUH also facilitates children with Down syndrome who require surgeries. Furthermore, KDSP runs Developmental Pediatrics Consulting Clinic for individuals with Down syndrome to create plans for their behavior, learning and overall development.



Impact

313+

referrals of
Children to
benefit from
quality subsidized
healthcare

7

surgeries
facilitated

Donation option



Support a Child's surgery e.g. heart
surgery of a Child with Ventricular
Septal Defect (VSD)

Rs. 500,000

Note: The surgery cost has been provided as a reference – Donor's contribution can vary.

Education and Training - The Way Forward

**'Through KDSP's Early
Preschool Program,
Memoona learned to
socialize and interact with
people around her and we
got the confidence to enroll
her in a mainstream school.'**

- Father of Memoona Zain



Children with Down syndrome thrive in mainstream schools however inclusive education in Pakistan is far from being a reality. KDSP paves the road to inclusive education through various programs including the Early Preschool Program – inculcating school readiness in toddlers with Down syndrome aged 1.5-3 years; the Inclusive Education Program - partnering with mainstream schools to foster inclusion of children with Down syndrome aged 2.5+ years; the Remedial Education Programs – teaching basic academic and life skills to children aged 8+ years and the Teacher Training Program – providing teachers, parents and allied professionals with the knowledge and practical skills required to work with children with Down syndrome in inclusive settings.



Impact

110
Children benefited from Education programs (preschool, mainstream schools, after-school and home school)

15
Partner Schools

115
Teachers trained for inclusive education

Donation options



Support Education for one Child for one month

Rs. 40,000



Support Education for one Child for one year

Rs. 480,000



Support Remedial Education for one Child for one month

Rs. 20,000



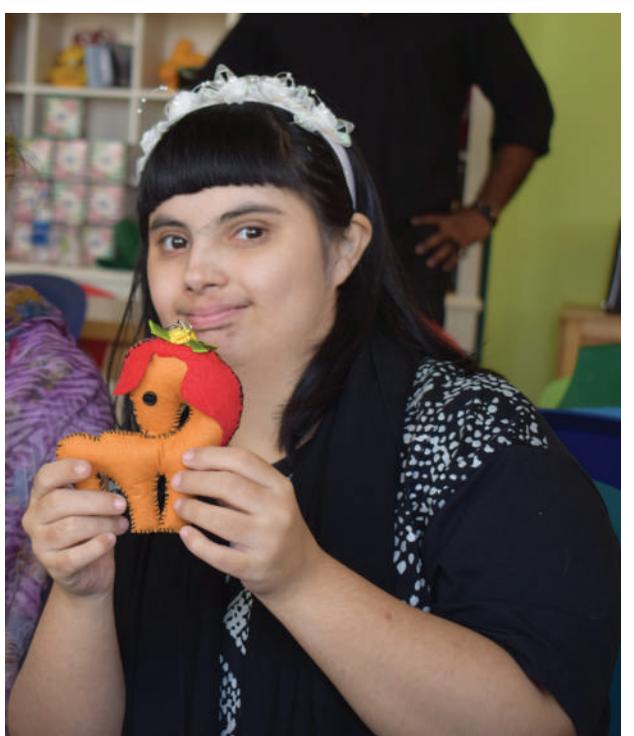
Support Remedial Education for one Child for one year

Rs. 240,000

Enrichment and Skills Development – Skill and Hobby Building

‘Being part of KDSP’s Enrichment and Skills Development Programs gave Fatimeh a lot of hope, motivation and sense and empowerment. She enjoys Yoga classes because of the music that plays in the background along with the exercises, whilst in the Arts and Crafts class she has grown to love stitching and making key chains.’

- Mother of Fatimeh Shirazi



True to its vision of helping people with Down syndrome lead fulfilling lives and in light of the nearly negligible opportunities available to them, KDSP runs several enrichment and skills development programs designed to aid the social, physical and intellectual development and financial independence of Children and Adults with Down syndrome belonging to all age groups. These Programs are divided into Living Skills such as Music and Movement, Yoga and Vegetable Planting and Vocational Skills which include Arts and Crafts and Block Printing to name a few.



Impact

405+

Children and Adults with Down syndrome benefited from Enrichment and Skills Development Programs

13

Enrichment and Skills Development Programs

Donation options



Support Living and Vocational Skills Training for one Child/Adult for one month

Rs. 19,500



Support Living and Vocational Skills Training for one Child/Adult for one year

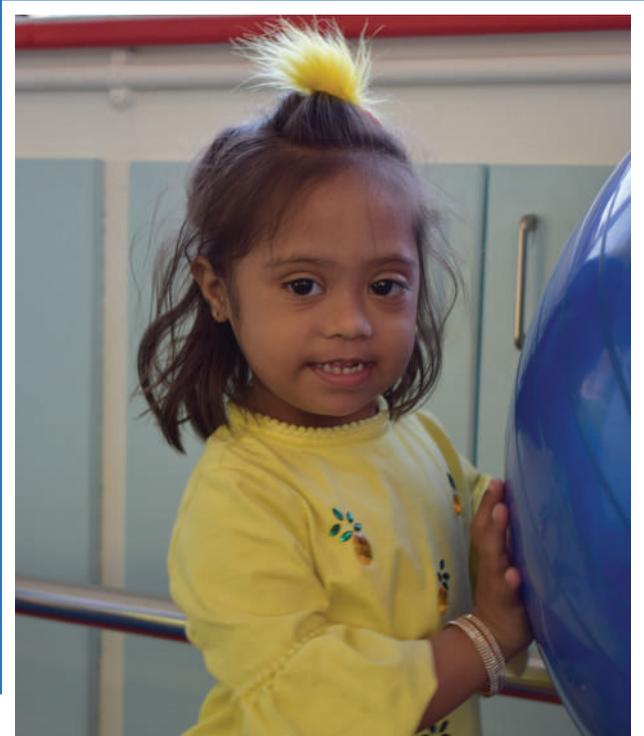
Rs. 234,000

Note: The average cost of each session of Living and Vocational Skills Training is Rs. 2,250

Family Support - A Community

'KDSP's Family Support Groups provided me with a sigh of relief regarding concerns about Abrish. The sessions allowed us to communicate with specialists, interact with other parents and most importantly, created an environment where no parent feels alone in raising their child with Down syndrome.'

- Father of Abrish Fayyaz



Discovering that one's loved one has Down syndrome can be challenging for families and caregivers as they are met with countless questions, uncertainties and often feel alienated. KDSP's Family Support services aim to provide emotional, informational and financial support services for parents and caregivers to help them raise an independent child. These services include weekly Family Support Group sessions, Humrahi Program (parent peer support), Mindful Art Sessions for mothers and siblings, Yoga for mothers and Bi-Annual Feedback Sessions with families.



Impact

900+
Individuals with
Down syndrome in
the Family Network

70+
Family Support
Group Sessions
held benefiting
25
parents and
caregivers on
average per session

22
Parents and
caregivers trained
to provide support

Donation options



Support Informational
and Emotional
Support Sessions
for one Parent or
Caregiver for a year

Rs. 50,000



Support Informational
and Emotional
Support Sessions for
five Parents or
Caregivers for a year

Rs. 250,000

Awareness - Changing Mindsets

'Having absolutely no idea about Down syndrome, I started thinking about the worst possible things. Connecting with KDSP completely changed our outlook on Meer's life. I would highly endorse KDSP.'

- Mother of Meer Mohammad



A vast majority of our society harbors outdated stereotypes for individuals with special needs or disability, including those with Down syndrome. KDSP's primary mission is to create an inclusive society where people with Down syndrome are welcomed, recognized for their abilities and provided access to equal opportunities. This is made possible through various means to raise awareness about Down syndrome and inclusion, including campaigns, sensitization sessions, events and publications.



Impact

12,000+
people directly
made aware
about Down
syndrome

Donation option



**Support inclusion
through an
Awareness Campaign**

Any contribution by the Donor is welcome.

Customised awareness campaigns for promoting inclusion of individuals with Down syndrome can be developed mutually with the Donor.

Ways to Donate



Cash or Cash Cheque

Cash or Cash Cheque can be given by hand to the Fundraising team at the KDSP premises



Crossed Cheque

Crossed Cheque can be developed in the name of **Karachi Down Syndrome Program** and dispatched to the **KDSP office** (addressed to Fundraising team) or **picked up from any location** within Karachi



Direct Bank Transfer

Direct Bank Transfer can be made in the following account

Account Title: Karachi Down Syndrome Program

Bank Name: Bank AL Habib Limited

Bank Branch: Citi Tower Branch, Shahra-e-Faisal, Karachi, Pakistan

Account Number: 1088-0081-003932-01-6

IBAN: PK53 B AHL 1088 0081 0039 3201

Swift Code: B AHL PKKA



Online Transfer

Online Transfer can be made via the HBL Secure Payment Portal on the KDSP website using a **Debit/Credit Card** (Visa/MasterCard).

Please visit

www.kdsp.org.pk/get-involved

Please Note:

*Donations can be made in full or partial form (frequency as per Donor's wish)

**Donations are exempt from Income Tax

***For Bank and Online transfer, please notify the Fundraising Team by sending a screenshot via WhatsApp or email (details below)

****A receipt will be issued for every Donation

In case of any queries, please feel free to contact us at
fundraising@kdsp.org.pk |  0315-3300033 |  021-34315377 (ext: 123)

Pledge Card

Your generosity will help
turn dreams into reality



Full Name _____

Contact Number _____

Email Address _____

Pledge Amount _____

Pledge Frequency

One-time

Monthly

Annually

Pledged for

General

Early Childhood Intervention

Healthcare

Education and Training

Enrichment and Skills Development

Family Support

Awareness

Upon filling this card, please tear it along the perforated lines and send it to us through any of the following ways:

- Send a picture via WhatsApp to 0315-3300033 or
- Email a picture to fundraising@kdsp.org.pk or
- Dispatch to the KDSP Office (addressed to the Fundraising team)
A member of the Fundraising team will be in touch with you for the way forward.

Thank you for pledging!





Karachi Down Syndrome Program

A company set up under section 42 of the Companies Ordinance, 1984 and certified by the Pakistan Center for Philanthropy (PCP).

021-34315377 (ext: 123), 0315-3300033

5th Floor, Jason Trade Centre
Shahra-e-Faisal, Karachi, Pakistan

fundraising@kdsp.org.pk
www.kdsp.org.pk

