



Newsletter

January-June 2025



Impact Statistics



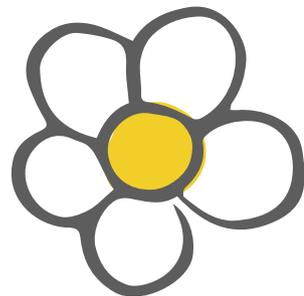
- Over **190** new families joined KDSP this year
- The Family Network has now grown to over **2,640** members
- **86** new beneficiaries were supported through the Humrahi peer mentorship program



- Conducted over **45** awareness sessions across various platforms
- Engaged and empowered more than **1,150** individuals as advocates for inclusion
- Welcomed a footfall of over **6,800** individuals at the annual KDSP Carnival



- Over **270** in-house clinic appointments were scheduled
- **620+** healthcare referrals for external consultations were sent
- **120+** healthcare cases were sponsored



- **25** ongoing programs focused on skills development
- Over **PKR 970,000** in sales were generated through LEHR, KDSP's handcrafted product line
- More than **1,750** skills development sessions were delivered this year



- **3** new inclusion partnerships formed with mainstream schools
- The Program for Inclusive Education – Inclusive Schools Project (PIE-ISP) was completed, with students achieving an average IEP score of 92%



- Over **290** children are currently availing therapies under the Early Childhood Intervention (ECI) program
- More than **230** home plan sessions were conducted for families
- Approximately **600** therapy sessions are scheduled each week



Family Support



Collaborated with Inspiring Women to host a two-day Entrepreneurial Bootcamp for parents and siblings of KDSP Crafters.



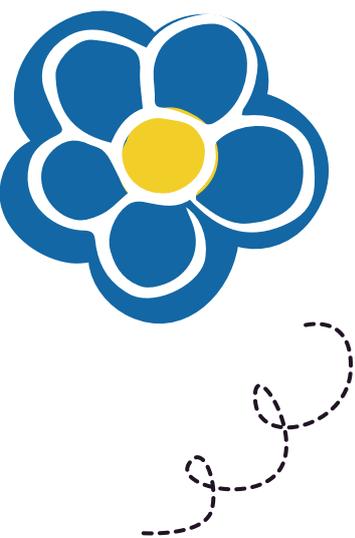
Partnered with Irfan Leghari for a family-focused research engagement activity for developing Innovative Cognitive Technology



Facilitated a Speech therapy session in collaboration with the Early Childhood Intervention Program.



Humrahi Retreat



Humrahi Eid Retreat honored our parent peer mentors over a special Eid lunch, celebrating their hard work.

- Held a Feedback Session between families and KDSP Board Members to strengthen communication and trust between key stakeholders.
- To inculcate the sense of commitment, the Suggestion Box Slip has been redesigned for meaningful feedback from parents and Welcome Pack has been updated as a guide for new families visiting KDSP for registration.





Awareness



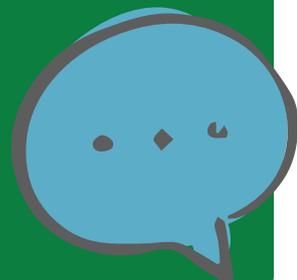
KDSP Carnival



9th February marked KDSP Carnival 2025, where almost 7,000 people united for the biggest inclusive event of the year

Awareness Sessions:

- Rajby Textiles
- Vital Pakistan Trust
- Crescent Steel
- DOW
- Amreli Steels
- Aga Khan University Hospital
- Naveena Group
- Cookie House
- Giordano
- Mac Corp
- Beaconhouse
- MARSE
- Soneri Bank
- YOLO
- United Towel
- SPAR
- PBL
- TPL
- Inspiring Women
- Nowpdp
- Afroze Textiles
- Bahria University
- Alvi Dental Hospital



Media Presence



G Utha Pakistan on GTV



Zara Hat Kay on Dawn News



Shan-e-Ramzan on ARY



Jahan-e-Ramzan on 365 News



Irfan-e-Ramzan on GTV



Food Fusion



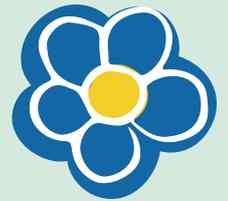
Billboard for our Zakat Campaign



Bachaa Party Mother's Day and Experiential Toy Fest Collaboration



Aaj Pakistan Eid Transmission on Aaj News



World Down Syndrome Day 2025

Our special newsletter, #ThisIsMe, highlighted the unique interests and personalities of our students in celebration of World Down Syndrome Day





Healthcare



Sensitization Sessions:

Sindh Institute of Urology and Transplantation (SIUT)



Institute of Professional Psychology (IPP)



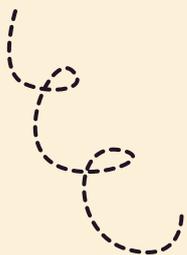
Aga Khan University Hospital (AKUH)



Sindh Integrated Emergency Health Services (SIEHS)



National Institute of Cardiovascular Diseases (NICVD)



Health Camps Conducted:

- 1- LRBT Eye Camps
- 2- Hearing Camp
- 3- DS Arena Clinic Camps at SIUT

Down Syndrome Arena Clinic Launch at SIUT

A collaboration with SIUT's DS Arena Clinic for comprehensive checkups through integrated care.



BLS Training

Basic Life Support (BLS) training was conducted for our team, in collaboration with SIEHS.



Skills Development



Lehr at:

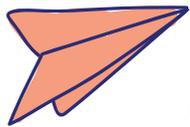
- Triggly
- Golf Tournament 2025
- Farmer's Market
- Local Pop Up
- Cedar College
- Indus Motors
- Artistic Milliners
- XLoop
- KDSP Carnival



KDSP Kafe at:



- Golf Tournament 2025
- Farmer's Market
- KDSP Carnival



Cookie House

EFL Year 3 students visited the Cookie House for a hands-on baking experience, exploring a professional kitchen, learning basic techniques, and sparking interest in the culinary arts.



Internship Placements:

Azeem at Soorty Enterprises, Danish at PKIC, Hadia and Hassan at Artistic Milliners



Career Fair at ConnectHear & Reverse Career Expo at NASTP



Both events offered valuable exposure to career paths and industry professionals, boosting students' confidence, communication, and readiness for the future.

KDSP Graduation 2025



Education For Life - Year 3 students celebrated their achievements surrounded by teachers, families, and friends, proudly marking the end of one chapter and the beginning of the next.

Education



Annual Inclusive Education Trainings

The annual Inclusive Education Training for mainstream school teachers began in Karachi and Islamabad, supported by the Ross Foundation, focusing on strategies to support children with special needs in classrooms.



KDSP Graduation

The annual KDSP Graduation took place in May 2025, celebrating students from the Early Preschool Experience Program (EPEP), Tailored Assistance Program (TAP), and Education for Life (EFL) Program, with many transitioning into mainstream schools.



- Held awareness sessions at multiple schools, including Rast, NOWPDP, AMI, Civilizations, Beaconhouse Newlands, PECHS, Discovery, Early Years, and Mehran school, focusing on academic strategies for supporting students with Down syndrome.
- Formed new partnerships with Rahi Montessori, Civilizations School, and Rast School.
- Conducted summer trainings for parents on early literacy, numeracy, and summer learning, equipping them to support their child's academics at home.



Early Childhood Intervention



Ziauddin Hospital

Training session conducted for the Speech Therapy department as part of professional development and knowledge sharing.



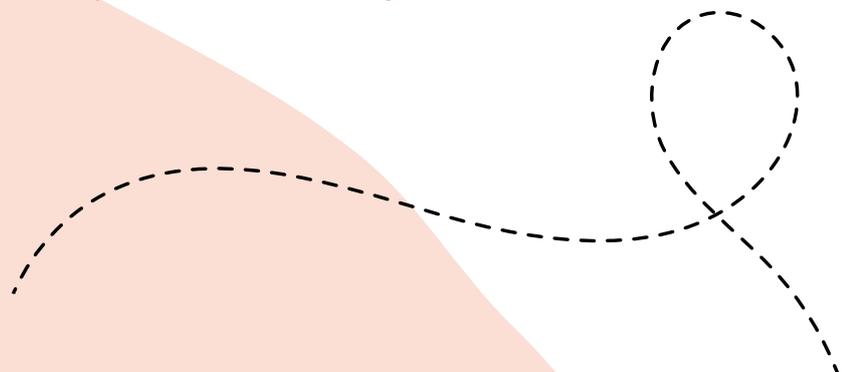
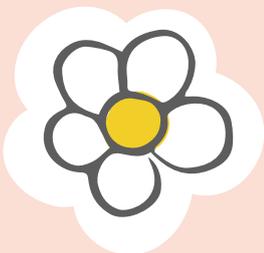
DMI Trainings

Trainings held in January and May to support ongoing learning and skill enhancement for Physical therapists.



NDT Training for OTs

Neurodevelopmental Treatment (NDT) training conducted for Occupational Therapists in February.





Resource Mobilization

Donor and Corporate Visits



1. Knittex Garments
2. Al-Meezan Investments
3. Midas Safety
4. Mitsubishi
5. Dreamworld
6. Peximp Trading Company
7. Infaq Foundation
8. Rawra Group
9. United Bank Limited
10. Bank Al-Habib
11. PEL
12. Zindagi by JS Bank

KDSP presented Donor Plaques to:

- Ismail Mapara
- Ali Hamza
- Samina Dada
- Shaaf Mehboob



Three speech therapy rooms were generously donated by Peximp Trading Company

KDSP Golf Tournament 2025

The Annual KDSP Golf Tournament presented by Candyland took place in January, uniting golfers in support of inclusion for individuals with Down syndrome.

- Guests of Honor: Atif Bajwa, Nusair Teli, Ahmed Ismail, Yaqoob Ahmed
- Goodwill Ambassador & MC: Shafaat Ali



Grants

1. KDSP received the KE Grant in two categories '**Livelihoods & Vocational Training**' and '**Inclusion**', recognizing our efforts to create opportunities for individuals with Down syndrome.
2. Awarded the Ross Grant to support a year-long project focused on Inclusive Education Training for teachers working with children with intellectual disabilities.



Zakat Campaign 2025

KDSP's Zakat Campaign ran throughout Ramadan, encouraging contributions to support individuals with Down syndrome and promote inclusion.

Key highlights:

Media Outreach: Featured on Ramadan television programs to raise awareness

Corporate Engagement: Hosted sessions on inclusion and the impact of Zakat

Generous Supporters: Unity Towel Exporters, Pakistan Kuwait Investment Company, Scents N Stories and Bachaa Party.



Support from Department of Empowerment of Person with Disabilities (DEPD)

We extend our heartfelt gratitude to DEPDP for their generous donation of Continuous Positive Airway Pressure (CPAP) devices supporting 100 beneficiaries. Your support is making a meaningful difference in the lives of those we serve.

KDSP Expansion

We are grateful to Interloop & the Government of Sindh for turning dreams into reality

Faisalabad Chapter Inauguration

We are grateful to Mr. Musadaq Zulqarnain, Chairman & CEO Interloop limited, and the Interloop team for their generous support in establishing and sustaining our Faisalabad Chapter, helping expand vital services across Punjab.



North Nazimabad Chapter in Karachi

We thank the Government of Sindh and the Department of Empowerment of Persons with Disabilities (DEPD) for their support in establishing our new Karachi facility, expanding access to services for individuals with Down syndrome.





Friends of KDSP

Visit Itinerary:

13th Feb – Seattle
15th Feb – Chicago
16th Feb – Nashville
19th Feb – Dallas
21st Feb – Austin
22nd Feb – Boston
24th Feb – New York



Earlier this year, ahead of Ramadan, KDSP's CEO, Tabish Shahzad, along with Friends of KDSP's Vice President, Adeel Rasheed, and Director of Outreach, Saira Bano, visited several new and existing U.S. city chapters to celebrate our incredible community and strengthen the shared mission that connects us all.

From Seattle to New York, each visit served as a meaningful opportunity to honor the spirit and potential of individuals with Down syndrome in Pakistan, and to bring families abroad closer to the work being done back home.



A special highlight of the visit was the Friends of KDSP Chicago Chapter's Iftar fundraising event on March 18th, graciously hosted by Asfa & Kashif and Kiran & Talha. The event brought the community together in the spirit of Ramadan, filled with warmth, meaningful conversations, and a shared commitment to supporting individuals with Down syndrome in Pakistan.





Islamabad Chapter

Awareness sessions were conducted at Pak-Turk Maarif, JazzCash, Beaconhouse F-8, and IDC F-8.



1 Year Anniversary of the Opening of the Islamabad Chapter



Rangon Ki Lehr – Volume 3

KDSP participated in an art exhibition at Serena Hotel, Islamabad, showcasing 21 vibrant paintings created by individuals with Down syndrome. The artwork reflected their creativity, talent, and individuality, and was met with heartfelt appreciation from guests and supporters.



Serena Hotel Exhibition

Highlights

- Medical Camp along with Informational Support group were held.
- Self Help Skills sessions for Independence for Children with Down Syndrome.
- Eye Camp along with Informational Support group was conducted.
- MOU renewed with AV Hearing Aids for continued collaboration in healthcare services.
- MOU signed with the Department of Rehabilitation Sciences, Shifa Tameer-e-Millat University.



KDSP Carnival 2025

Thank you for your support for KDSP Carnival 2025!

Title Partner



Platinum Partners



Gold Partners



Silver Partners



Banner Partners



Gift Bag Item Partners



Gift Bag Partner



Snack Partner



Beverage Partner



Ride Partner



Tea Partner



Volunteer Bibs Partner



Banking Partner



Fitness Partner



KDSP Annual Golf Tournament 2025

Thanks you for your support for KDSP Annual Golf Tournament 2025!

Title Partner



Platinum Partners



Gold Partners



Bank AL Habib Limited



The Art of Investment



DENIM COMPANY OF THE FUTURE



Alfalsh Investments

HARIRMETRO

Media Partner



Lunch Partners



taste the aroma



Event Partners



bringing ideas into realities

Giveaway Partners Apparel Partner



Weaving a Better World®



Hole in One Partners



A Lakson Group Company

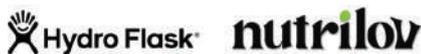


Golfers' Lucky Draw Partner



THE SHOEMAKERS AND COMPANY

Gift Partners



LOVE YOUR SKIN



THE SHOEMAKERS AND COMPANY

Caddies and Marshals
LuckyDraw Partner



KDSP Graduation 2025

Thanks you for your support for KDSP Graduation 2025!

