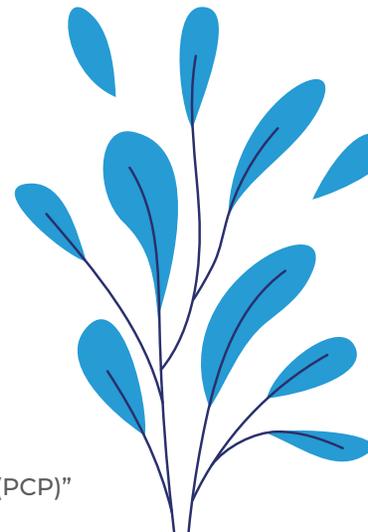




Company Profile



Our Story

“If you ask any parent of a child with special needs, they will tell you that having them changes you in ways you could never have imagined.”

What felt like our darkest days more than seven years ago led to the creation of something that has brought comfort and support to hundreds. Truly, Allah is the best of planners. On January 12, 2011, we were blessed with our daughter, Alaiyah. Shortly after birth, she was diagnosed with Down syndrome — a condition affecting 1 in 700 births due to an extra copy of chromosome 21. Just hours later, she suffered a cardiac arrest and was placed on a ventilator. After weeks of complications, we held her for the first time twenty days later, and finally brought her home after a month in the NICU. We thought the worst was over, but when we sought guidance and services for her condition, we found none. No institution could offer accurate information or the support we desperately needed.

When you become the parent of a child with special needs, your perspective shifts. There are deep joys, powerful lessons, and countless challenges — but love gives you the strength to rise above it all.

In early 2014, together with other determined families, we founded the Karachi Down Syndrome Program (KDSP) — Pakistan’s first and only organization dedicated solely to advocating for the rights, acceptance, and inclusion of individuals with Down syndrome. Our mission is to ensure that future parents never face the same struggles we did, and our vision is a world where people with Down syndrome are respected, included, and empowered to live full, meaningful lives.

Ali Allawallah & Farzeen Ahmad, Co-founders, KDSP





Vision

KDSP - A Down Syndrome Organisation envisions a world in which all people with Down syndrome are respected, accepted, included and are given the opportunity to enhance their quality of life, realize their life aspirations and become valued, contributing members of mobilized communities.

Mission

The mission of KDSP - A Down Syndrome Organisation is to be recognized as the foremost organization in Pakistan for information, service provision, networking, and advocacy for and about Down syndrome, by people with Down syndrome and their families, educators, health care professionals, and the community-at-large.

KDSP's Core Values

Certain core values define and drive the work done by KDSP and its team.

Dependability (انحصار)

To be trustworthy and reliable.

Empathy (احساس)

To be able to understand and share the feelings of another.

Compassion (شفقت)

To be kind and have concern over the misfortune (actual or conceived) of others.

Integrity (سامليت)

To be honest and hold strong moral values.

Determination (عزم)

To remain steadfast in your purpose.

Equity (صداقت)

To remain fair and impartial.



Board of Directors



Ali Allawala
Co-founder and Director
• BBA, Institute of Business Administration, Karachi
• MSc, London School of Economics and Political Science
• LLM, Kings College, London



Ammar Ather Saeed
Director
• LLM, Cornell University, USA



Aref Cheval
Director
• BBA, Institute of Business Administration (IBA), Karachi



Syed Fawad Ahmed
Director and Chairman
• BSc (Hons), Economics and Social Sciences, Lahore University of Management Sciences



Dr. Salman Kirmani
Director
• MBBS, Dow Medical College
Certified by the American Boards of Pediatrics, Medical Genetics & Pediatrics Endocrinology



Danish Aman
Director
• BBA, University of Houston, USA



Farzeen Ali
Co-founder and Director
• BBA, Institute of Business Administration, Karachi
• MSc Finance and Accounting, Brunel University, London



Hamidah Walli
Director
• BBA, Institute of Business Administration (IBA), Karachi



Irfan Hussain Halai
Director
• MS in Management from Boston University
• Director at Horizon Graphics Pvt Ltd and Espresso Coffee Houses Pvt Ltd



Muhammad Asif Iqbal
Director
• Bachelors in Computer Science



Rashida Faheem
Director
• Masters in Political Science from Karachi University



Salman Naveed Khan
Director
• BSc Mechanical Engineering, GIK Institute
• MSc Public Policy (in progress), SOAS University of London



AREAS OF SERVICE - KDSP'S KASHTI

KHANDANI SAHARA - FAMILY SUPPORT

Our services extend to the families and loved ones of individuals with Down syndrome because in our eyes, no one is left behind. Empowering parents and caregivers through informational, emotional and financial support to become best advocates for their loved one with Down syndrome.



AGAAHI - AWARENESS

Raising awareness and spreading the correct information through mass channels and events, because in society everyone is held accountable. Raising awareness through campaigns, distribution of awareness material, public events such as the all-inclusive annual carnival and partnering with relevant stakeholders.

SEHAT - HEALTHCARE

Working with leading healthcare organizations to ensure individuals with Down syndrome receive excellent quality services at affordable costs. Facilitating individuals with Down syndrome through access to affordable, high quality healthcare services by partnering with leading healthcare organizations.





HUNAR - SKILLS DEVELOPMENT

Aiming to unleash the potential of children and adults with Down syndrome through vocational training delivered by experts of the field. Organizing vocational skills training and social, physical and intellectual development programs to cater to children and adults with Down syndrome as well as their families.

TALEEM - EDUCATION

Working on both ends, with children with Down syndrome and mainstream schools, delivering training and workshops to ensure a seamless integration, because every child has the right to education.



IBTIDAYI BUNYAAD - EARLY CHILDHOOD INTERVENTION INTERVENTION

Surmounting developmental milestones with tailor made occupational, physical and speech therapies to pave the way for independent living.



Family Support

A young girl with Down syndrome is smiling and leaning on a wooden railing. She has dark, curly hair and is wearing a pink t-shirt. The background is a bright, indoor setting with large windows.

“KDSP's Family Support department empowers families of individuals with Down syndrome through fostering a supportive community and promoting overall well-being.”

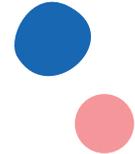
Informational Support Group (ISG)

KDSP's ISGs provide monthly expert-led sessions for caregivers on various themes. 142 ISGs were organized till 2025, showcasing KDSP's commitment to caregiver support.



Emotional Support Group (ESG)

KDSP's ESGs offer a safe space for parents to express themselves, leading to a significant reduction in stress levels. This shows KDSP's focus on



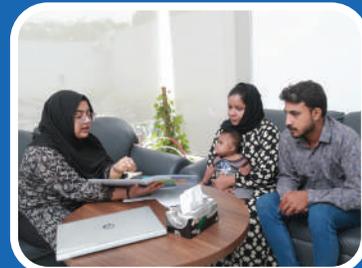
Humrahi Peer Support Program

KDSP's Humrahi program provides emotional and informational support to new families, with 550+ beneficiaries. This program showcases KDSP's dedication to peer support and community building.



Family Network Registration

KDSP's Family Network Registration serves as the official entry point, providing immediate counseling, diagnosis verification, and service introduction. In 2025, the network has grown to 2700+ registered individuals with Down Syndrome.



Awareness

A young girl with dark hair in a braid, wearing a yellow long-sleeved dress, is smiling and looking upwards. She is holding a pink pom-pom on a string in her right hand. The background is blurred, showing other people and what appears to be an outdoor event.

“One of KDSP’s primary mission is to raise awareness about Down syndrome amongst the masses to transform their mindsets. The aim is to create an inclusive society where people with Down syndrome are welcomed, recognized for their abilities and provide access to equal opportunities.”

KDSP's mission is to raise awareness about Down syndrome, transform mindsets, and build an inclusive society where individuals with Down syndrome are valued and given equal opportunities.

Annual Awareness Campaign

Every October for Down Syndrome Awareness Month
(e.g., Pyaar Baanto 2022 – promoting love, inclusion, and rights).



Awareness x Outreach Sessions

KDSP holds sessions at schools and organizations to raise awareness about Down syndrome and inclusivity.



Visit to KDSP and Guided Tours

Visits for students, organizations, and the public to learn and engage.



KDSP Carnival

Annual celebration of World Down Syndrome Day with family-friendly activities.



Healthcare

A doctor wearing a white lab coat and a brown flat cap is examining a young child. The doctor is holding a stethoscope to the child's chest. The child is sitting in a blue chair and wearing a blue t-shirt with various text and graphics, including "DON'T LOOK BACK", "STILL AROUND", "PLAY", and "HUG". The background is a bright, clinical setting with a window showing greenery.

“KDSP formed a collaboration with the Aga Khan University Hospital (AKUH) to introduce a first of its kind Down Syndrome Clinic – a one stop health-care solution for children with Down syndrome.”

KDSP works to ensure individuals with Down syndrome have access to specialized, coordinated, and inclusive healthcare services.

Down Syndrome Clinic

Established in 2017 with Aga Khan University Hospital – one-stop, multidisciplinary care for children with Down syndrome.

Specialized Health Camp

Regularly organized eye, ear, dental, and general health camps for preventive and accessible care.

Collaborations

Partnerships with multiple healthcare organizations to expand reach and improve service delivery.



Skills Development



“KDSP runs several enrichment programs designed to identify and hone skills and talents that an individual may possess.”

KDSP empowers individuals with Down syndrome (ages 14+) to achieve economic and social independence through:

Education for Life Program

Structured routine to build life skills, vocational skills, and physical fitness



Employment Program

Matching individuals to suitable jobs with the right support.



Skills Lab

Regular courses to practice and refine skills and hobbies for independence.



Lehr

Handcrafted products made by crafters with Down syndrome; 100% proceeds go directly to them.



Education

“KDSP decided to take on another challenge: Finding mainstream schools which would offer admissions to children with Down syndrome in an inclusive learning environment.”



Promotes the inclusion of individuals with Down syndrome in mainstream schools, focusing on language, academic, and literacy skills

Early Preschool Experience Program (EPEP)

(Ages 1.5 - 3 | Since 2017)

Prepares children for school through communication, motor, social-emotional, and self-help skills.



Program for Inclusive Education (PIE)

(Ages 2.5 - 5.5 | Since 2016)

Supports mainstream placements, IEP implementation, and school staff training.



Program for Reinforcement, Education & Progress (PREP)

(Age 7 - 9.6 years)

PREP builds academic and social skills for students with Down syndrome.



Tailored Assistance Program (TAP)

(Ages 7 - 13 | Since 2019)

Provides academic, social, and daily living skills support for independence.



Early Childhood Intervention

“Early Childhood Intervention refers to a comprehensive program of physical therapy, speech therapy, and occupational therapy to meet the developmental needs of a child. Children with Down syndrome may experience delays in achieving their developmental milestones.”



KDSP supports children with Down syndrome from birth to 7 years, focusing on motor, language, social, and self-help skills. Early intervention maximizes a child's potential and fosters long-term

KDSP offers the following therapies as part of its ECI program:

Physical Therapy

Gross motor skills
(sitting, walking,
running)

Occupational Therapy

Functional skills for
daily activities

Speech &

Language Therapy

Communication,
speech,
swallowing
support



GET INVOLVED



Ways to Donate

Online Transfer

Cash or Cash Cheque

Crossed Cheque

Donation / Zakat

Support individuals with Down syndrome for a year (Rs. 35,000 per month)

1 individual - Rs. 400,000

5 individuals - Rs. 2,000,000

10 individuals - Rs. 4,000,000

50 individuals - Rs. 20,000,000

100 individuals - Rs. 40,000,000

Ways to give Donations and Zakat Contributions internationally

In USA: Donors based in USA can contribute to Friends of KDSP at www.friendsofkdsp.org/donate

Friends of KDSP is a U.S. based 501(c)(3) tax-exempt, nonprofit organization (Federal Tax ID/EIN # 88-2980325) that supports the Down syndrome community of Pakistan.

In other countries: Give your Donations and Zakat contributions with your Debit/Credit Card (Visa or Mastercard) using the HBL Secure Payment Portal on the KDSP website. Please visit: www.kdsp.org.pk/get-involved/donation/online-donation

Direct Bank Transfer

Transfer your Donations and Zakat contributions to the relevant KDSP Bank Accounts:

Karachi Down Syndrome Program

Bank Al Habib Limited

City Tower Branch

1088-0081-003932-01-6

PK53 BAHK 1088 0081 0039 3201

BAHL PKKA XXX

Karachi Down Syndrome Program

Habib Metropolitan Bank Limited

Business Avenue Branch Karachi

60165203117140256863

PK04 MPBL 0165 0271 4025 6863

MPBL PKKA

Karachi Down Syndrome Program

Meezan Bank Limited

Al Tijarah Branch

0159-0105548977

PK71 MEZN 001590105548977

MEZN PKKA

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